



Margaret Moorehead Presents...

Christmas Placemat

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Supply List:

Embroider Machine with minimum hoop size of 140mm x 225 mm (optional)

Rotary Cutter, Mat, Ruler

Scissors

Shears and Thread Snips

Iron and ironing surface

Fabric Marker of your choice (pen, pencil, chalk...)

General Sewing Supplies

Microtex size 80 or 90 needle or your favorite needle for embroidery.

Machine Feet

Regular Sewing Foot, Open Toe Foot, Decorative Stitch Foot, Stitch in the Ditch Foot

Embroidery Thread

Construction Thread

Bobbins for deco stitches and construction

General Sewing Supplies





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NOTE: These directions are to be used in conjunction with the videos.

Supply List Continued:

Project Supplies:

Bow Template

Tear Away Stabilizer cut into 2" strips for the deco stitches on the "ribbon"

Tear Away Stabilizer for behind the bow

Fabric, Fusible Batting, Fusible Web (example; Wonder Under, Heat and bond....)

Placemat Front Fabric 18" x 14" Backed with Fusible Batting

Placemat Back Fabric: 18" x 14"

Bow and "Ribbon" Appliqué Fabric backed with fusible web

Ribbon: 1 3/4 x 14"

Ribbon: 1 3/4" x 18"

Bow: 7" x 7" square

Binding Fabric: 2 1/4" x 2 yards (cut on straight of grain and pieced together)

Spray Adhesive





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Preparation

Back the front placemat fabric with fusible web.

Print out two of the bow templates.

Cut both along the outside solid lines.

Then cut one bow template apart on the dotted lines as well.

Using the full bow template trace the bow onto the protective paper on the back of the fusible web that is fused to the bow appliqué fabric and cut out (refer to video).

Iron fusible web to the back of the fabric for the ribbon and bow appliqués.

Cut some of your stabilizer into 2" strips for behind your "ribbon" appliqué.

On the fabric for the front of the placemat:

Measure down from the top of your placemat 6" and draw a horizontal line.

Measure in 6" from the left side of your placemat and draw a vertical line.

Fuse the "ribbon" appliqué pieces to the front of the placemat

The bottom edge of the 18" fabric will line up with the horizontal line.

The right edge of the 14" fabric will line up with the vertical line..

Decorative Stitches

Choose the deco stitch you would like to use (I recommend a "satin" type stitch so the raw edges will be encased as opposed to an "open" stitch).

Thread the needle with embroidery thread and have bobbin thread in the bobbin.

Use a decorative stitch foot or the open toe foot.

If you have the "pattern start" function engage it. (This is a feature that allows you to always start your stitch at the beginning)

Test to see that it stitches out correctly and that you like the way it looks.

Be sure to place a strip of stabilizer under the area you will be stitching

Cradle your fabric as you stitch

Your stitch should go half on the appliqué fabric and half on the placemat fabric.

Gently remove the stabilizer when you are finished.

Please refer to the video to see exactly how to implement this process.





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Appliqué Bow

If you have not already done so cut out the bow template and trace the bow onto the protective paper on the back of the appliqué fabric, cut the bow out and remove the protective paper.

Fuse the bow onto the placemat making sure you like the placement.

Use the cut apart bow template to trace the stitching lines onto the project.

Trace the outside edge of the bow if needed to make it easier to see, especially if your bow fabric matches the ribbon fabric.

Stitch around the bow, and on the accent lines using a zig zag stitch 3.0w x .5L

Stitch in the order recommended in the video to ensure that the starting and ending areas of your stitches are covered.

Use a decorative stitch foot or an open toe foot.

Be sure to have stabilizer under your stitching.

Remove the stabilizer when you are finished.

Finishing it up

Use spray adhesive to attach the back placemat fabric to the wrong side of the placemat. (Be sure to protect your surface when using a spray adhesive.)

Square up your project if necessary.

Stitch binding pieces together so you have one long piece.

Stitch unfolded (single layer) of binding to the back of the placemat, mitering corners as you go.

Please refer to the video to see exactly how to implement this process.

Iron binding to the right side of the placemat and pin in place.

From the back of the placemat stitch in the ditch around all 4 sides, using a straight stitch and the stitch in the ditch foot.

Cut excess binding away close to the stitching line.

Wind a bobbin with thread that will match your needle thread for the next step.

Cover the raw edge of the binding with a decorative stitch, I prefer the “satin” type stitch for this as opposed to the open stitches.

ENJOY your wonderful placemat!

