



Margaret Moorehead Presents...

Hot Pads/Pot Holders

Copyright 2014 MKKB Enterprises, INC





Hot Pads/Pot Holders

General Supply List:

Rotary Cutter, Mat, Ruler

Scissors

Shears and Thread Snips

Iron and ironing surface

Fabric Marker of your choice (pen, pencil, chalk...)

Microtex size 80 or 90 needle or your favorite needle.

Machine Feet: Stitch in the ditch foot, 1/4" foot

Construction Thread

Decorative Thread

General Sewing Supplies

Supply List for Stitch and Flip Hot Pad:

Project Supplies:

One 8" square of base fabric

Five 2" x 8" strips of fabric

Two 9" squares of Insul-Bright (by the Warm Company)

One 9" square of fabric for the back of the coaster

Binding: 2 1/2" x width of the fabric

Bobbin wound with embroidery thread to match the top thread

School Glue





Hot Pads/Pot Holders

NOTE: These directions are to be used in conjunction with the videos.

Instructions:

Gather all the supplies listed on the previous page.

Place the first 2" strip of fabric Right Side Up (RSU) on the 8" square of base fabric lining up the left edge of strip and the square.

Place the second strip of fabric on top of the first strip Right Sides Together (RST)

Stitch along the right edge of the the strips using a 1/4" foot to create a 1/4" seam.

Flip the second strip so it is RSU and press

Place the third strip of fabric on top of the second strip RST

Stitch along the right edge of the strips using a 1/4" foot to create a 1/4" seam.

Flip the third strip so it is RSU and press

Repeat for strips 4 and 5.

Layer:

Hot pad back Wrong Side Up (WSU).

Insul-bright reflective side touching the wrong side of the hot pad back fabric.

Insul-bright reflective side up.

Hot pad front wrong side touching the reflective side of the insul-bright and the right side of the front of the hot pad facing up.

If desired stitch in the ditch through all layers of the pieced hot pad.

Zig Zag around all sides of the hot pad/pot holder keeping the zig zag entirely on the front of the hot pad/pot holder. This will hold all the layers together and make attaching the binding much easier.

Cut away all the excess insul-bright and the hot pad/pot holder back fabric just outside of the zig zag stitch.





Margaret Moorehead Presents...

Hot Pads/Pot Holders

Make sure you have cut your binding 2 1/2" wide by the width of the fabric.
Press in half lengthwise keeping the raw edges even.
Stitch binding to the front using a 3/8" seam allowance and creating mitered corners as you go. Please refer to the video to see how this is done.
Iron and glue binding to the back of the hot pad/pot holder.
Thread the sewing machine with decorative thread in the top and the bobbin.
Choose a decorative stitch and stitch the binding in place.
I choose the feather stitch 3.5w and 9.0 L

