



Margaret Moorehead Presents...



# Sweet Dreams Sleeping Mask

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## Supply List:

3/8" Elastic about a half yard

One 6" x 10" piece of fabric with fusible batting attached for mask

One 6" x 10" piece of fabric for the back of mask

Bobbin wound with embroidery thread for outside edge of mask

Scissors or appliqué

Awl or keyhole buttonhole punch

No show mesh stabilizer (poly or organza)

Organza (poly or organza)

Sleeping Mask Design

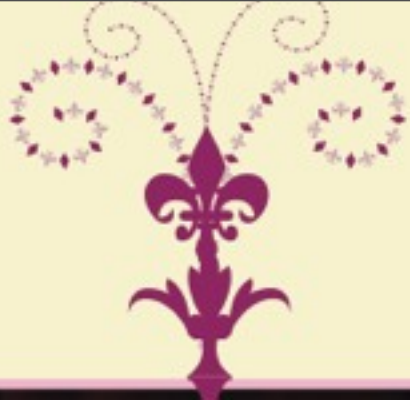
Rayon Embroidery Thread

Heat Tool to melt away excess stabilizer and organza

General Sewing Supplies







## Sweet Dreams Sleeping Mask

Layer one piece of organza, one piece of no show mesh and another piece of organza and hoop

Thread the needle with rayon embroidery thread that is the color for the outside edge of the mask

Stitch color 1, this is the outline for where to put the mask fabric that is backed with fusible batting.

Place the mask fabric backed with fusible batting down completely covering the stitches.

Stitch the next color. This hold the fabric in place

Remove the hoop from the sewing machine and trim away the excess mask fabric

The next thing to stitch is a zig zag stitch to seal the edges

Now you are to the "words", change to the color of thread you would like your words to stitch

Next you will stitch the mask outline again (change to the color thread that you would like for the outline and stitch)

Remove the hoop from the machine

"Tape" your backing fabric to the back with strips of sticky stabilizer.

Carefully put the hoop back on the machine making sure the fabric is still flat on the back.

Stitch the next color, the outline again that holds the backing fabric in place.

Remove the hoop from the machine and trim away the excess fabric

Change your bobbin to one that will match your top thread so the back of your mask will look just as nice as the front.

Stitch the rest of the mask

Use the heat tool to remove the excess stabilizer and organza

Make the holes

Attach the elastic

Enjoy

