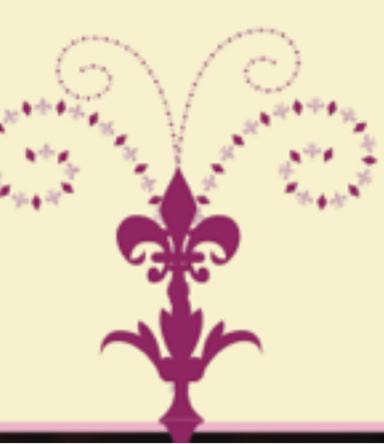


Margaret Moorehead Presents...

"Spiraled" Draft Stoppers

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“Spiraled” Draft Stopper

General Supply List:

Rotary Cutter, Mat, Ruler

Scissors

Shears and Thread Snips

Iron and ironing surface

Fabric Marker of your choice (pen, pencil, chalk...)

Microtex size 80 or 90 needle or your favorite needle.

Recommended Machine Feet: 1/4” foot, deco stitch foot, regular sewing foot

Construction Thread

Decorative Thread

Bobbin Thread

General Sewing Supplies

Supply List for Draft Stopper:

Project Supplies:

Fabric Strips for Spiraling Technique

Fabric 1: Two 2” x Width of Fabric (42”-45”)

Fabric 2: Two 2” x Width of Fabric (42”-45”)

Fabric 3: Two 4” x Width of Fabric (42”-45”)

Note: the widths of the strips can be whatever you determine.

You just want the combined strips to total about 8” wide when using 3 strips.

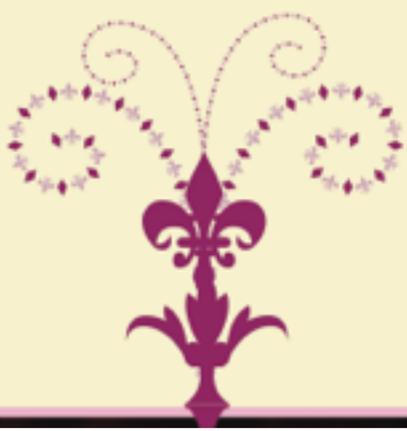
Strips of tear away stabilizer about 2” wide

5 pounds of uncooked rice

plastic or styrofoam cup with the bottom cut out(optional) to help you while filling project with rice

measuring cup with handle (optional) to help while filling project with rice





“Spiraled” Draft Stopper

Instructions:

Gather all the supplies listed on the previous page.

Cut fabric strips to size listed.

You will have two identical sets of strips.

Arrange them in a pleasing arrangement making sure both sets are the same.

Stitch strips of fabric together using a 1/4” seam and the 1/4” foot (optional).

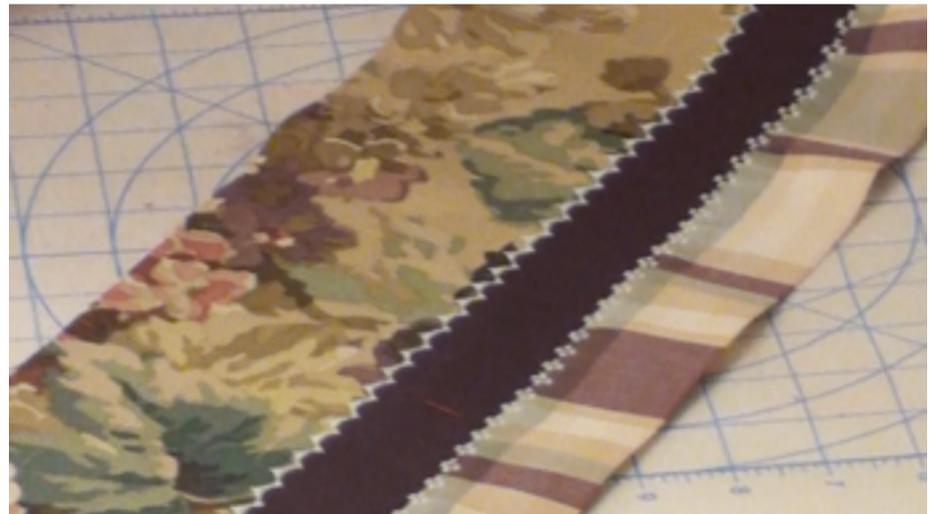
Press seams how you stitched them to set the seam.

Open out the strips and press the seams.

If desired do decorative stitches being sure to use the correct foot, decorative thread in the needle, bobbin thread in the bobbin, and tear away stabilizer (if needed) for the decorative stitches of your choice.

After embellishing with the decorative stitches, remove stabilizer and press.

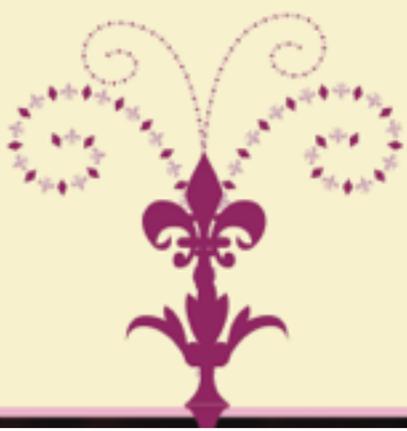
Trim short ends so all your fabric is even if necessary, using your rotary cutter, ruler and mat.



Hints:

1. Be sure to always test your deco stitches
2. Use stabilizer if needed
3. Put your decorative stitches in a “folder” or “menu” if your machine has that option. If not, write the settings on a piece of paper so you can duplicate them on your project.

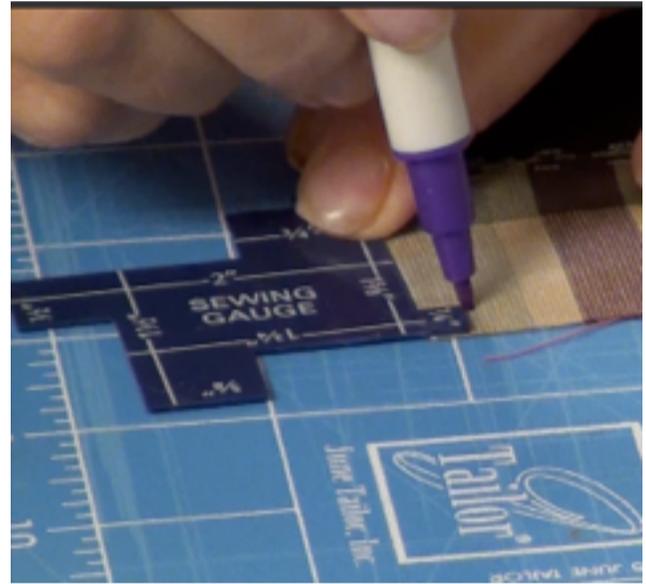




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"Spiraled" Draft Stoppers

Mark 1/4" from the cut edge of the short side of the fabric, and the long side of the fabric.

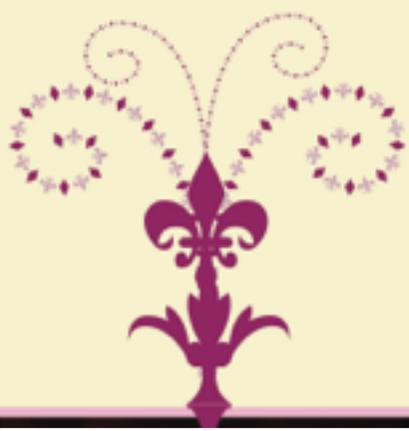


Fold so the cut edge of the short sides lines up with the cut edge of the long side



Sink the needle in the 1/4" mark.





“Spiraled” Draft Stoppers

Rotate the top layer of fabric so the cut edge of the top layer lines up with the cut edge of the bottom layer.

Stitch a bit using a 1/4” seam allowance (The 1/4” foot works great for this!)

Stop line up the cut edges of the fabric again, and stitch a bit more.

Each time you stop stitching be sure to stop with the needle down so your fabric is anchored in place. This makes rotating the top layer so much easier!

Repeat until the entire length of fabric is stitched.

Now repeat this for the other fabric strip set.

Note: You will will need to stop stitching frequently to line up the cut edges. As you are stitching this, your fabric will be twisting behind the needle...you are doing the spiraling technique!

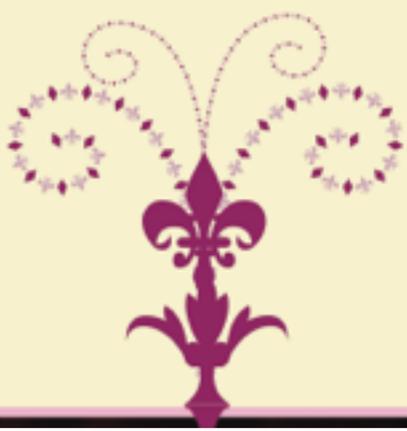


With your needle in the fabric,
Keep rotating the fabric
until the top cut edges lined up
with the bottom cut edge



When the edges are lined up begin to stitch.
Stop and line up edges again. Repeat until entire
length of fabric has been stitched.





"Spiraled" Draft Stoppers

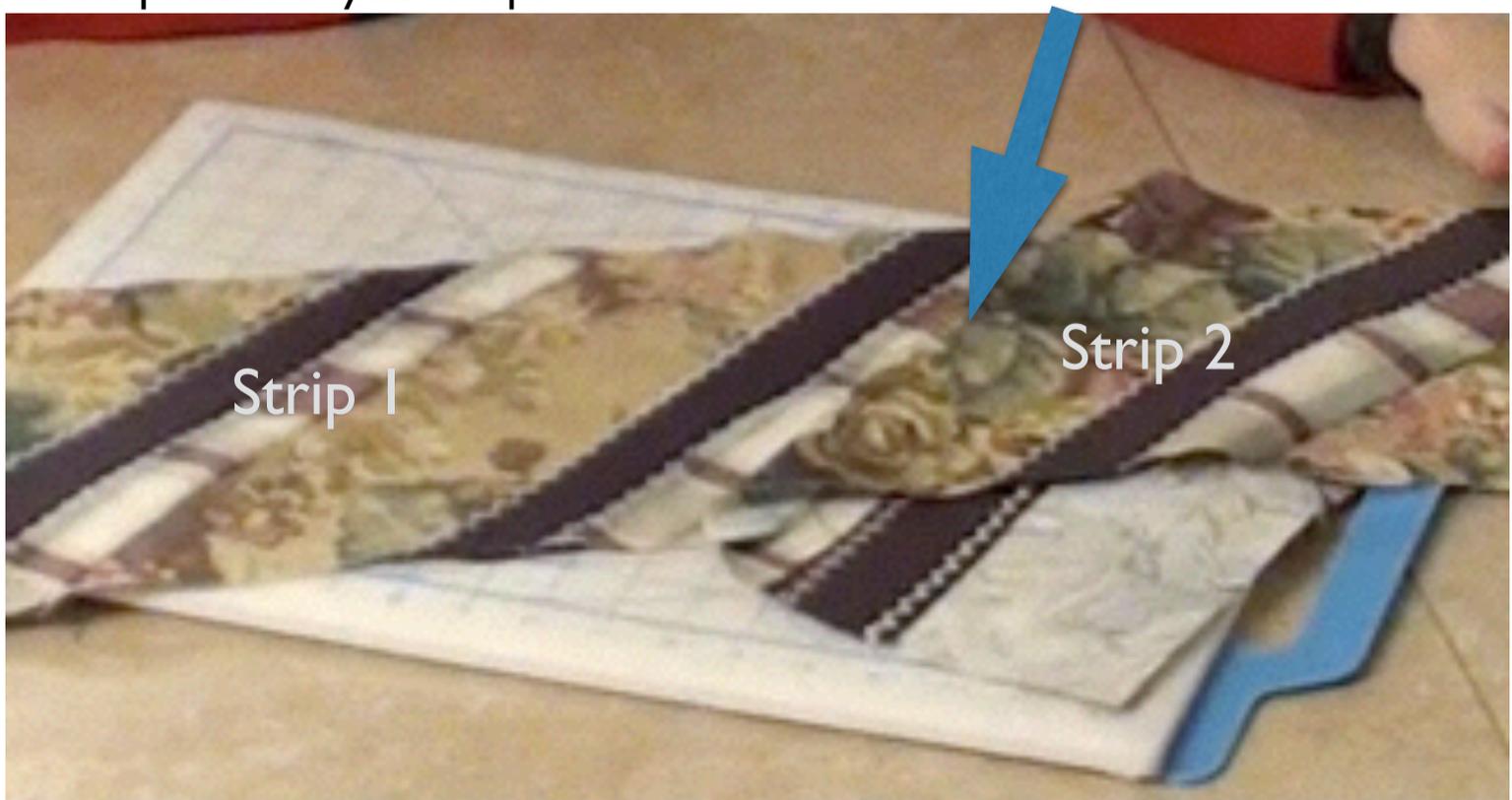
Press one side of the tube and carefully cut along pressed edge with your scissors.
You now have a flat piece of fabric that used to be a tube.
Repeat for the other tube...aren't they beautiful!

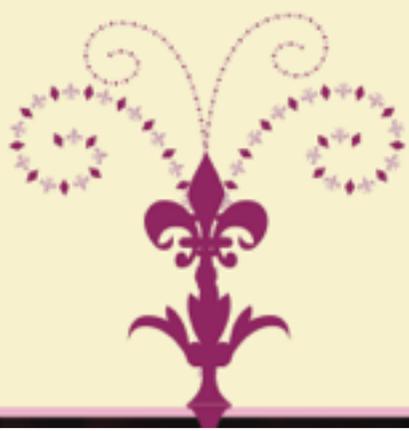


Look at one fabric piece and find where it starts to narrow, and a seam where there are no decorative stitches.

Remove that seam.

Look at the next fabric piece and find the same thing, the place where there are not decorative stitches and it has not begun to narrow, **AND** when **stitched** to the first piece, it will continue the pattern of your strips.





"Spiraled" Draft Stopper

After removing the seams place the two strips of fabric right sides together and stitch them together using a 1/4" seam and press.

If desired add more deco stitches to your project.

Cut short ends so they are straight and your strip is the desired length for your draft stopper

Sew one short end and the long side using a 1/4" seam.
Turn tube right side out.



Fill with rice

To make this easier insert a cup that has the bottom cut out into the end of the tube.
Then fill your tube with 5 pounds of rice.

Sew the other short end closed



Enjoy!

