

My Heart Belongs to You Table Topper

Margaret Moorehead's

Virtual Sewing Guild OnLine Class

My Heart Belongs to You Table Topper



Supply List:

- * Fabric for Center of Table Topper
- * Heart Embroidery Design from VSG
- * Water Soluble Stabilizer
- * Embroidery Thread
- * Monofilament Thread
- * Cut Around Tool (Optional)
- * Mary Ellens Best Press or Spray Starch
- * Glue Stick
- * Small sharp scissors to cut away fabric from behind the hearts
- * Calgon to rinse embroidered hearts (optional)
- * Fabric Marking pen
- * Gallon Plastic container for rinsing designs (optional)
- * Towel to place embroidered designs on to dry
- * Fray Inhibitor such as Fray Check or Fray Block

Equipment List:

- * Embroidery Machine in good working order
- * Iron and Ironing Board
- * Non Stick Pressing Sheet
- * General Sewing Supplies
- * Open Toe foot
- * Seam Guide
- * General Sewing Supplies
- * Serger (optional, I did not use a serger but you may want to)

Note:

These instructions are to be used in conjunction with the video for this class.

Fabric Marking Pen

We will be ironing over the marks we make with the fabric marking pen so be sure to test it to make sure the marks will disappear even after they are ironed over.

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Fabric and Batting	Quantity	size	prep
Fabric for Table Topper	1	13" square	Starch Well

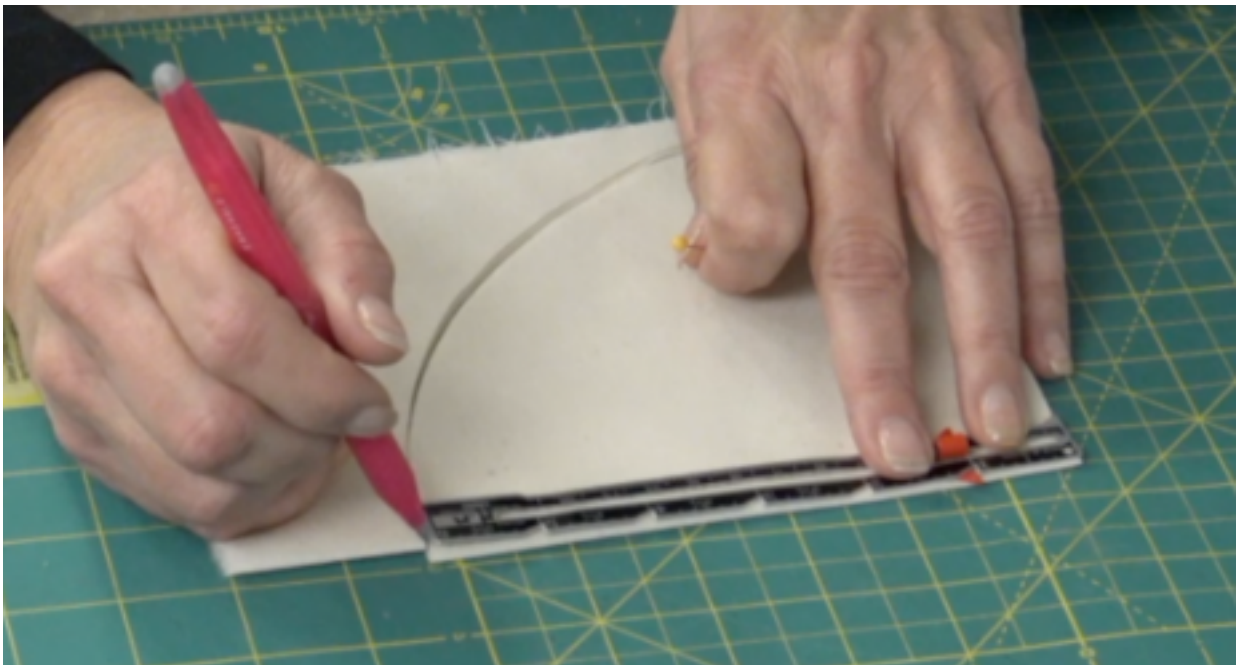
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Embroidery

1. Call up the heart design in your software or on the screen of your computer
2. You will need 10 hearts, so determine which hoop you will use for this project and fill up the hoop with as many heart designs as you would like
3. These hearts can be stitched out in a variety of colors or they can all be done in one color....it is totally your choice
4. Stitch out 10 hearts (I used regular white bobbin thread, but if you want the bobbin thread to match the needle thread be sure to change your bobbin)
5. Cut away the excess stabilizer
6. Remove the rest of the stabilizer following the manufactures instructions and using the hints on the video.
(I do this in a one gallon container, and because I have hard water I rinse several times and use *Calgon to help dissolve the stabilizer and the residual chemicals)
7. Place the designs on a towel and let them dry
8. Press from the back using steam and set aside.

Fabric Preparation

1. “Starch” your fabric several times, I actually use Mary Ellens Best Press instead of starch. This will give you the best results when attaching the embroidered hearts
2. When doing this, iron using a DRY iron so you do not break down the starch as you are ironing.
3. Fold the square in half horizontally and then fold that in half again so you have square that is 6 1/2” in size and is 4 layers thick.
4. If you have the cut around tool, cut a 12” circle following the Cut Around Tool Directions.
5. If you don’t have the cut around tool, measure from the folded corner up 6” and mark. Leave the measuring device in the folded corner, but move the upper edge a bit and mark at 6” again. Continue to do this until you have a curved line at the top edge of the folded fabric that you can cut around to get your 12” circle. form a curved line that you can then cut on to create your circle
*Refer to the video for more details
6. Mark in 1” from the cut edge of the circle to form a circle for lining up the embroidered hearts



Construction:

1. If you don't want to cut away the fabric from behind the hearts, serge around the edge of the circle to create a nice neat edge.
2. To test the placement of the hearts, line up the hearts on the fabric. The bottom (point) of the heart will be OFF the fabric and the top of the of the heart (the side with 2 curves on the fabric will be ON the fabric.
3. Line up the two scallops that are at the top of the heart, one from each half of the heart, with the line that you marked 1" in from the cut edge of the fabric.
4. With the scallops lined up on the drawn line, the 5th scallop from the top on each side, should just touch the scallop on the heart next to it.
5. Once you have all 10 on your fabric adjust the spacing as necessary to make it look the way you want it to look.
6. Pick up one of the hearts and place it wrong side up on a scrap piece of fabric or a piece of scrap paper and using your glue stick put glue on the top curved part of the hoop, only about 1" down since that is how much fabric we will be placing it on.
7. Put the heart back in place on your fabric and gently press in place with your hand
8. Glue two more hearts in place and then with a dry iron, press these 3 hearts in place.
 1. It is important to iron the glue dry to get the best bond and because you NEVER want to stitch through glue that is not 100% dry
 2. Always use a non stick pressing sheet with this technique
9. Glue on 3 more hearts and fuse in place.
10. Glue the remaining 4 hearts on and fuse in place.



Construction Continued

11. Using monofilament thread and an open toe foot, zig zag the hearts to the fabric from the edge of the fabric around the top of one heart and back down to the edge of the fabric, then cross over to the next heart, zig zag around the top and back down to the edge of the fabric, pivoting often.
 12. My settings: 3mm wide x 1.5mm
 13. If you can set your machine to automatically stop with needle down and lift the presser foot this will be a great help.
 14. Remove the fabric marking pen marks COMPLETELY.
 15. If you have serged your edge and do not want to cut away the fabric from the back you are FINISHED!
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16. If you want to cut away the fabric from the behind the hearts, on the back of the fabric cover the zig zag stitches with a fray inhibitor such as “Fray Check” or “Fray Block”
 17. Iron the fray inhibitor dry using a non stick pressing sheet
 18. Gently “unstick” the fabric from the heart where it has been glued together.
 19. Cut away the fabric being careful not to cut the zig zag stitches or the embroidery.

