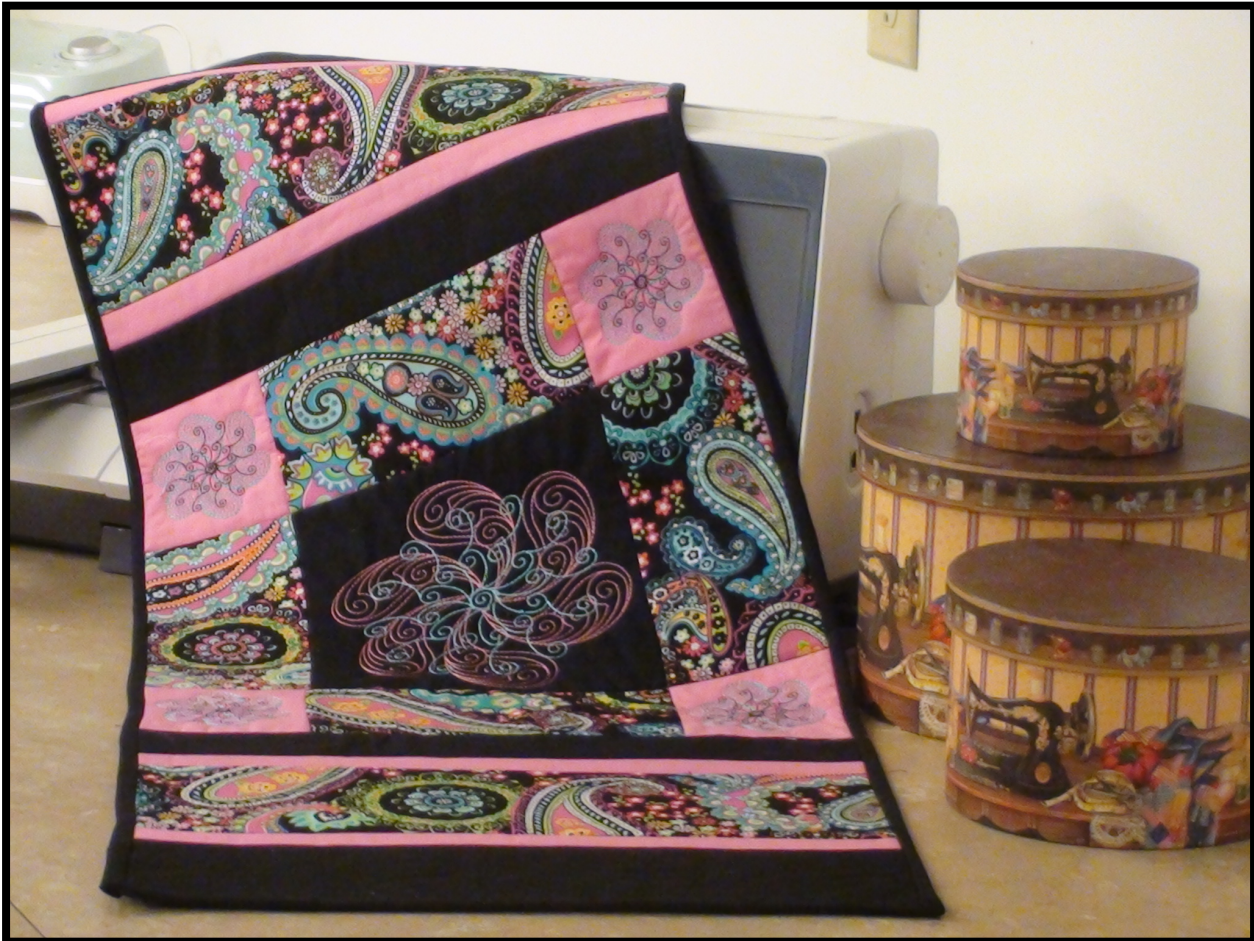


Totally Awesome Table Runner

*Margaret Moorehead's*

## Virtual Sewing Guild OnLine Class

## Totally Awesome Table Runner



## Supply List:

- \* 3 Fabrics for Front
- \* Backing Fabric
- \* Fabric for Binding
- \* Double Sided Fusible Interfacing
- \* Embroidery Thread for needle and bobbin wound with matching thread
- \* Double sided tape (optional)
- \* Glue glue (optional for binding)
- \* Heat Away Plastic type fo topper (See video for more details)
- \* Teflon pressing sheet(s) to protect your iron and ironing surface
- \* Swirl Embroidery Design (2 sizes) from Virtual Sewing Guild

## Equipment List:

- \* Sewing Machine in good working order
- \* 1/4" foot
- \* Stitch in the ditch Foot
- \* Embroidery Foot
- \* General Sewing Supplies (ruler, marking pen, scissors...)

Note: All designs, project ideas, videos and instructions are for your personal use and can not be used to teach classes, share with friends, sell, or be used in any way other than personal use.

### Note:

These instructions are to be used in conjunction with the video for this class.

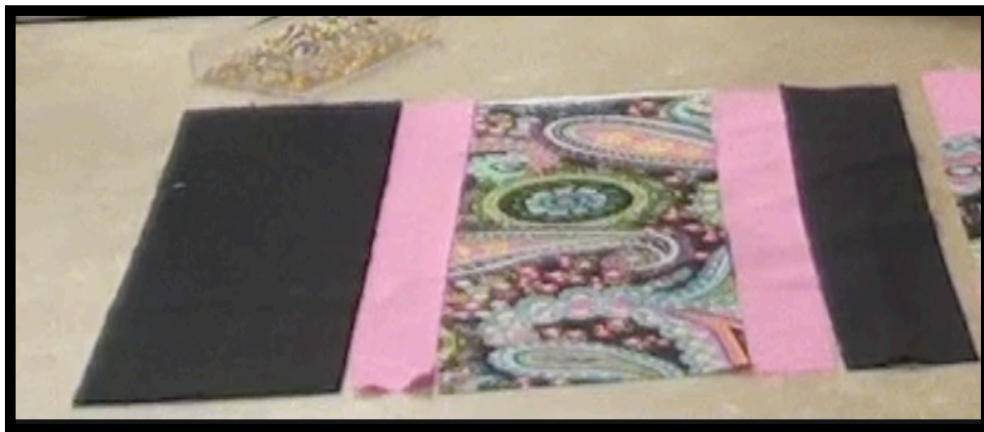
### Cutting for accuracy

When ever you are cutting you want to be as accurate as possible. Take your time, measure twice (cut once).

I like to use the marks on my ruler as opposed to the marks on my cutting table because they are a “finer” line and my results are more accurate.

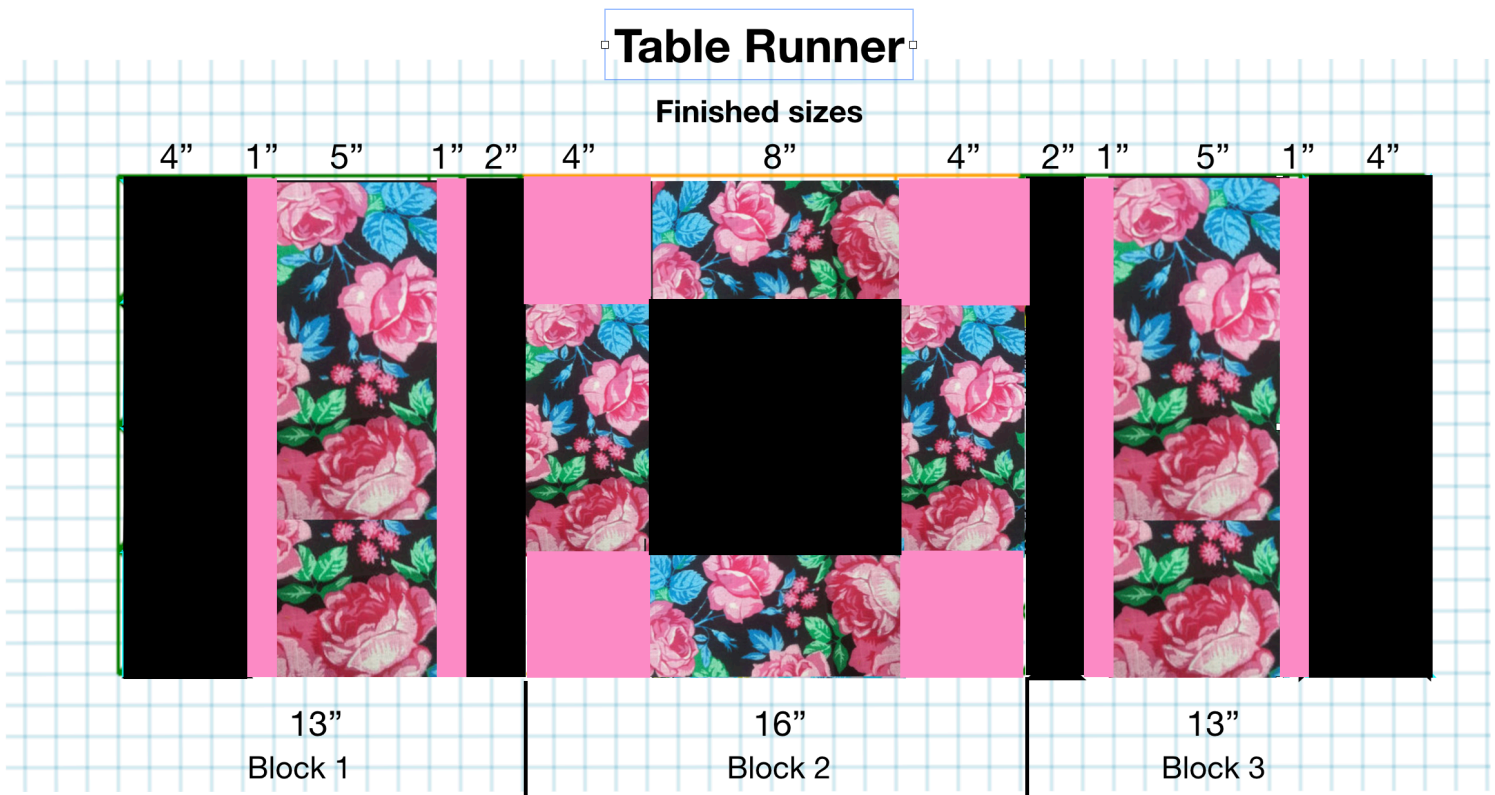
## Totally Awesome Table Runner

Fabric and Batting	Quantity	size	prep
<b>Front Black Fabric</b>	2	4 1/2" x 16 1/2"	
	2	2 1/2" x 16 1/2"	
	1	8 1/2" square	
<b>Front Pink Fabric</b>	4	1 1/2" x 16 1/2"	
	4	4 1/2" squares	
<b>Front Print Fabric</b>	2	5 1/2" x 16 1/2"	
	4	4 1/2" x 8 1/2"	
<b>Backing fabric</b>	1	44" x 19"	
<b>Binding Fabric</b>	1	2 1/2" x about 132"	
<b>Double sided fusible batting</b>	1	43" x 18"	



## Ready, Set, GO!

1. Cut all the fabrics and the batting according to the chart on the previous page being as accurate as possible.
2. Position the fabrics right side up in the arrangement they will be placed in the table runner (see image below)
3. ALL SEAM ALLOWANCES will be 1/4". I use the 1/4" foot with a guide for this.
4. Stitch together the 5 strips to form block 1, pressing the seams as they were stitched and then pressing the seam allowance towards the darker color
5. Repeat for Block 3
6. For block 2, the center block (9 patch), there are 3 rows, each having 3 blocks.  
Stitch the 3 blocks that form row 1 together. (Press seam allowance to outside)  
Stitch the 3 blocks that form row 2 together. (Press seam allowances to center)  
Stitch the 3 blocks that form row 3 together. (Press seam allowances to outside)  
Stitch the three rows together, in the correct order, lining up the seam lines and pressing the seams  
\*Refer to video for more information.



## Fusing Batting and Stitching (Quilting) in the Ditch

7. Place

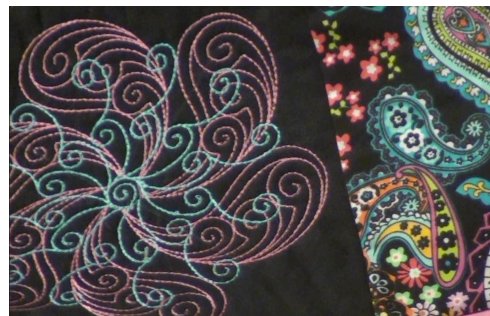
the backing fabric on your pressing surface, right side down.

Place the double sided fusible batting on top of the backing

Place the pieced table runner on top of the batting wrong side touching the batting.

8. **NOTE:** The backing fabric is the largest, the batting is the middle size and the table runner is the smallest. This allows you to layer easily and see all layers
9. Using your press cloth, fuse all the layers together, following the manufacturers instructions.
10. Since this is double sided you will need to fuse from the top of the table runner and then flip it over so the backing side is up and fuse from that side also.
11. **General rule for fusing:** When fusing it usually requires, heat (from the iron), steam (from the iron), time and pressure (you pushing down on the iron). Be sure to use your teflon pressing sheets to protect your iron and your ironing surface)
12. Attach the stitch in the ditch foot to your machine and stitch on all vertical seam lines, “in the ditch” through all the layers.
13. Cut the project down to size...basically you will be cutting off the excess batting and backing and cutting the smallest amount possible from the pieced table runner. You want your table runner to be “squared up”.

**Attach the Binding using your favorite method or refer to the video for this.**

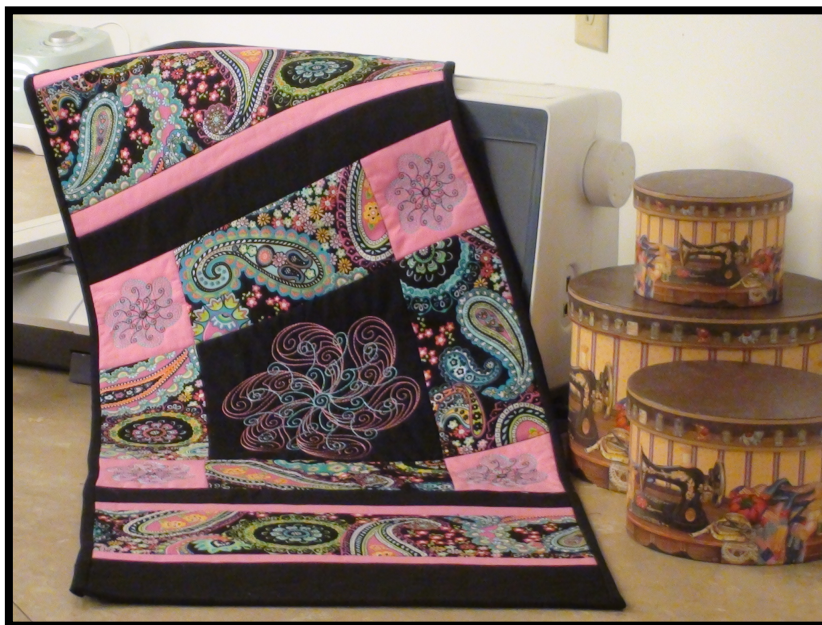


## Quilting with the embroidery design

14. Set up your machine for embroidery with embroidery thread in the needle and matching embroidery thread in the bobbin.
15. Call up the large embroidery design for the large block and the smaller embroidery design for the smaller blocks.
16. Mark the center of each square that you are going to embroider by drawing from corner to corner, and then drawing the horizontal and vertical center lines, making sure they all intersect at the center of your block.
17. The video shows you two ways to do the embroidery  
Hoop just the “heat away topper”, center the project on the machine, baste in place and then embroider the design, changing needle and bobbin threads as needed.

Or hoop the “heat away topper” AND the project at the same time.  
Baste in place, and then embroider the design, changing needle and bobbin threads as needed.

18. Use the iron to remove the heat away topper and your project is finished



**ENJOY!!**