

BE OUR VALENTINE

*Don't wait for the right time, don't hide
your feelings, don't hold back.*

Live in the moment.

Go on, take the risk, share your heart.

LARRY QUICK





MATERIALS

NOTE: QUANTITIES WILL DIFFER ACCORDING TO THE SIZE OF YOUR HEART

- Embroidery/sewing machine and 225mm x 140mm hoop
- Design software and transfer device
- FREE love-heart embroidery design downloaded from Jenny's website: www.jennyhaskins.com
- Gracious Impressions design CD by Jenny Haskins
- Polystyrene heart shape – 28xm x 28cm (11in x 11in)
- 35.5cm (14in) square of pink silk for front of heart
- 6.5cm x 66cm (2½in x 26in) strip of green silk for the side of the heart
- 20cm (8in) strip of hot pink organza for flowers
- 20cm (8in) strip of soft pink organza for flowers
- 1m x 5cm (1yd x 2in) olive green ribbon for bow
- 51cm x 2.5cm (20in x 1in) olive green ribbon for hanging loop
- 1.5m x 2.5cm (1½yd x 1in) olive green braid to edge green silk
- Small amount of polyester fibre fill for centre of polystyrene heart if it is not solid
- 35.5cm (14in) square of medium-weight white cardboard to back heart
- 91cm (1yd) roll Quilt Magic fusible batting to back pink and green silk
- Robison-Anton embroidery threads: Wild Pink 22259, Pink 2223, Crimson 2416, Cypress 2545, Pistachio 2250, Petal Pink 2501 (for heart), Cherry Punch 2417, Salmon 2299 (for 3-D flowers)
- Monofilament thread
- Machine feet: embroidery, freehand
- Machine needle: Microtex 80
- Dissolve Magic fibre-based water-soluble stabiliser (to back flowers)
- Hoop Magic self-adhesive tearaway stabiliser (to back heart)
- PVA craft/wood glue
- Spray adhesive
- Glass-headed pins
- Heat-activated crystals and heating wand
- Rotary cutter, self-healing cutting mat and quilting ruler
- Water-soluble fabric-marking pen
- Craft/stencil iron to burn around flowers
- Small sharp scissors
- Kai sewing shears
- Paper scissors
- General sewing requirements

LOVE HEART

JENNY & ROBYN

Jenny's daughter Sam, at all times described a heart shape as a love heart, this being part of her signature on all those very precious little notes that children leave for their mothers. Jenny still has them all and cherishes them.

This is our Valentine's Day gift to CE readers; a love heart from us to you. This decorative heart can hang on your front door or over a mantle to celebrate and announce Valentine's Day, a day we remember those we love.



PREPARATION

- 1 Use the rotary cutter, self-healing cutting mat and quilting ruler to cut the pink silk for the embroidered heart and green silk for the side of the heart and then cut matching pieces of Quilt Magic lightweight fusible batting. Fuse the batting to the back of the silk pieces using a hot steam iron.
- 2 Cut the hot and soft pink organza into hoop sizes. This fabric will be hooped with the Dissolve Magic fibre-based water-soluble stabiliser to embroider the flowers.
- 3 Download the Free **love-heart** design from Jenny's website and then use the design software, transfer device and the **Gracious Impressions** design CD to transfer **gi01** and the **love-heart** designs to the machine.

EMBROIDERY

- 4 Use the Hoop Magic self-adhesive tearaway stabiliser in the hoop to embroider the **love-heart** in the centre of the 14in silk square backed with fusible batting. Refer to Diagram 1 on the pattern sheet for colour stops and thread colours.
- 5 Combine six flower designs **gi01**, in one hooping using either your machine or software and save this combination design as **6flow**.
- 6 Hoop the hot pink organza with the Dissolve Magic fibre-based water-soluble stabiliser to embroider 14 (or your desired number) of flowers using Cherry Punch thread for the outline and Pistachio for the centres.
- 7 Embroider 14 pale pink flowers (or your desired number) using Salmon thread – do not embroider the centres.

8 Roughly cut out all the flowers and stabiliser, soak them in warm water until all the stabiliser is removed and then lay them flat to dry.

9 Use the stencil/craft iron to melt the excess fabric from around the edge of all the flowers close to the stitching.

10 Cut out 14 circular pieces of fusible batting the same size as the centre of the flowers and then fuse these to the underside of the centre of the hot pink flowers.

11 Place and then pin the hot pink flowers over the pale pink flowers so the petals alternate (not sitting over each other), and then use monofilament thread and a freehand foot to stitch each flower set together around the centre of the flowers.

PUTTING IT TOGETHER

NOTE: Use the glass-headed pins to secure each section of the heart as it is put together. As the glue takes some time to dry, ensure each element does not move during this process. Use the photo as a guide for placement.

12 Place the polystyrene heart over the cardboard and the pink silk, ensuring the embroidery is centred, and trace around it using the water-soluble fabric marking pen.

13 Use the paper scissors to cut out the cardboard heart and the sewing shears for the embroidered silk heart.

14 If your polystyrene heart is not solid in the centre and is like a wreath, fill the centre with the polyester fibre fill.

15 Use the PVA glue to secure the heart elements to the polystyrene heart in the following sequence:

- the cardboard heart to the back
- the embroidered pink silk to the front
- the green silk strip backed with fusible batting to the side (starting and finishing at the bottom point of the heart and butting the short cut ends together and the long sides with the pink silk on the top and the cardboard at the back)
- cover the join at the base of the heart and then both sides of the green fabric with the 1in braid so it overlaps the pink silk on the front and the cardboard at the back
- arrange, pin and then glue the flowers



around the edge of the embroidered heart and cover the pink silk

- loop up the 1in olive green ribbon and secure the cut ends centred in the curve at the top of the heart for hanging
- tie a bow, pin it to the top of the heart over the raw ends of the hanging ribbon, fold over the ribbon ends and place the inverted V cut ends among the flowers, pin and then glue them in place
- use the heating wand to adhere the heat-activated crystals, centred over the intersecting grid lines in the embroidered heart.

16 Allow 24 hours for the glue to completely dry and then hang your Valentine's Day Love Heart on your front door as a reminder to family and friends that this is a house of love. Rob and Jenny had such fun making this heart – it is really easy and looks glorious. Now all we have to do is decide who gets to hang it on their door for Valentine's Day!

