

Flip Flop Flag

Margaret Moorehead's

VIRTUAL SEWING GUILD

Flip Flop Flag

Sit and Sew



Virtual Hands On Class

Supply List:

- Fabric for flag front
- Fabric for flag back
- Fabric for both flip flop (appliqué)
- Fabric for the strap on the flip flop (appliqué)
- Embroidery Thread
- Bobbin thread/Pre-wound bobbins
- Construction Thread

Stabilizers and fabric prep products:

- Tear Away Stabilizer
- Fusible web (Example wonder under) to fuse to the back of the appliqué fabric
- Fusible Knit Interfacing, Jenny Haskins Sheer Magic or Sheer Magic Plus, or anything similar to put on the back of the flag fabric that will have the embroidery on it.

Equipment List:

- Machine in good working order
- Iron
- Mini Iron (optional)
- Pressing cloth (I use a piece of muslin)
- Rotary Cutter, Ruler and Mat
- Good scissors to trim the appliqué fabric
- Water soluble marking pen that can be ironed over **Be sure to test your marking pens prior to starting your project to be sure that after they are ironed over they will still disappear*
- General Sewing Supplies

If you are intending to sew along with me during our Live Virtual Hands on Class, you will need to have the things on the following page ready when the class starts.

Flip Flop Flag

Fabric, Batting Stabilizer	Quantity	Size	Notes
Fabric for flag	2	20" h x 12" w If you would like to personalize your flag cut your flag fabric longer	Have the fusible knit interfacing (or similar product) fused to the back of the fabric that will be the "front" of the flag Have the Horizontal and vertical centers of the fabric for the front of the flag marked with long straight lines
Fabric for Flip Flop Appliqué	2	8" h x 4" w	Fused with fusible web such as wonder-under
Fabric for the Strap of the Flip Flop Applique	2	5"h x 5"w	Fused with fusible web such as wonder-under
Tear Away Stabilizer	Enough for 4 hoopings		Enough for 4 embroidery hoopings. Be sure the stabilizer will be large enough to extend beyond the hoop so we can pin our flag fabric to it to keep it in place as we are using the basting feature on our machines.

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Thank you for joining me on this adventure. As you know, this is the first time I am doing a “live virtual event” where we will all be working on the same project. Please be patient with me if things do not go as planned. Just as in an “in person” class, things get forgotten or overlooked, and unexpected circumstances pop in for a visit. I have “planned” for this to be done in two hours...mainly because my internet is not the greatest...if we need to schedule a follow up class we can do that, so please just come and plan on having fun...we will work out the rest as we go.

But to help increase our success here is what I am asking you to do or have ready prior to the class.

- Have all your sewing supplies organized and ready to use**
- Test your scissors to make sure they will cut your fabric nicely**
- Make sure your machine is cleaned and in good working order**
- Have the designs loaded onto your machine**
- Have your machine threaded with the first color for the project...**”Summer Fun” is what we will be stitching first
- Know how to use the “basting feature” on your machine**
- Have your fabric cut to size** (See above)
- Have your fabric “prepped”**. (Have the knit interfacing fused to the back of the fabric that will be the front of the flag. Have the fusible web fused to the back of your appliqué fabrics)
- Have your fabric marked** (Flag front fabric: horizontal and vertical centers marked)
- Have all the embroidery threads you are going to use chosen, and know what thread will be used for each section of the embroidery** (I used one color for the entire embroidery design)
- Wind a bobbin of construction thread and have the spool of thread and the bobbin ready to use**
- I hope to start exactly at 1:00, so please be sure to join the zoom meeting a bit early so at 1:00 we are all ready to go!**
- As I said before, make sure your sense of humor is handy, because who know what might happen when we are all LIVE and unfiltered!!!!**

Flip Flop Flag

Preparation

1. Cut each piece according to the table on page 3
2. Prep the fabric that will be used for the front of the flag by fusing sheer magic or lightweight fusible knit interfacing to the back (see page 3), following the manufacturers instructions.
3. Mark the horizontal and vertical centers of the fabric that will be used for the front of the flag
4. Prep the fabric that will be used for the appliqué by fusing fusible web to the back of each piece of fabric (Example of fusible web is Wonder-Under)
5. Note: When I “prepare” my fabric, I cut the fabric slightly larger than needed, and the knit interfacing slightly smaller than the fabric. Then when I fuse it all together I do not get the fusible on anything that is not the fabric since the fabric is larger than the fusible. To fuse, follow the manufacturers instructions.

Embroidery

Embroidery #1: Summer Fun

1. Put a small “x” over the intersection of the horizontal and vertical center lines. We do this because we are never going to use this intersection as a line up mark for our embroidery and if we put an “x” on it, it will remind us not to use that intersection for any of our embroidery positioning.
2. Measure up from the center horizontal line 3” and draw a line that is parallel to the center horizontal line
3. Draw a circle around the intersection of this line that is 3” above horizontal center and intersects the vertical center line.
4. Put the letter “R” at the top of the center vertical line
5. Hoop your flag fabric with a piece of tear away stabilizer, so the letter “R” is on the right hand side of the hoop and the intersection we drew a circle around is in the center of the hoop
6. Place the hoop on the embroidery machine. (Check to see that the design on the screen is facing the way you want it to stitch on your fabric. Adjust the fabric if necessary.
7. “Float” a piece of tear away stabilizer under the hoop
8. Engage the basting feature. Baste and then stitch out the embroidery design. (This is a one color design)
9. Remove the hoop from the machine
10. Remove the stabilizer from the back of the project
11. Trim your threads

Embroidery #2: Left Flip Flop

1. Measure down 1” down from the center horizontal center line and mark a horizontal line.
2. Measure to the left of the vertical center line 2” and mark a vertical line
3. Draw a circle around the intersection of these two lines (you can put an “x” over the intersection of the center vertical line if you would like to avoid confusion)
4. Hoop a piece of tear away stabilizer only (no fabric) that is at least 2” larger than the hoop on 2 sides.
5. Attach the hoop to the embroidery machine
6. Call up the “Left Flip Flop” Design
7. Position the flag front on top of the hoop so the intersection of lines that has the circle around it is directly under the needle.
8. Pin the flag fabric to the excess stabilizer
9. Baste the fabric to the stabilizer

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Continued....Embroidery #2: Left Flip Flop

10. No need to change colors of thread for each step...thread with the color you want to use for the satin stitch that goes around the flip flop
11. Stitch color 1: the placement stitch showing you where to place the appliqué fabric for the flip flop
12. Place the appliqué on top of the placement stitches making sure the fabric completely covers the outline of the flip flop (Also make sure you have removed the protective paper from the back of the fusible web)
13. Stitch Color 2: This is the tac down stitch. It holds the appliqué fabric in place.
14. Remove the hoop from the machine, but not the project from the hoop and trim away the excess fabric outside of the tac down stitch, making sure to trim VERY close to the stitches
15. If desired use your iron to fuse the flip flop fabric in place
16. Attach the hoop to the machine and stitch color 3, the satin stitch around the flip flop
17. Stitch color 4: The placement stitch for the strap appliqué
18. Place the appliqué on top of the placement stitches making sure the fabric completely covers the outline of the flip flop (Also make sure you have removed the protective paper from the back of the fusible web)
19. Stitch color 5: The tac down stitch for the appliqué fabric
20. Remove the hoop from the machine, but not the project from the hoop and trim away the excess fabric outside of the tac down stitch, making sure to trim VERY close to the stitches
21. If desired use your iron to fuse the flip flop fabric in place
22. Attach the hoop to the machine and stitch color 6, the satin stitch around the strap
23. Remove the hoop from the machine
24. Remove the stabilizer from the back of the project
25. Trim your threads

Embroidery #3: Right Flip Flop

1. Measure down 3" down from the center horizontal center line and mark a horizontal line.
2. Measure to the right of the vertical center line 2" and mark a vertical line
3. Draw a circle around the intersection of these two lines (you can put an "x" over the intersection of the center vertical line if you would like to avoid confusion)
4. Hoop a piece of tear away stabilizer only (no fabric) that is at least 2" larger than the hoop on 2 sides.
5. Attach the hoop to the embroidery machine
6. Call up the "Right Flip Flop" Design
7. Position the flag front on top of the hoop so the intersection of lines that has the circle around it is directly under the needle.
8. Pin the flag fabric to the excess stabilizer
9. Baste the fabric to the stabilizer
10. Repeat the process that we used for the left flip flop

If you have added extra length to your flag fabric to personalize, now is the time to add the personalization.

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Finishing up the Flag

1. Square up your flag front if necessary
2. Place the flag front on top of the flag back right sides together
3. Trim so they are both the size
4. Stitch the 2 sides and the bottom using regular construction thread and 1/2" seam allowance
5. Turn right side out
6. Top stitch the sides and the bottom
7. On the back side of the flag, fold under both layers 1/2" at the top of the flag so you don't have raw edges
8. Fold down 2" of fabric to the back side of the flag
9. Stitch the folded section down to create a casing for your flag holder to go through

ENJOY!