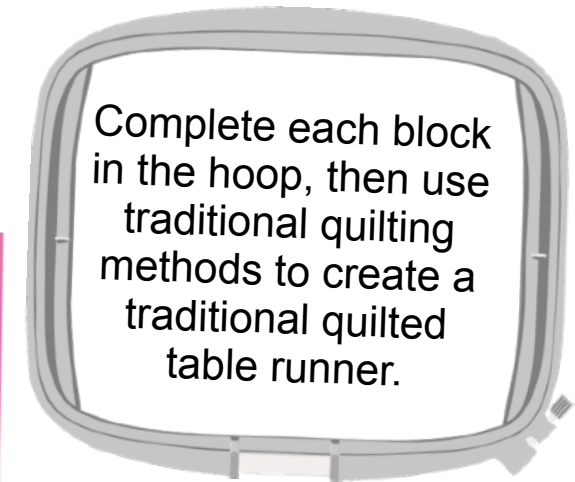
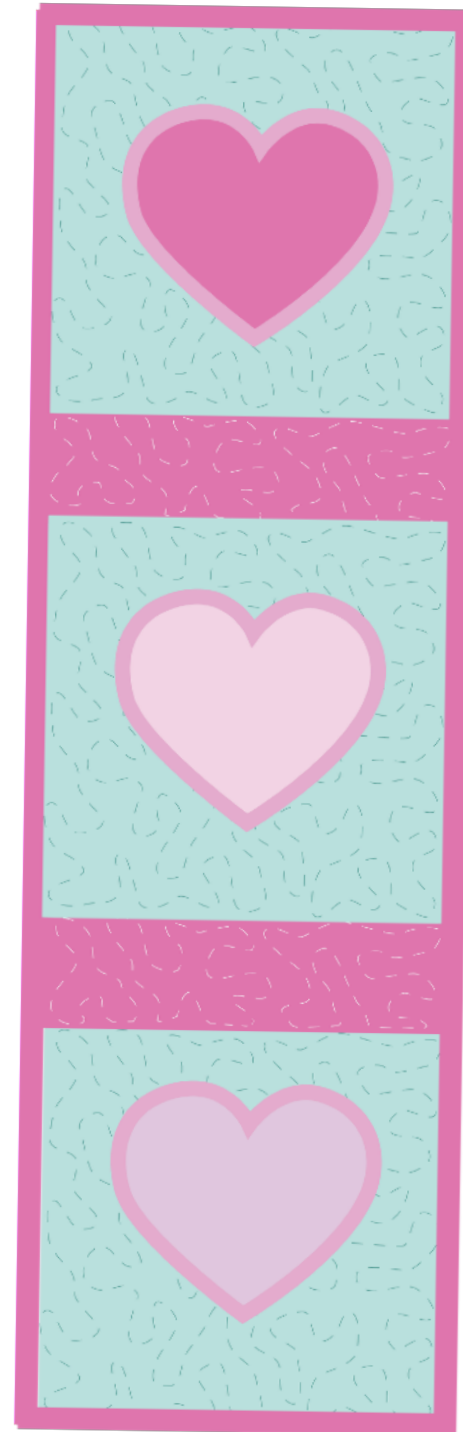
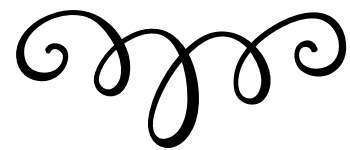


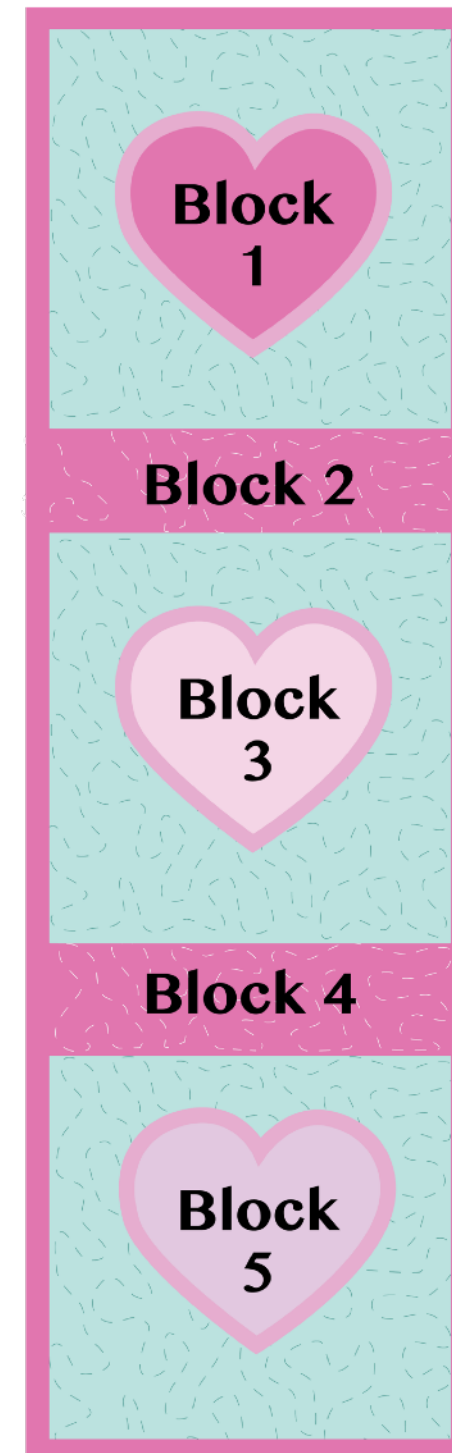


Traditional Quilted Table Runner Project Guide



This project requires five blocks to complete - three square blocks and two sashing blocks. You may choose to use less blocks and will need to adjust the backing and binding fabric measurements accordingly.

Stitch each block, following the block instructions to trim them to size, then follow the steps in this Project Guide to complete the project.



Remember: Complete the stitching instructions for each chosen block, continuing past the red **STOP** notation in the instructions to trim the block. You'll then come back to these instructions to finish the project.

Additional Supplies you'll need...

- Fabric for Back (non-directional print)
 - For 8" or 7" Block Projects, 1/3 yard
 - For 6", 5" or 4" Block Projects, 1/4 yard
- Fabric for Binding (non-directional print), 1/4 yard
- Hand Needle
- Thread
- Safety Pins
- Binding Clips

All measurements are listed width x length.

Prep your fabrics...

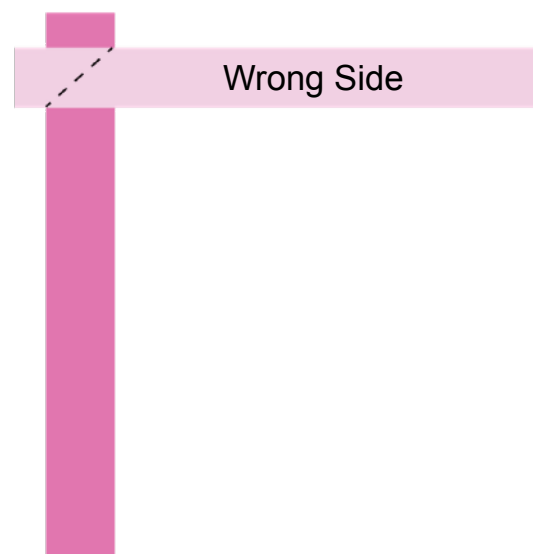
Cut Fabric...

For:	8" Blocks	7" Blocks	6" Blocks	5" Blocks	4" Blocks
Backing	33" x 12"	30" x 11"	27" x 10"	23" x 9"	20" x 8"
Binding	Cut TWO 42" x 2.5"	Cut TWO 42" x 2.5"	Cut TWO 42" x 2.5"	Cut TWO 42" x 2.5"	Cut TWO 42" x 2.5"

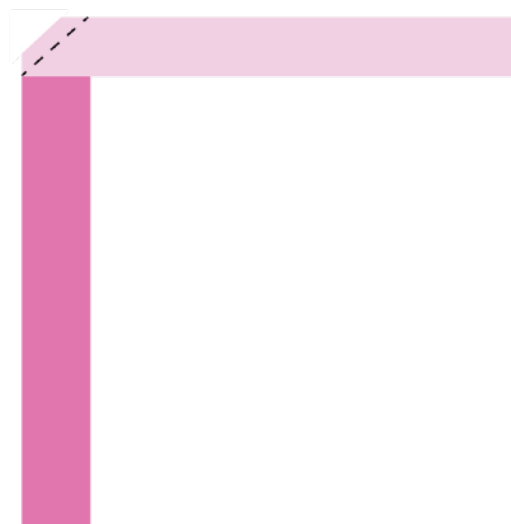
Make your binding...

Lay one strip of binding fabric on a table, right side up. Lay another strip on top of the first, right side down. The strips should extend beyond each other by 1".

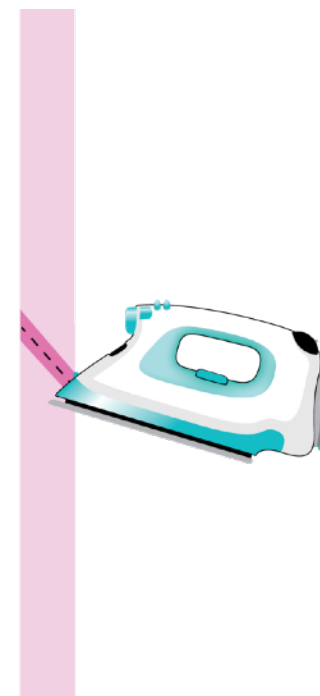
Stitch diagonally across the strips, as shown.



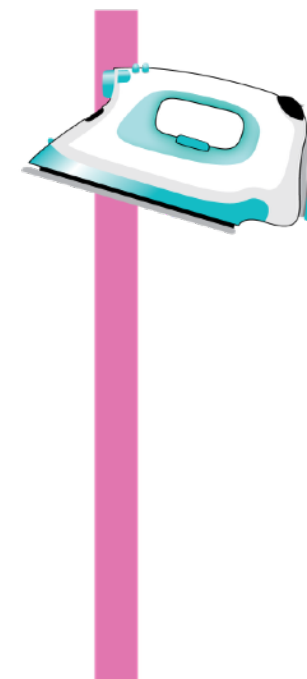
Trim the seam to a 1/4" seam allowance and trim off the excess triangles of fabric.



Turn the binding to the back and press the seam open.



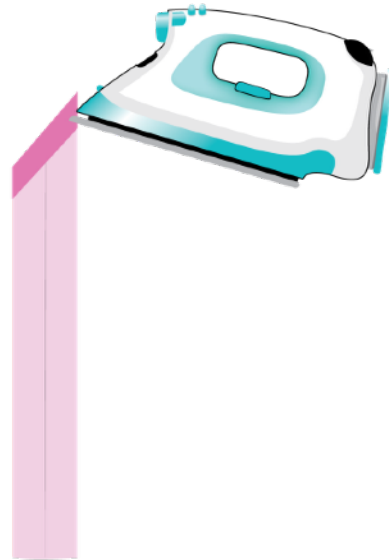
Fold the binding in half, lengthwise, wrong sides together. Press to crease.



Open the binding strip and trim one end diagonally, as shown.



Fold down the diagonal end, wrong sides together. Press to crease.



Refold the binding strip, wrong sides together. Set aside.

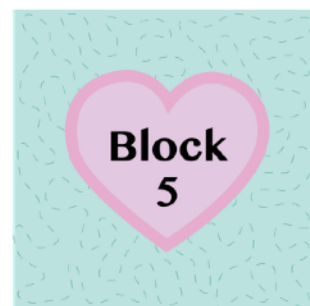
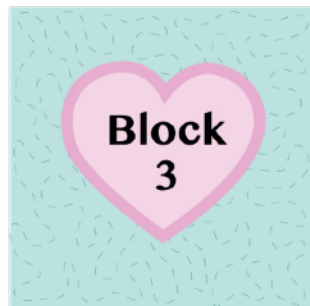
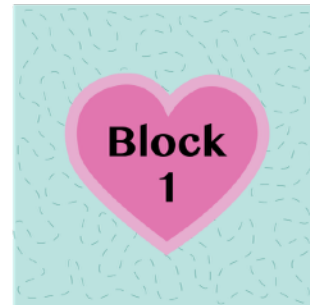


Set the binding aside and continue to the next page.

Let's assemble your Table Runner...

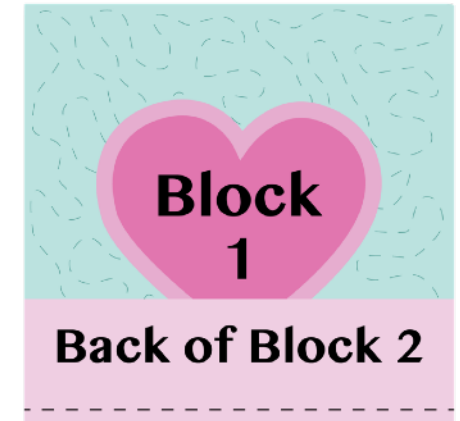
You should have all five blocks completed and trimmed to size before proceeding with the instructions below...

1. Lay out your blocks in order.

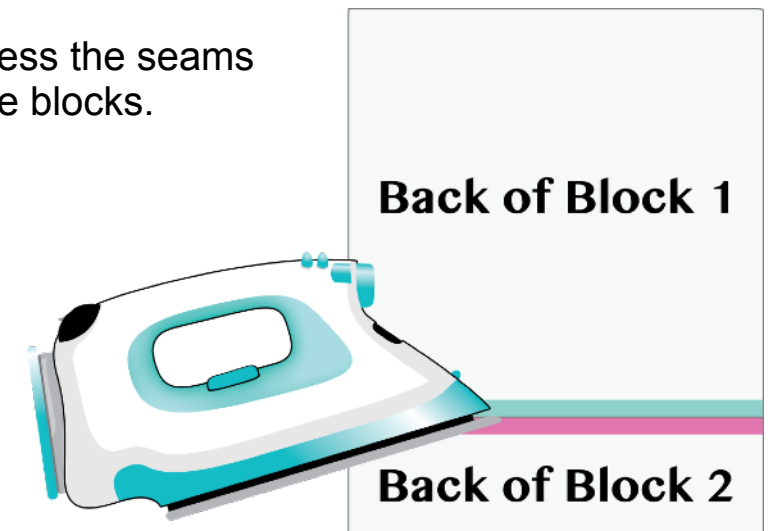


2. Pin the bottom edge of Block 1 to the top edge of Block 2, right sides together.

Sew the blocks together using a 1/4" seam allowance.



3. Open the blocks. Press the seams open on the back of the blocks.

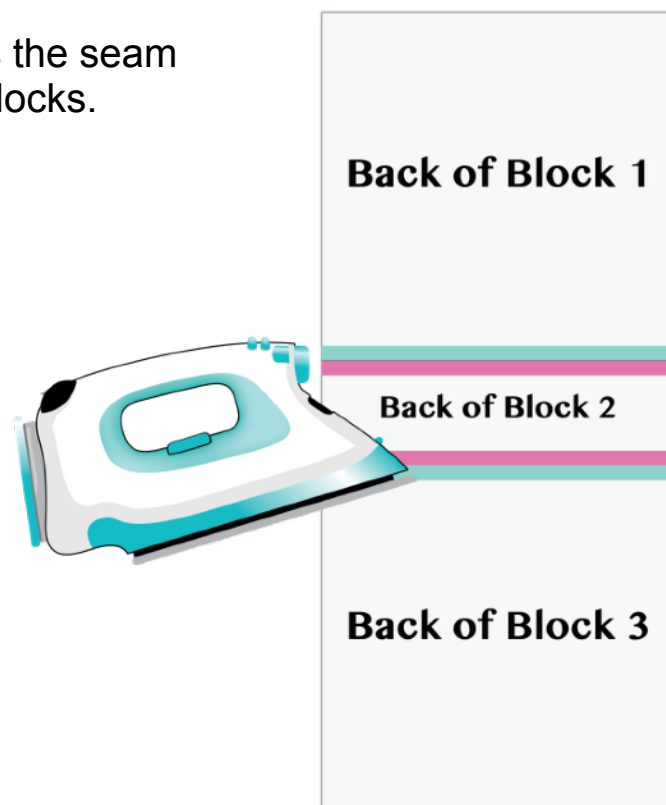


4. Pin the bottom edge of Block 2 to the top edge of Block 3, right sides together.

Sew the blocks together using a 1/4" seam allowance.

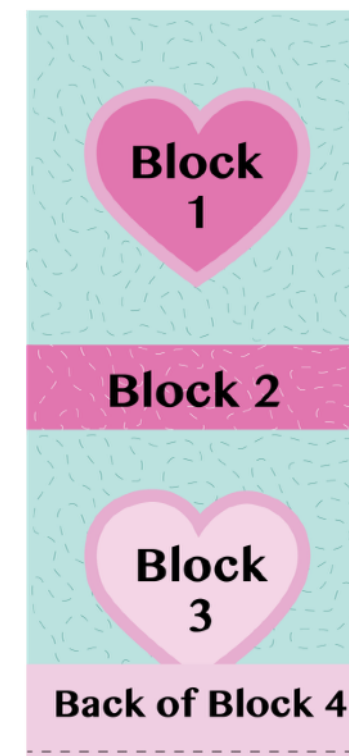


5. Open the blocks. Press the seam open on the back of the blocks.

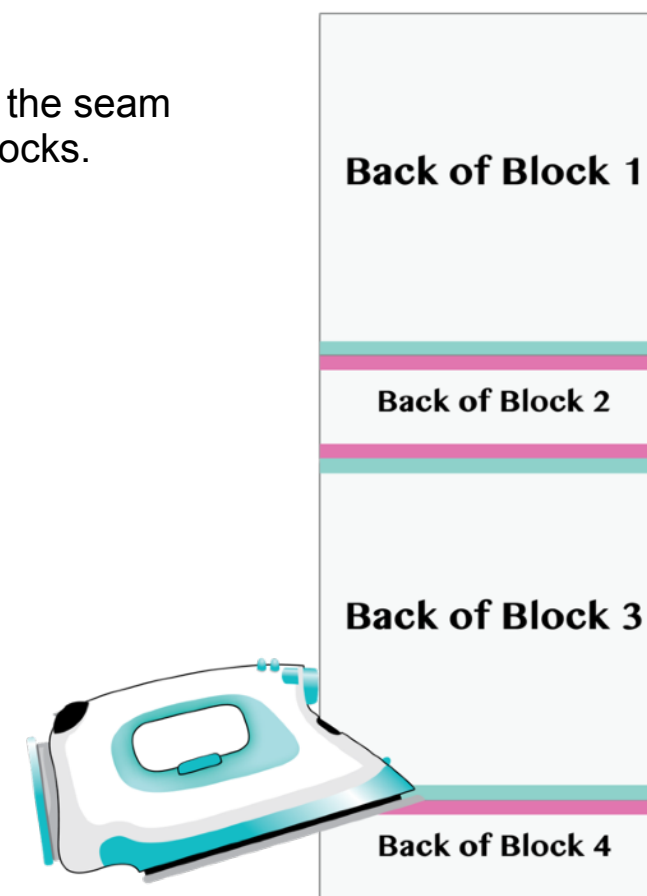


6. Pin the bottom edge of Block 3 to the top edge of Block 4, right sides together.

Sew the blocks together using a 1/4" seam allowance.



7. Open the blocks. Press the seam open on the back of the blocks.

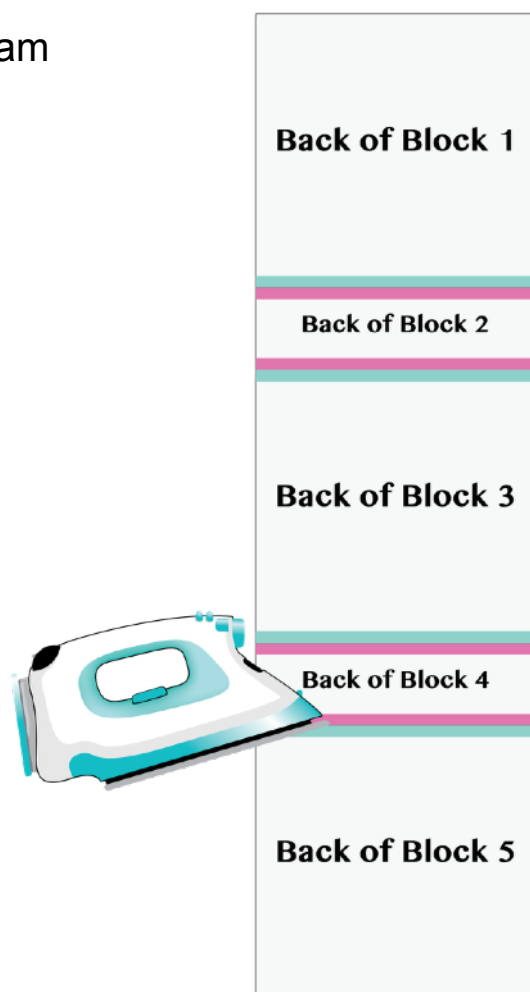


8. Pin the bottom edge of Block 4 to the top edge of Block 5, right sides together.

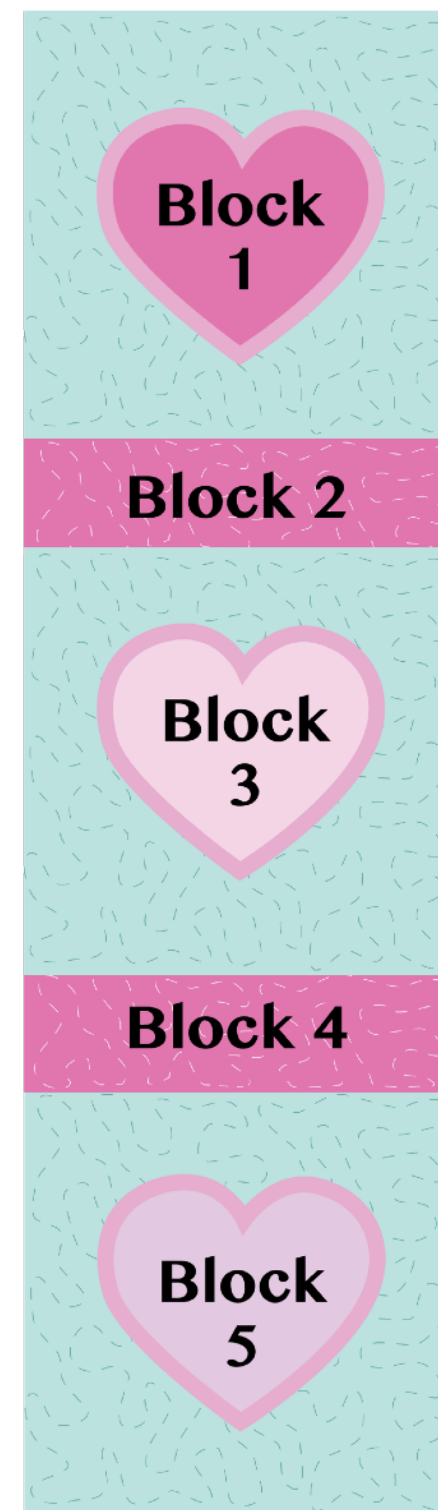
Sew the blocks together using a 1/4" seam allowance.



9. Open the blocks. Press the seam open on the back of the blocks.



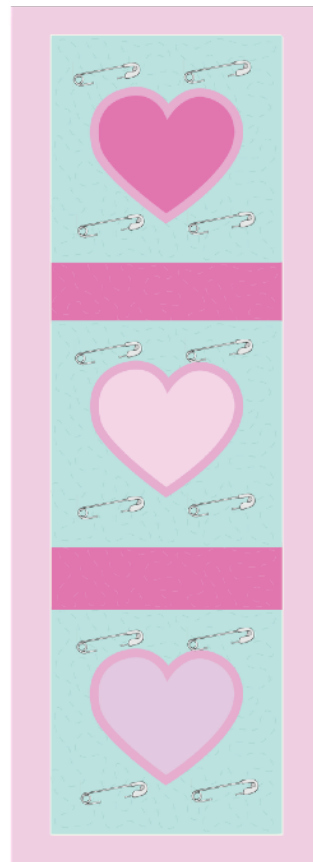
10. Turn your quilt to the front and press. If you used polyester or rayon thread, use a pressing cloth.



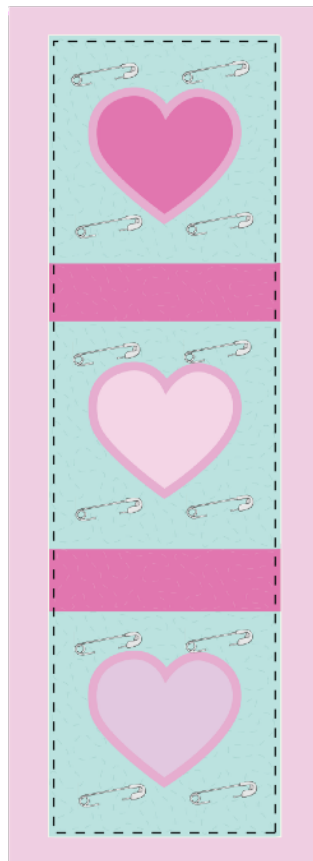
11. Lay your backing fabric on a flat surface, right side down. Tape it down to secure it.

Center the quilt top over the backing, right side up.

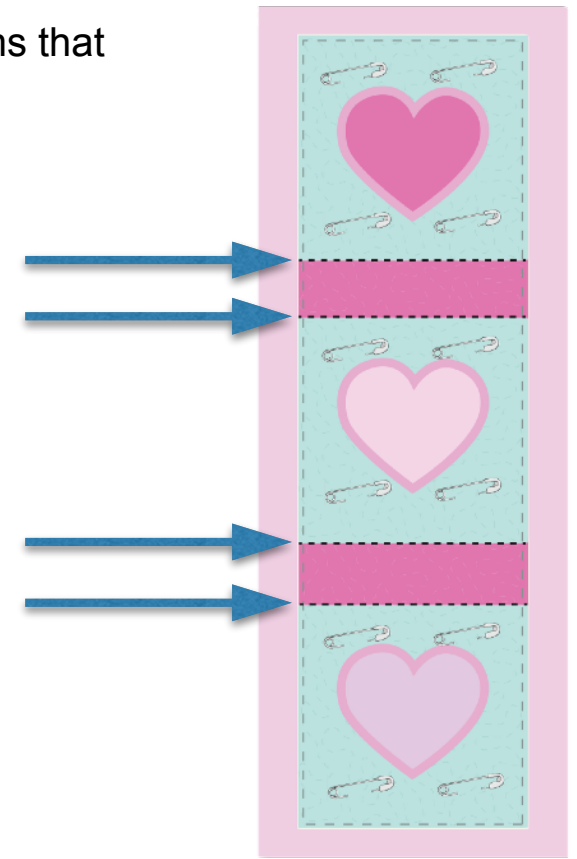
Pin the layers together with safety pins, staying away from the seams and the edges of the quilt top.



12. Baste the layers together, using a scant 1/4" seam allowance on the quilt top.



13. Stitch in the ditch of the seams that join the blocks.



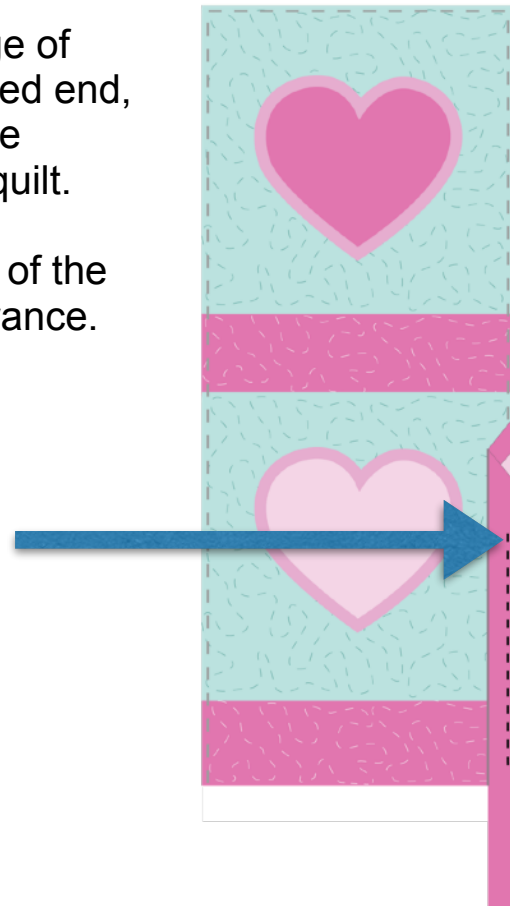
14. Square up the edges of the quilt and trim off the excess backing fabric.



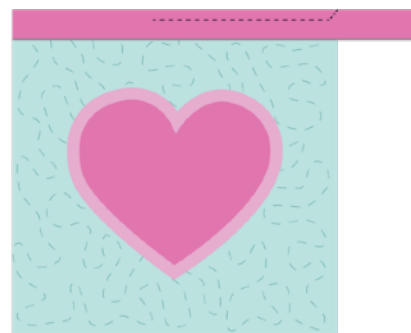
Stitch the binding to your quilt, using your favorite method, or by following the steps below.

15. Place the binding on the edge of your quilt, starting with the finished end, matching up the raw edges of the binding to the raw edges of the quilt.

Start stitching 4" in from the end of the binding, using a 1/4" seam allowance.



16. When you get near a corner, stop 1/4" from the end and stitch diagonally to the corner.



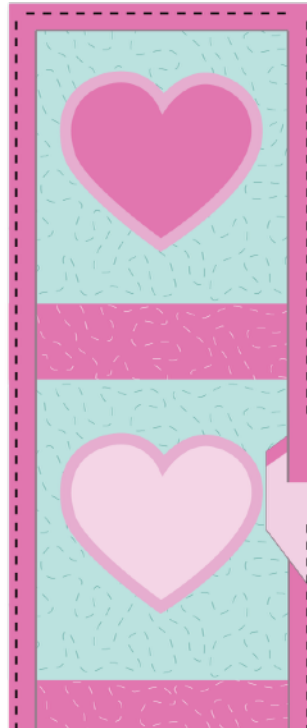
17. Bring the binding straight up, keeping the raw edge of binding aligned with the raw edge of the quilt.



18. Bring the binding back down, with the fold aligned with the top edge of the quilt. Start stitching again 1/4" in from the top edge, and continue until you get 6" from the start of the binding.



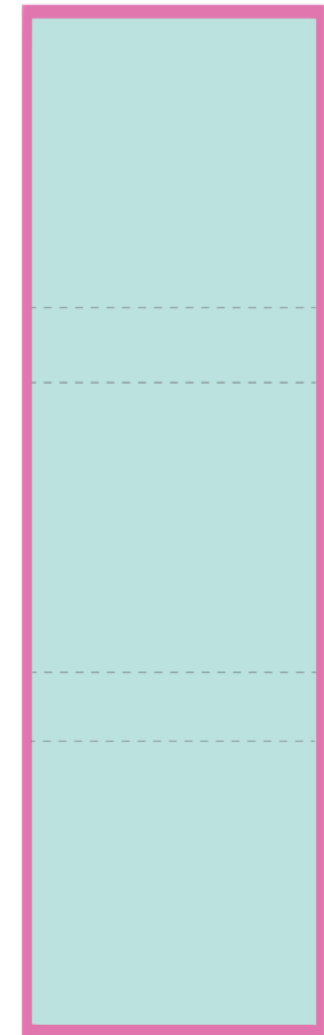
19. Open the starting binding. Sandwich the unfolded binding inside the folded end of the binding. Trim the unfolded binding about 1" in from the end of the folded binding.



20. Refold the binding and stitch it down.



21. Fold the binding to the back of the quilt, clipping to hold it in place, then hand stitch the binding to the quilt back.



Enjoy your whimsical table runner!

