

## Virtual Sewing Guild

3rd Annual Retreat



June 2016
Part 3

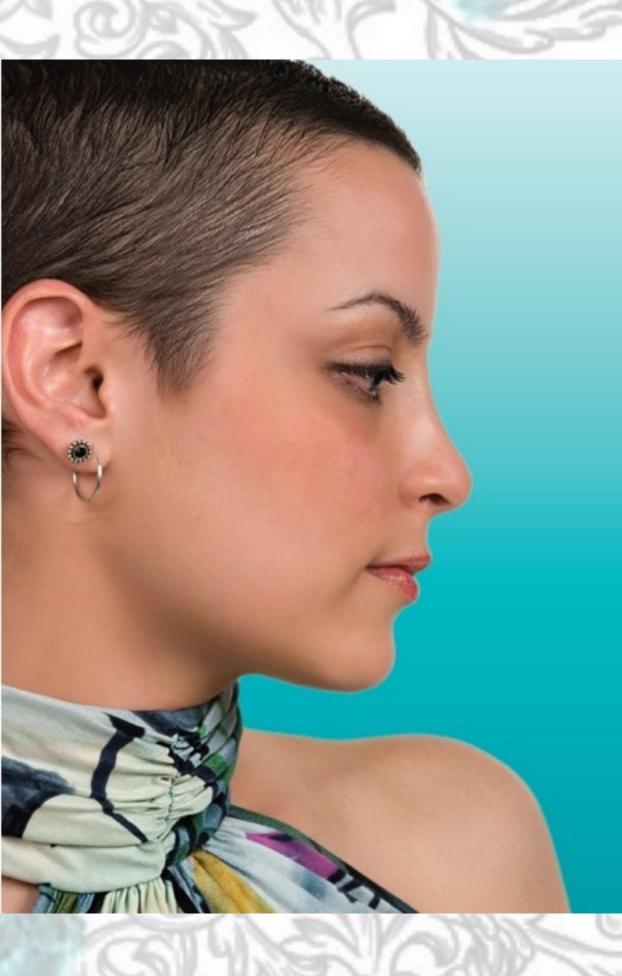
Stipple! 1-Step Appliqué Quilt Blocks











# Each one of us difference. Together we can make a Change.

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1 Step Quilting and Appliqué Project

Reversible piecing

Binding

Margaret's Tips

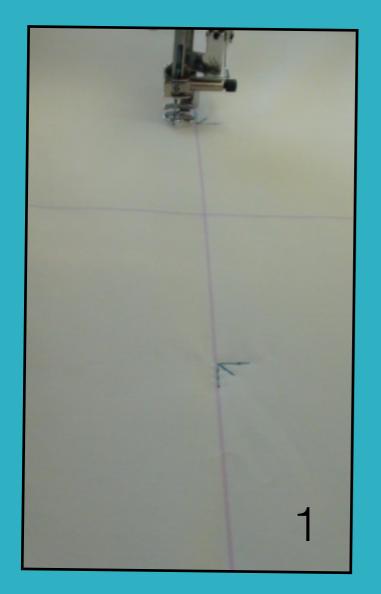
Stipple....1 Step Quilting and Appliqué

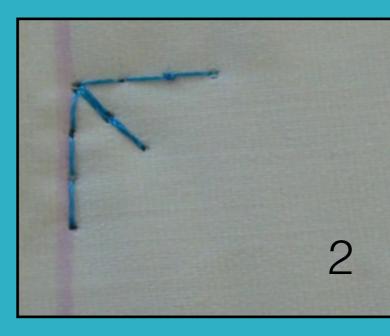
#### Summer Topper

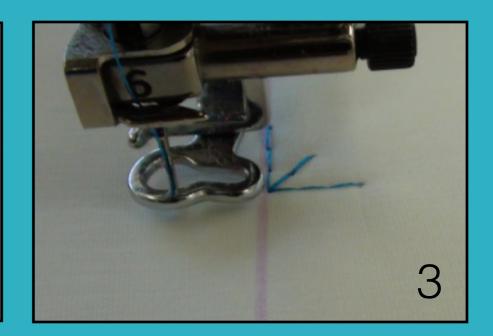
31" Square

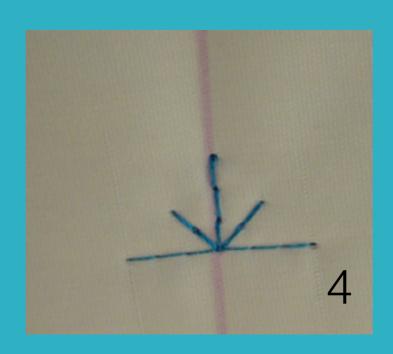


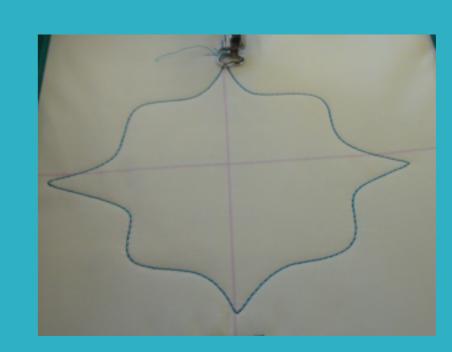
#### Center Block











#### Center Block

Once the outline of the center design is stitched, center a piece of appliqué fabric over the design

It will stitch the outline again and the stipple quilting

Place the next piece of appliqué fabric on the project.

Place the third and final piece of appliqué fabric on the project







## Trim away the excess fabric for all 3 pieces of appliqué fabric



Rehoop the quilt sandwich placing the alignment marks near the right edge of the sewing field. Select the DoodadLeftFsp design. Advance to the first stitch of color 1. Needle should be centered on the alignment mark. If not move the design or rehoop the fabric. Once you are satisfied with your placement advance to color 2 (no need to stitch the alignment marks)



HINT: If desired use templates to help with lining up the design













Trim away the excess fabric from both of the designs.

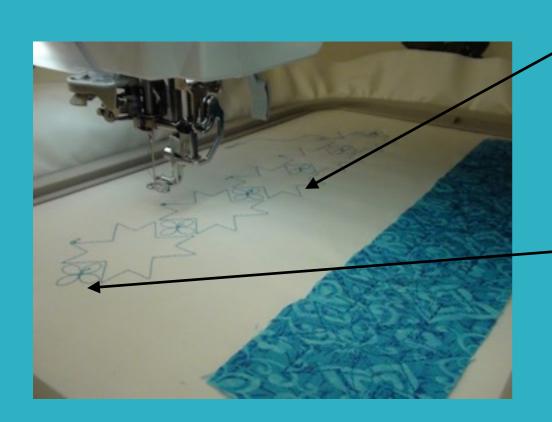
Remove from hoop and rehoop to stitch the other side, using your alignment marks and/or templates.

#### Ohio Star Border

Combine the designs according to the directions

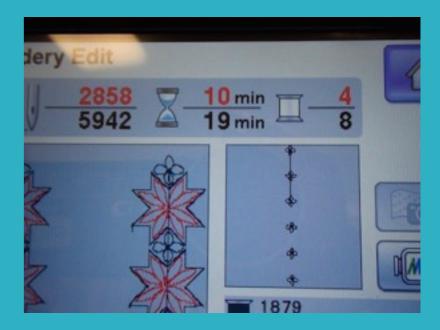
If you have software, color sort and then rearrange the colors to they will stitch out in the order needed for your design. Note: The outline of the star appears two times in the design, you only need it once so you can delete the extra one.

Since you are stitching the design multiple times this is actually very helpful



This outline is extra...it is not needed, delete it in the software if you can

Stitch the quilt motifs (the small flower flower shapes



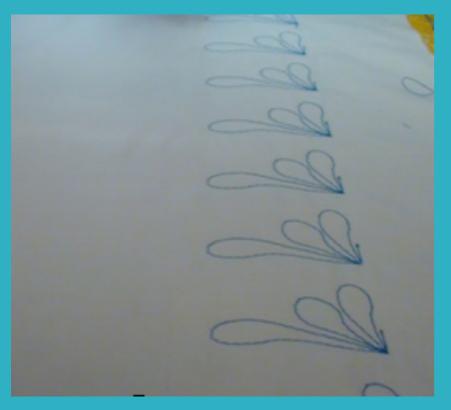


Place your strip of appliqué fabric over the quilted motifs.

Stitch out the star outline and then the flowers inside the stars.

Rehoop and stitch 3 more borders

#### Sawtooth Border





Stitch the quilt motifs

Place appliqué fabric over the top.

Stitch the sawtooth outline

Stitch the quilting stitches inside the saw tooth

Rehoop keeping the appliqué fabric free

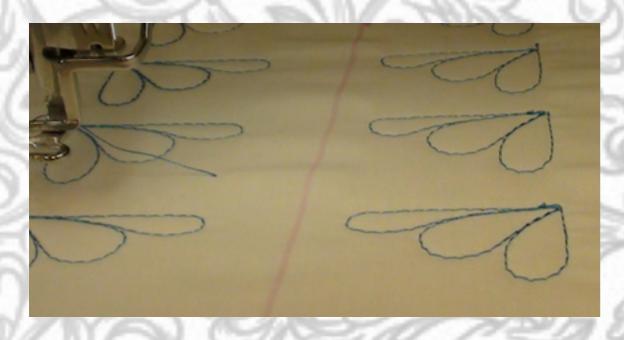
Line up and stitch next set of designs

Repeat until you have the number of repeats needed





#### Flying Geese Border









## Reverse Piecing Technique



Allows you to do
all your quilting
first and then piece your project
together completely by machine.
The back of the project is as
beautiful as the front!

Cut the sashing strips to size

Place one sashing strip on the front of the project, right side of the sashing strip to the right side of the project.

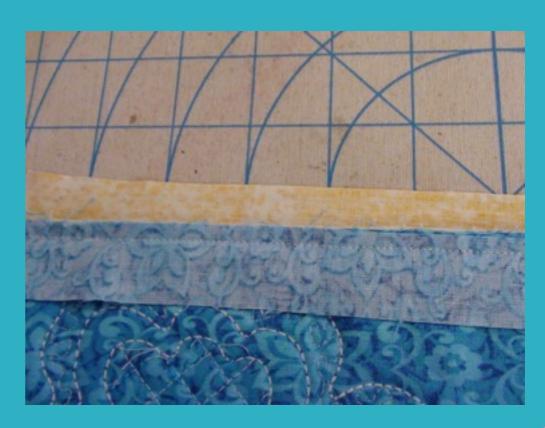
Place one sashing strip on the back of the project, right side of the sashing strip to the right side of the back of the project.

Stitch using a 1/4" seam

Press the sashing strip on the front of the project open



Leave the back sashing right side against the right side of the fabric

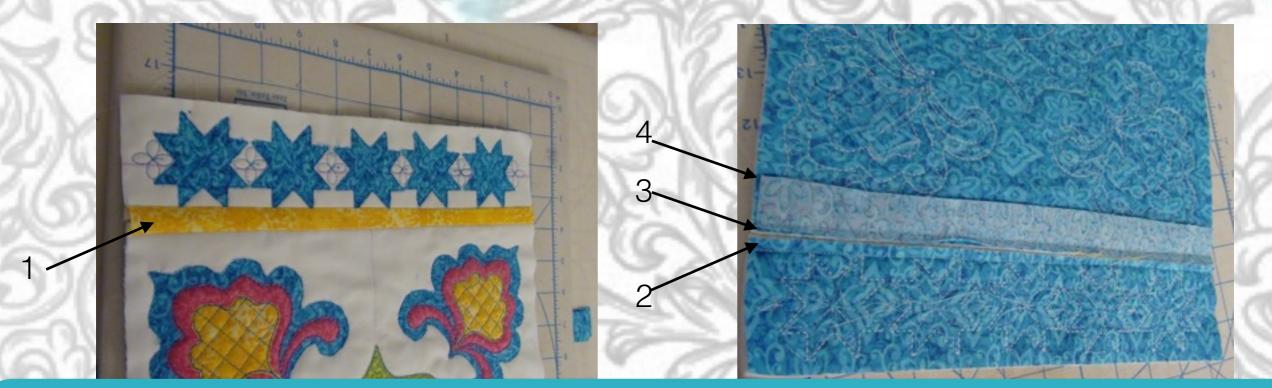


Place the right side of the quilted border to the right side of the front sashing. In the photo below I am stitching with the sashing on top and the border next to the feed dogs.

Stitch using a 1/4" seam allowance







The sashing don't have any batting but the seam allowances from the block and the border do....this create the batting for the sashing.....I LOVE this idea!







Nice stitched edge on the back

Stitch in the ditch from the front





Stipple One Step Quilting and Appliqué



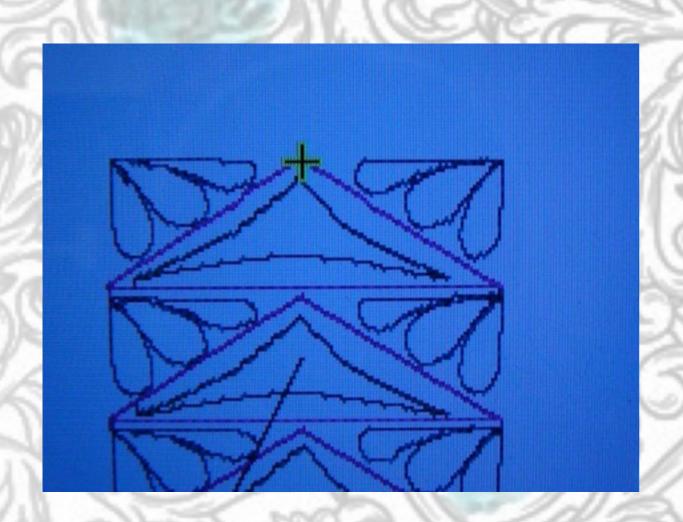
#### Alignment Ideas



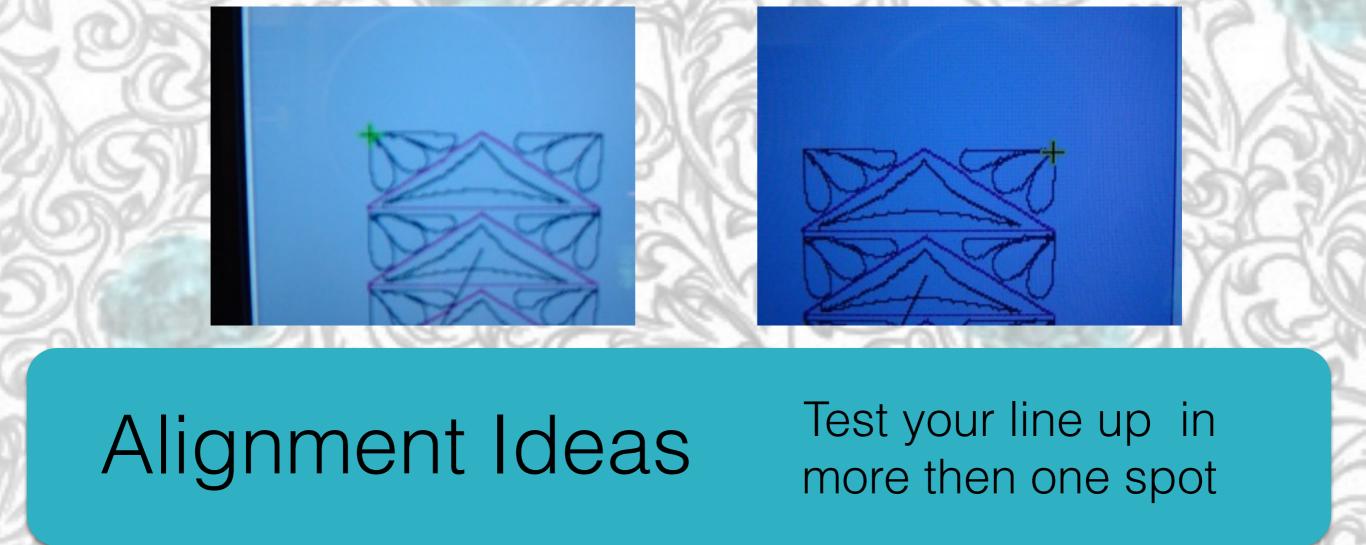
Draw lines to help you line the embroidery designs, especially for the borders. I liked to keep my designs in the center of the hoop for easy hooping

## Alignment Ideas

Advance to a stitch that will be easy to see if you are lined up correctly.





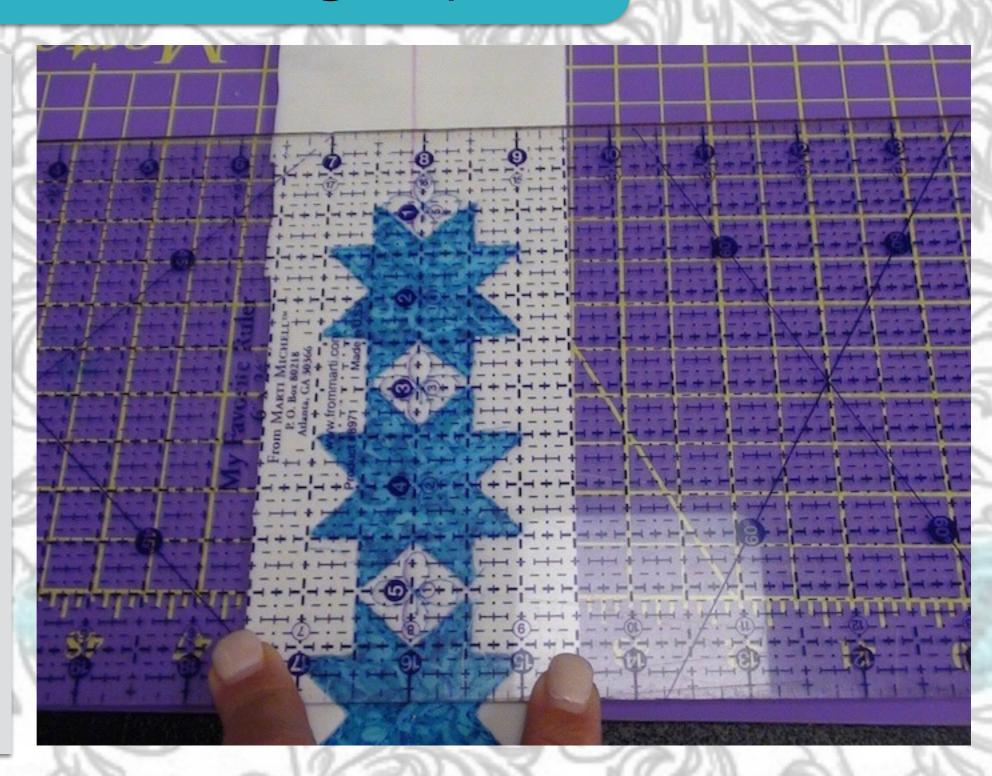


### Cutting Tip

The directions have you cut the borders, based on your stitched out design. (Measuring from the edge of the stitched out design.

I suggest you combine that method with actually measuring to see that you are cutting the correct size

I don't want to cut my borders 1 7/8" if I really need 2"



#### Double Sided Tape



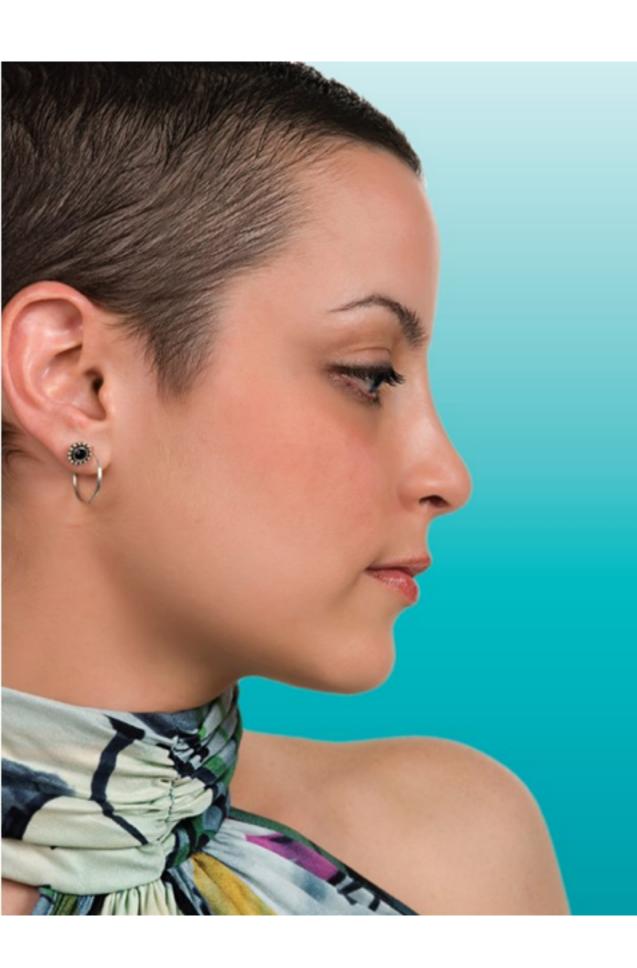
Use double sided tape to hold the appliqué fabric in place

# After the break we will see how to create Hassle Free Binding and My favorite way to line up designs for this project













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## Be the Difference Foundation

- Founded in 2012 by four ovarian cancer survivors
- Awareness, better treatment options and ultimately a cure
- Almost \$2 million raised for research





## Why does this matter to me?

- 1 in 70 women diagnosed with ovarian cancer
- Almost 60% lose their battle within 5 years of diagnosis
- 5<sup>th</sup> leading cause of cancer-related death in women, but accounts for only 3% of all cases of cancer.
- Difficult to detect and diagnose



## Know the signs & symptoms

- Abdominal Bloating
- Feeling full quickly while eating
- Pelvic or abdominal pain or pressure
- Urinary urgency or frequency
- Changes in bowel habits
- Abnormal vaginal bleeding or discharge
- Back pain
- Unexplained weight gain or loss





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## Borders Accents Center Medallions

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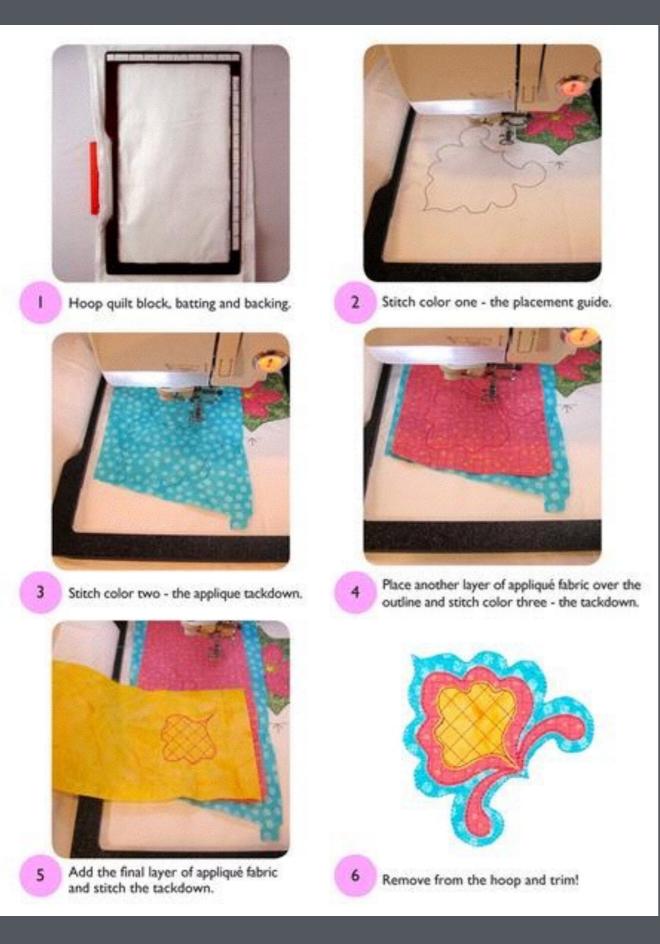
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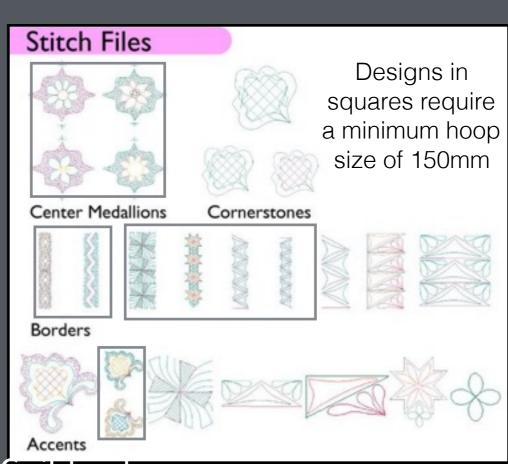
#### Stipple 1 Step Quilting and Appliqué

Multi Formatted Designs for:
Borders
Accents
Center Medallions
Corner Stones
Color Sequence Chart
Detailed Instructions
Reversible Piecing Technique

This technique is AMAZING and the Versatility of the designs will allow you to create as many variations as you desire!



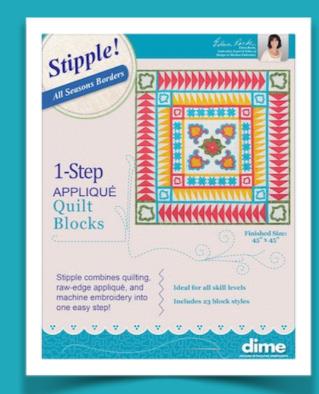




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**All embroidery Designs** 





S P E C I A L

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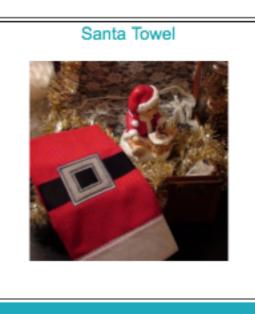
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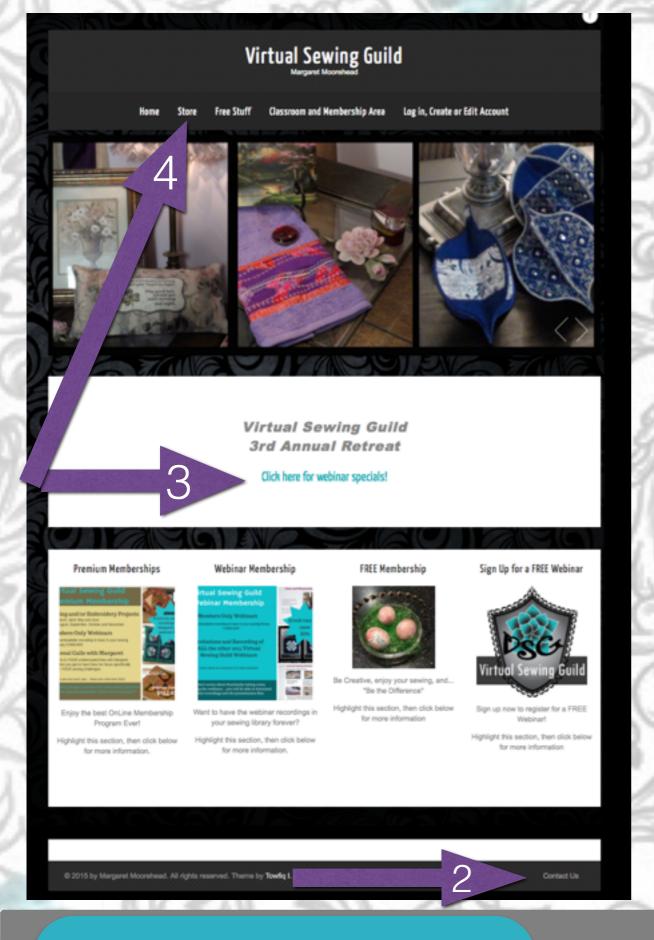
Twist Lid Container **Draft Stoppers** "Spiraled" Vratt **Stoppers** 

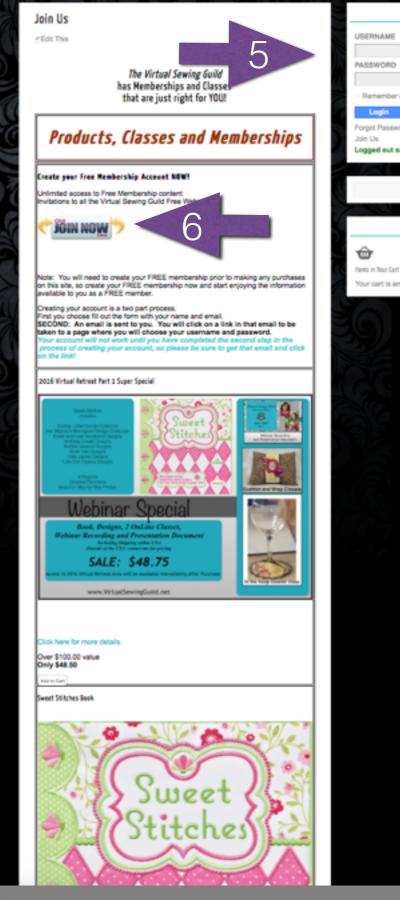


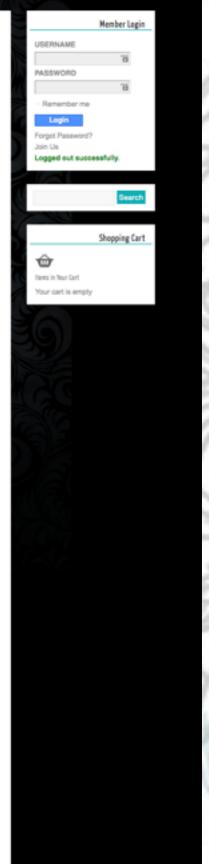




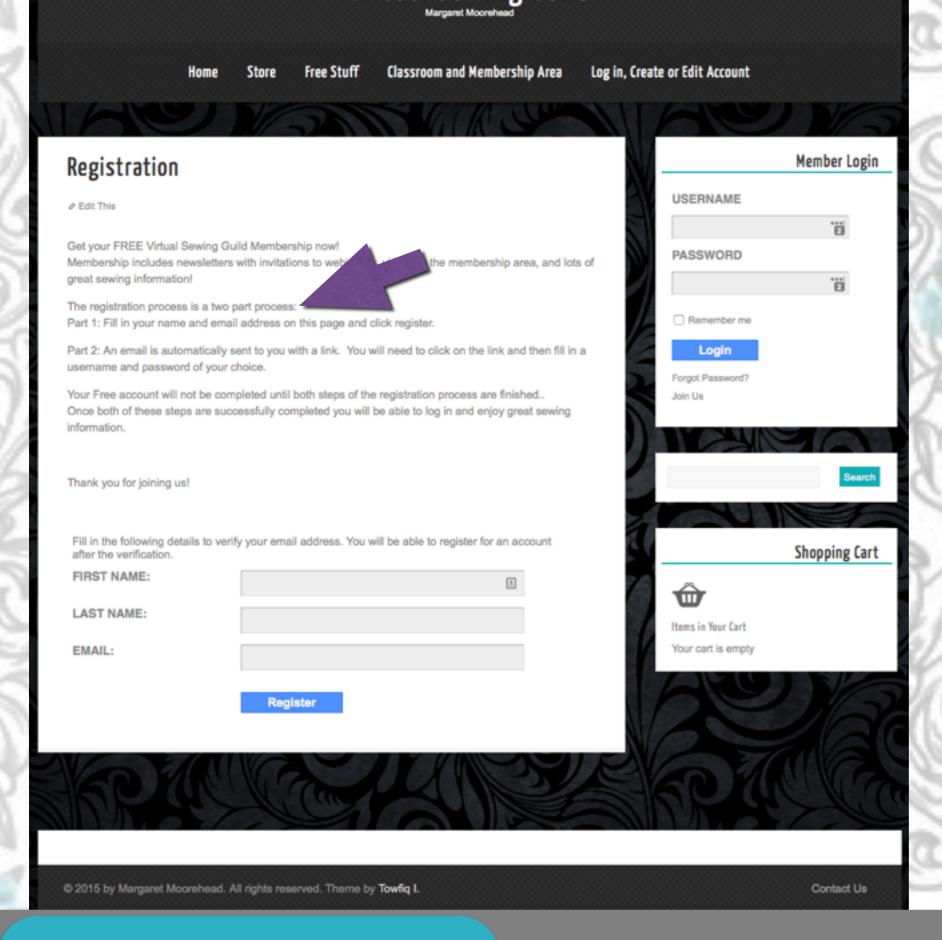




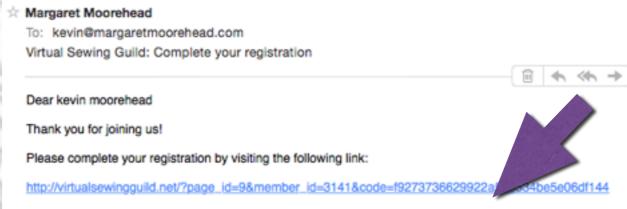




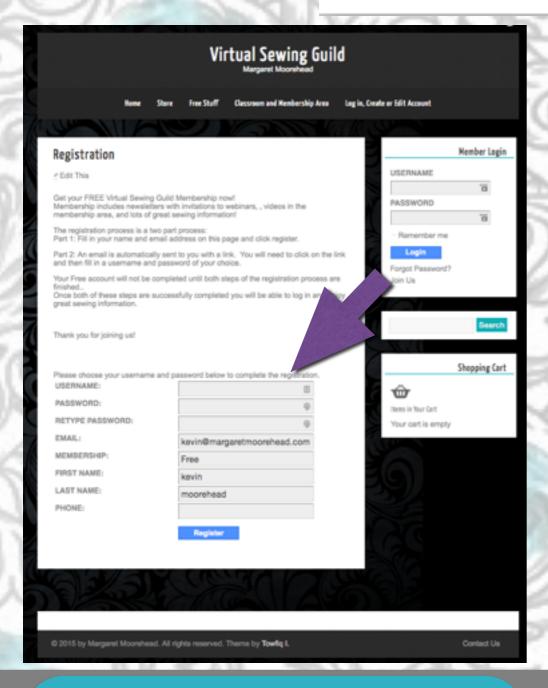


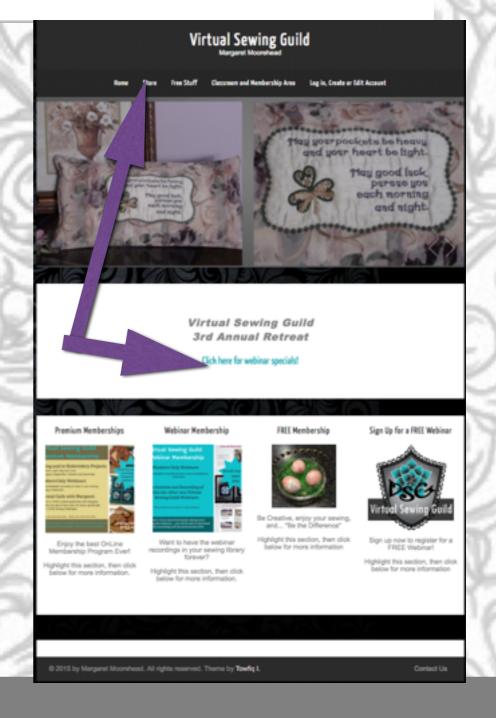


#### Placing your order



Thank You Margaret and the Virtual Sewing Guild Team













## 2016 Guest Presenters



Margaret Moorehead









Patricia Gates





Lindee Goodall





Rhonda Pierce





Lisa Archer



#### Here's a NEW technique for getting perfect alignment even when stabilizer can not be used under the project



Wait...why are putting stabilizer in the hoop?

We cant use that with our quilt sandwich



Attach sticky stabilizer to the back side of the outer hoop and then attach the hoop to the machine

Advance to a stitch that you can use for lining up the designs

Sink the needle to check the placement







Press the area near the needle to the sticky stabilizer

Advance to another stitch to check the line up.

When you are happy with that line up placement press the project to the sticky stabilizer

Remove the hoop from the machine.

Insert the inner hoop and hoop the project
Remove the stabilizer from the back of the project

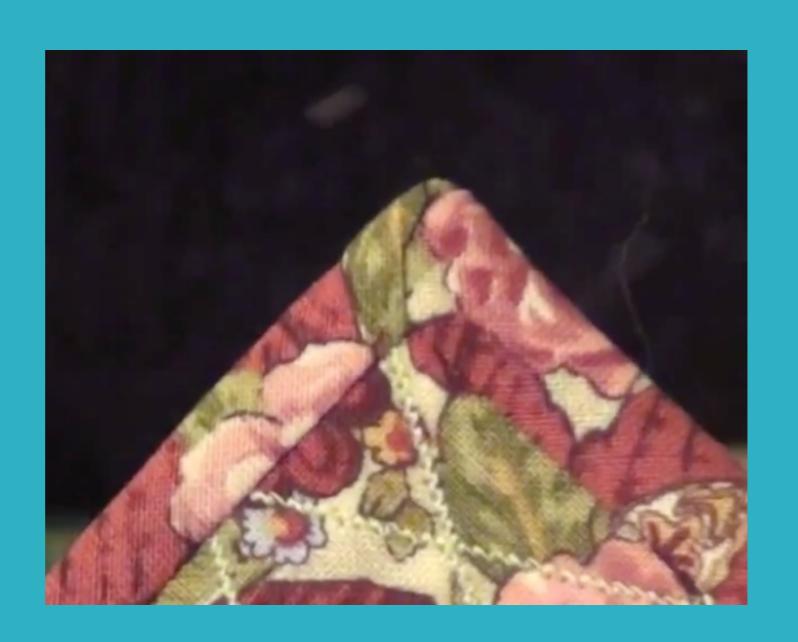




Check the placement again to be sure you are satisfied with the line up. If necessary you can move the design on the screen of the machine

Note: Many machines have features that allow you to do placement in other ways. Be sure to utilize the built in features on your machines!

When you use this technique you will LOVE your results

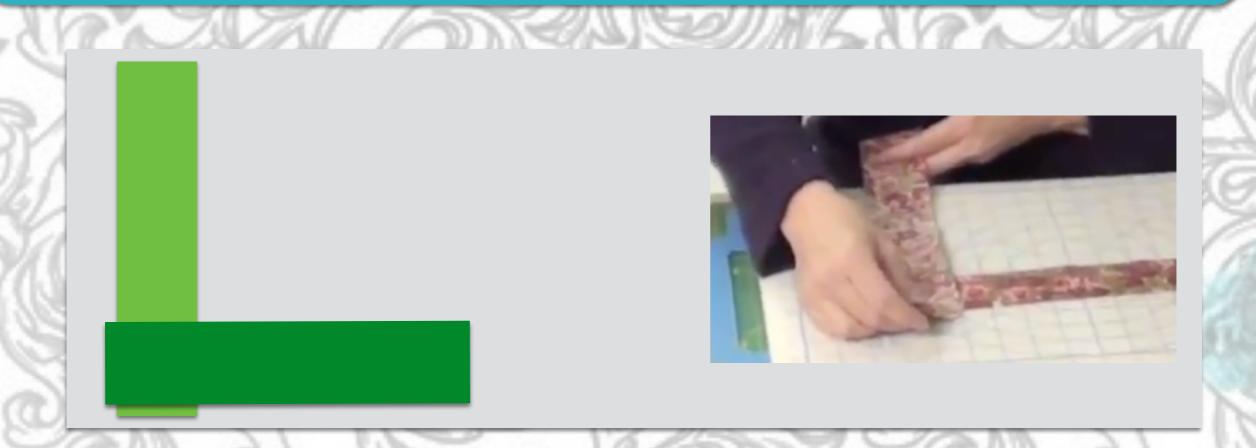


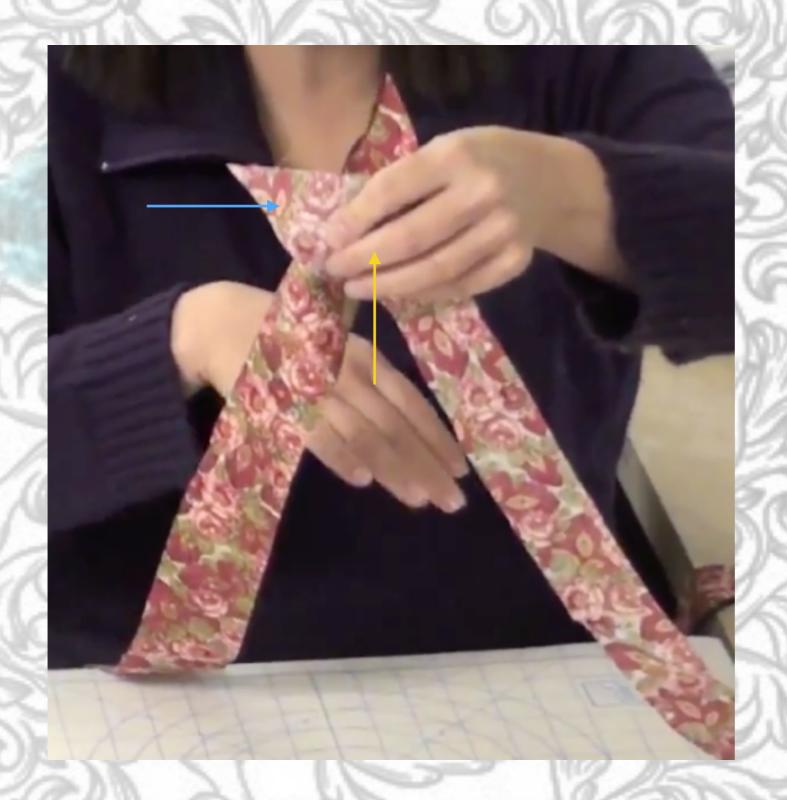
First you will need to create long strips of bias fabric (It is not always necessary to use bias fabric, but it does usually work the best for this process

Cut the pieces the desired width, then piece the together.

Place one piece on top of the other at a 90 degree angle

Leave about 1/4" extending on each piece of fabric





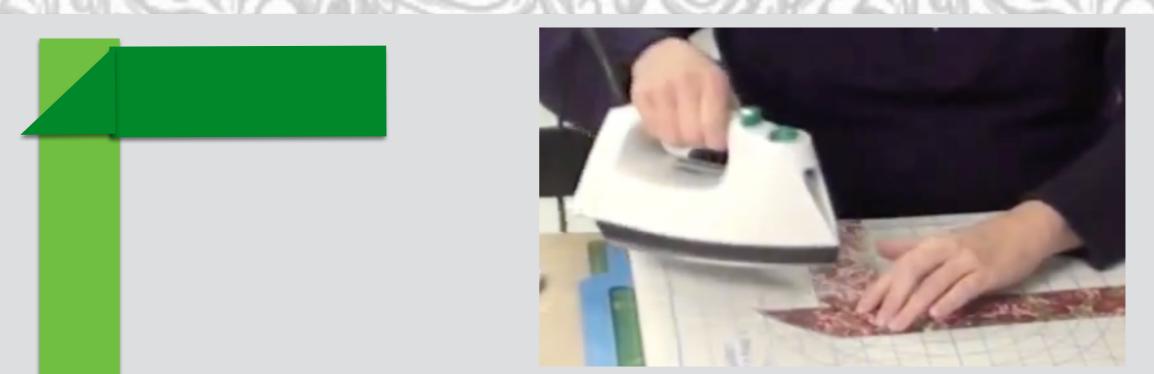
Think of these two pieces of fabric as a pair of pants.

The legs are hanging down

At the top you have the "crotch" (going up and down)

And the waistband goes across

You always want to sew the waistband



Fold the corner back to create nice straight line and press to form a crease Unfold the fabric so it is once again flat

Take the fabric to your sowing machine and stitch along the creased line.

Take the fabric to your sewing machine and stitch along the creased line

Trim the excess fabric so you have about a 1/4" seam allowance and press

Repeat for all the pieces that need to be attached.

Fold the strip of bias in half long ways

Start in the center of a long edge.

Leave about a 10" strip of fabric unattached

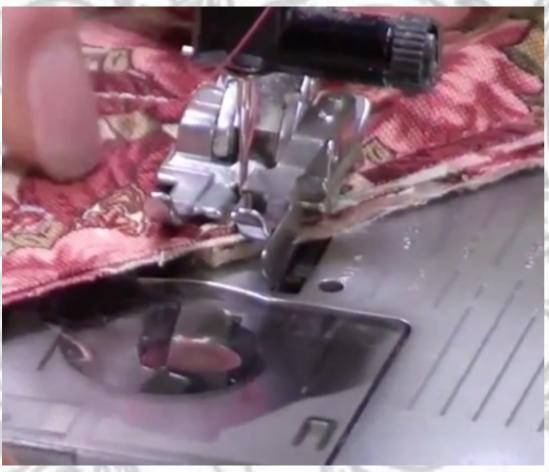
Mark 1/4" up from the edge of each corner

Line up the raw edges of your binding with the raw edges of your project and begin to stitch









When the NEEDLE gets to the pin, pivot 45 degrees and stitch off the edge of the bias and the project

Clip your threads and remove the project and the binding from the sewing machine.

Turn the project so the straight edge of the project you just stitched is positioned as you see in the picture.

Fold the binding up so you form a straight line from the project straight up the binding

Then fold the binding straight down, so you have a fold exactly straight at the top of the project and the raw edge of the binding is exactly straight with the raw edge of the next side of your project





Line up under the needle and stitch with a 1/4" seam to the next corner Repeat for all the corners

After stitching the last corner continue stitching a few inches on that side (this is the first side of the project you stitched)
Stop stitching about 6" from where you started.







Cut off some of the excess binding from where you started attaching it.

Make sure your cut is very straight



The distance that the binding needs to overlap is the exact width of the binding.

You can use a ruler to measure this distance, but I like to unfold the piece of binding I just cut off and line it up on the project.



Line up the other piece of binding, (the one that you ended with) on top, making sure to line everything up nicely.



Cut the excess binding so it is the exact width you need.





Lift the two ends of the bias up, and put the bottom sides together Unfold the bias and have right sides touching



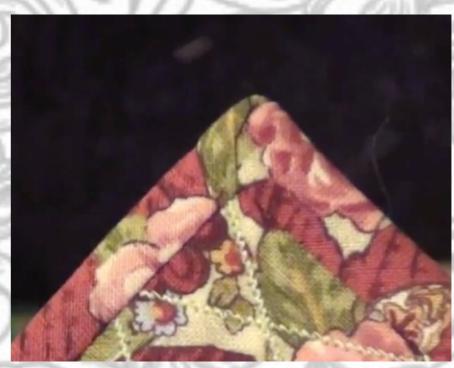


Turn the bias pieces so they are at right angles to each other and stitch the "waistband"









From the front press the binding out on all sides Apply school glue to the binding, and then press in place



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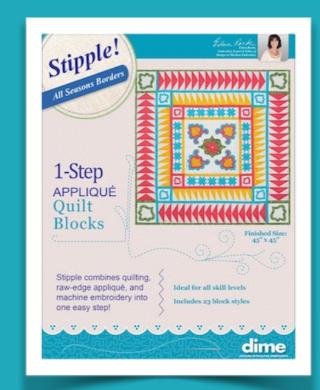
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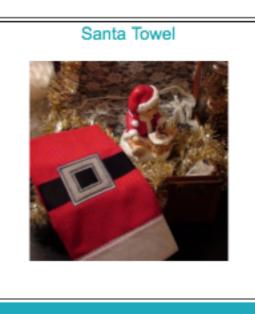
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## ThankYou!

And now it is YOUR turn to "Be the Difference"



