



Margaret Moorehead's

Virtual Sewing Guild

Webinar Series

Judy Kessinger

Fit Nice

**March
2017**





Margaret Moorehead's

Virtual Sewing Guild

Webinar Series
Starting Line-up



Linda McGehee
Ghee's



Margaret Moorehead
Virtual Sewing Guild



Judy Kessinger
Fit Nice Systems



Michelle Dorsey
SewMichelle



Linda Winner
Winner Designs



and
MORE

2000

2007

2012

2014

2017



Started teaching at Hancock Fabrics back in the eighties. I loved working one on one with ladies to help them fit themselves and that started FitNice in 2007

TWO PATTERNS...ENTIRE WARDROBE



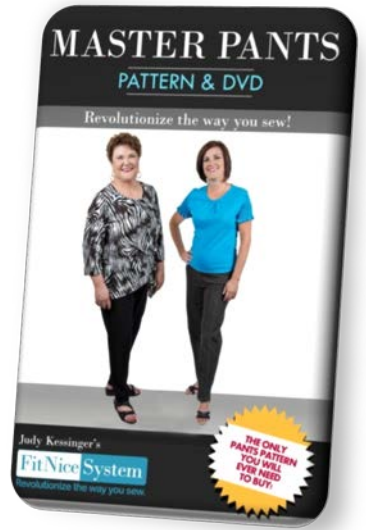
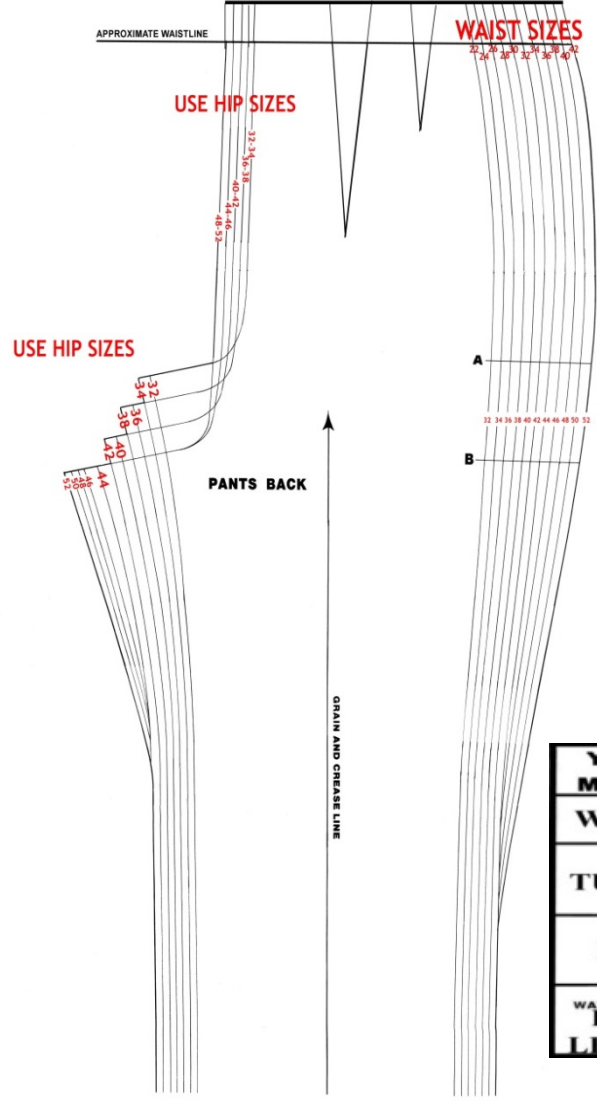
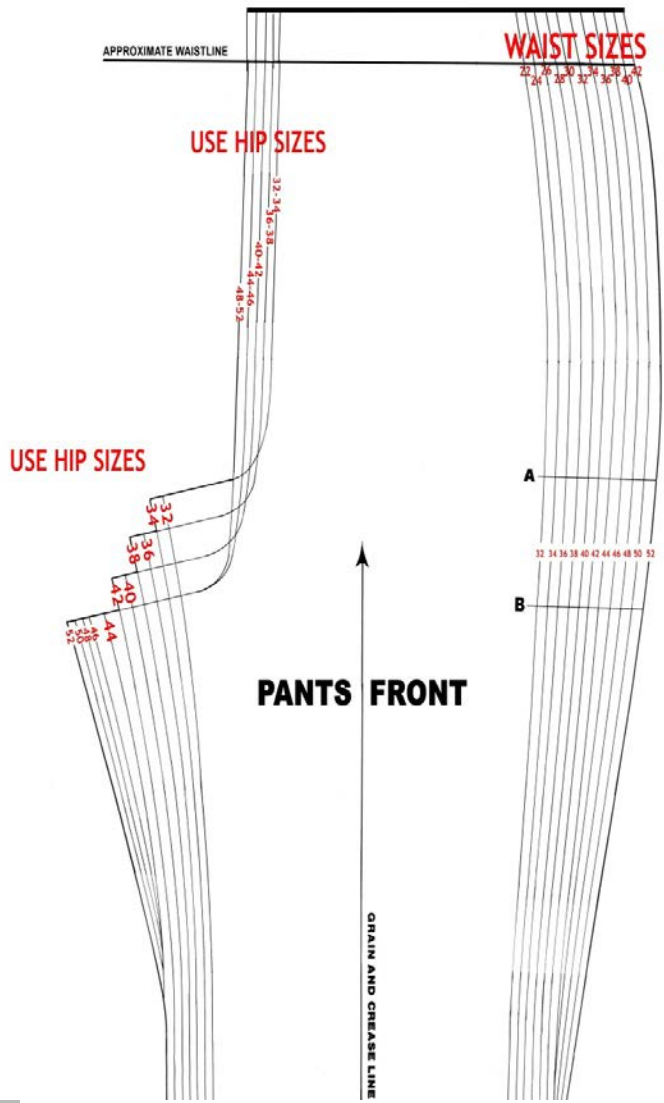
My theory of sewing garments---enjoy and love what you do without the stress.

All Patterns are created equal – front, back, sleeve, two legs – that is it!
Fit ,Comfort and Fashion are your goal.

We all dress more casual and that is what I am going to show you.

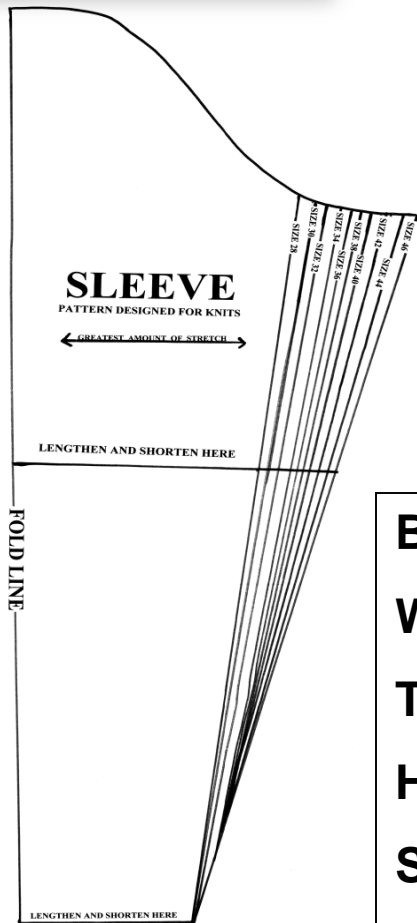
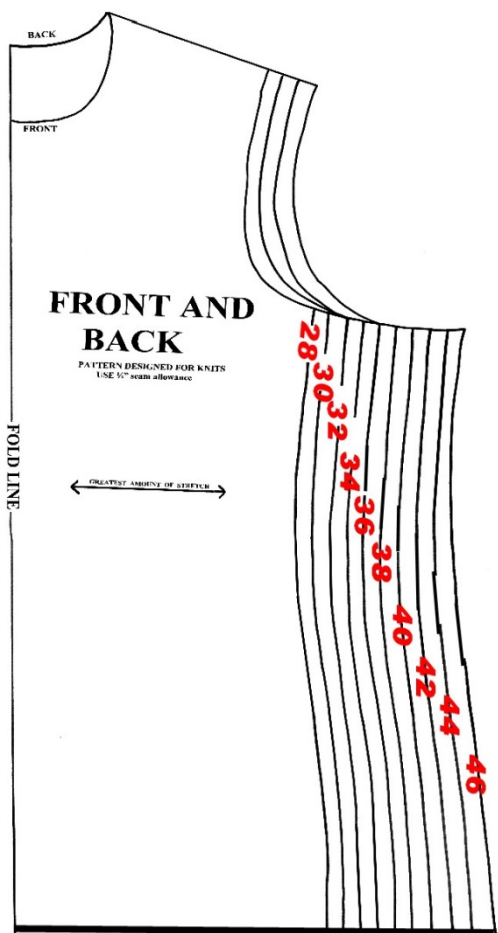
Again – we are after FIT, COMFORT and FASHION

PANT PATTERN



YOUR ACTUAL MEASUREMENT	USE THIS MEASUREMENT
WAIST <input type="checkbox"/>	YOUR ACTUAL WAIST MEASUREMENT <input type="checkbox"/>
TUMMY <input type="checkbox"/>	USE THE LARGEST NUMBER -- TUMMY OR HIP <input type="checkbox"/>
HIP <input type="checkbox"/>	<input type="checkbox"/>
WAIST TO FLOOR PANT LENGTH <input type="checkbox"/>	ADD 4" TO ACTUAL MEASUREMENT <input type="checkbox"/>

TOP PATTERN



BUST _____

WAIST _____

TUMMY _____

HIP _____

SLEEVE LENGTH _____

TOP LENGTH _____



Start with the MASTER TOP and KNIT FABRIC

My favorite knit is called
Sophia. But I love sweater
knit and ITY – Interlock
Twist Yarn



SOPHIA



SWEATER KNIT

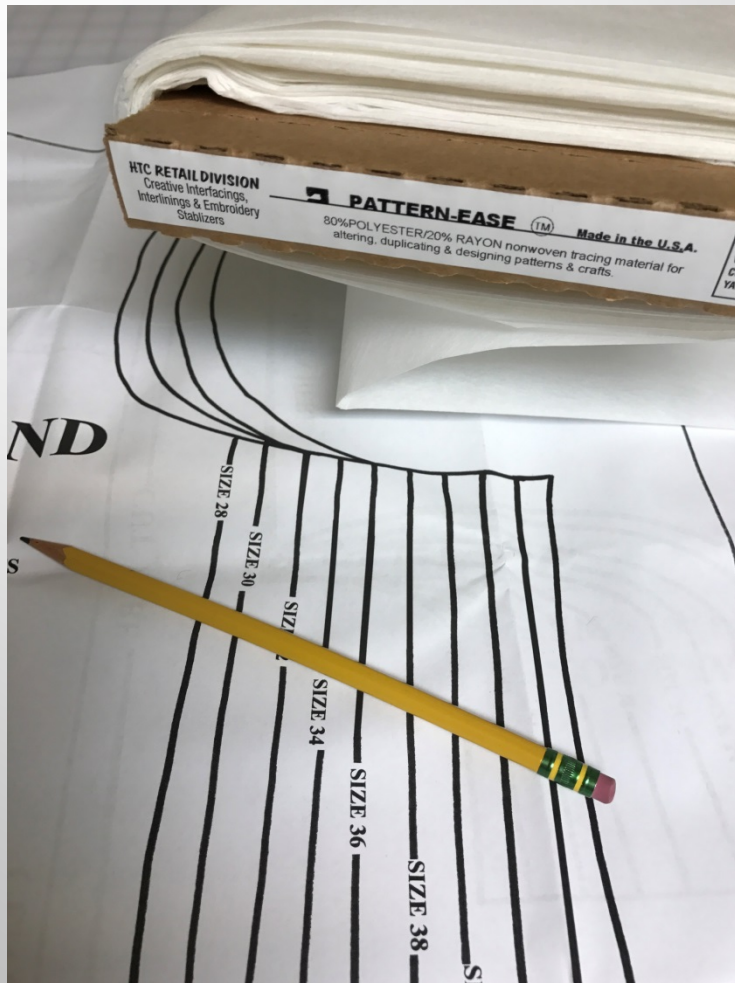


ITY

Let's talk about measuring



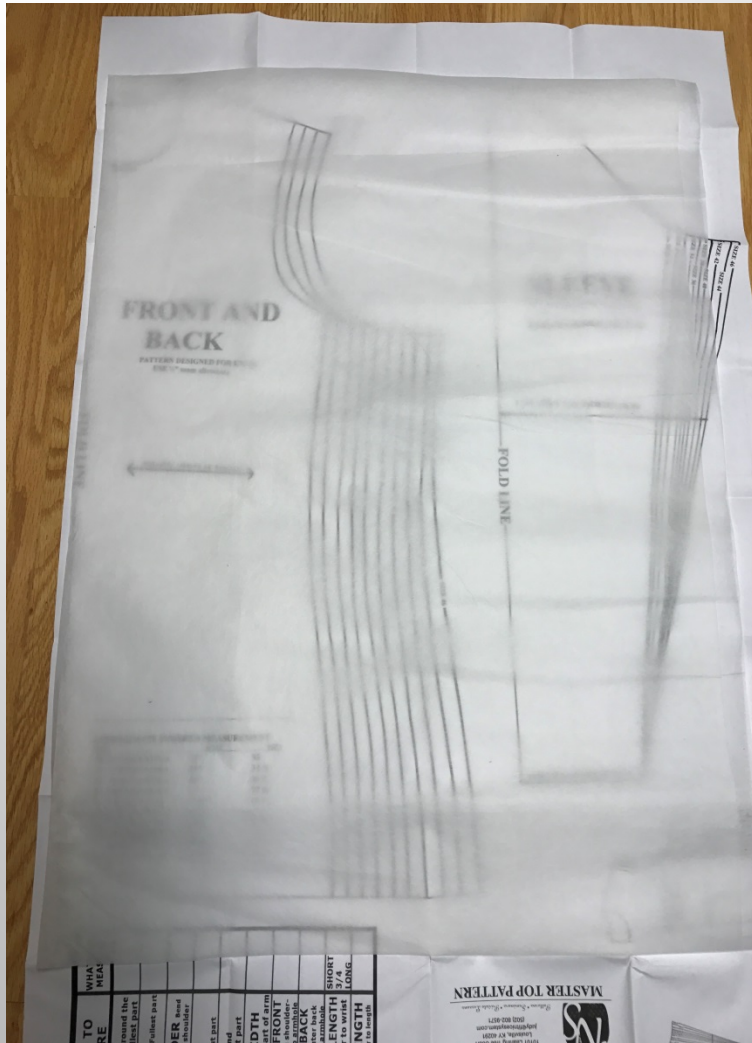
Stand in front of a mirror. Hold tape measure around you. Hold finger on number and write it on a sheet of paper.



Let's draft the pattern. My favorite product is Pattern Ease – it comes 45" wide and you can see through it. Let's you create on this product. Make ONE Master and then design from that! You will need your full size pattern, pattern ease and a pencil

Choose your size according to the chart in the bust and hip

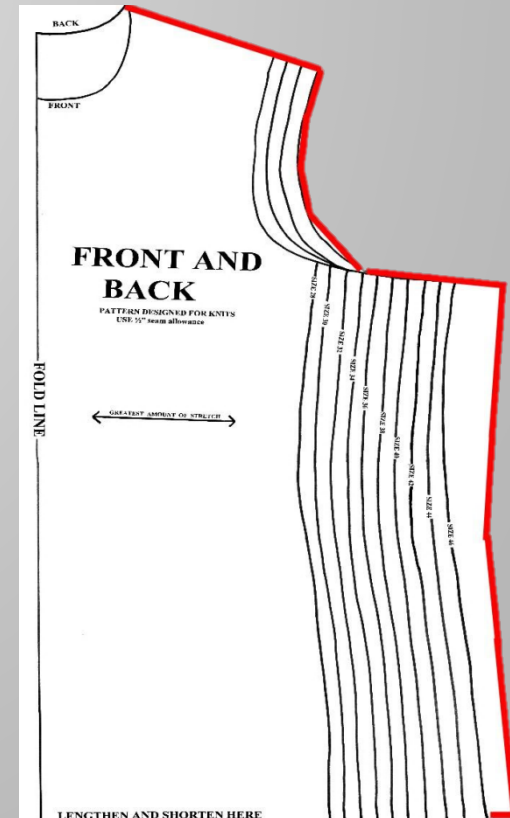
APPROXIMATE FINISHED MEASUREMENT			
SIZE		BUST	HIPS
28	FINISHES WITH A	32"	33
30	FINISHES WITH A	33"	33 ½
32	FINISHES WITH A	36"	36 ½
34	FINISHES WITH A	37"	37 ½
36	FINISHES WITH A	37 ½"	40 ½
38	FINISHES WITH A	40 ½"	41 ½
40	FINISHES WITH A	41 ½"	44 ½
42	FINISHES WITH A	44"	45 ½
44	FINISHES WITH A	45 ½"	48
46	FINISHES WITH A	48 ½"	49 ½



Lay the pattern ease on top of paper pattern and DRAW your size. This becomes your pattern and you do not cut up the paper one!

It really is just this easy!

You can add to this pattern or subtract from it when you draw





Cut out the pattern ease and bingo you have a FINISHED PATTERN--- MARK IT MASTER!
Draw the sleeve pattern
And you are ready to sew.

Once you have sewn and fitted to your comfort , make sure your pattern is the same as your garment. In other words – if you took in at the waist on your fabric, do the same to your pattern.

Now lets have some
FUN

*Go from simple TEE to
TERRIFIC*

ADD RIGHT ANGLES TO BOTH SIDES FRONT AND BACK FOR FUN





MAKE IT A VEST



**CUT TOP DOWN THE MIDDLE...V THE FRONT
NECKLINE... ADD A BAND...AND YOU HAVE A VEST**





It is much easier to draw whatever lines you want on the pattern — look in a mirror and decide if you like it BEFORE you cut it out of fabric!

Another idea with the right angle...turn to inside



**Glue zippers in place with Steam-A-Seam before stitching
Steam-A-Seam is sticky and helps holds items in place.**

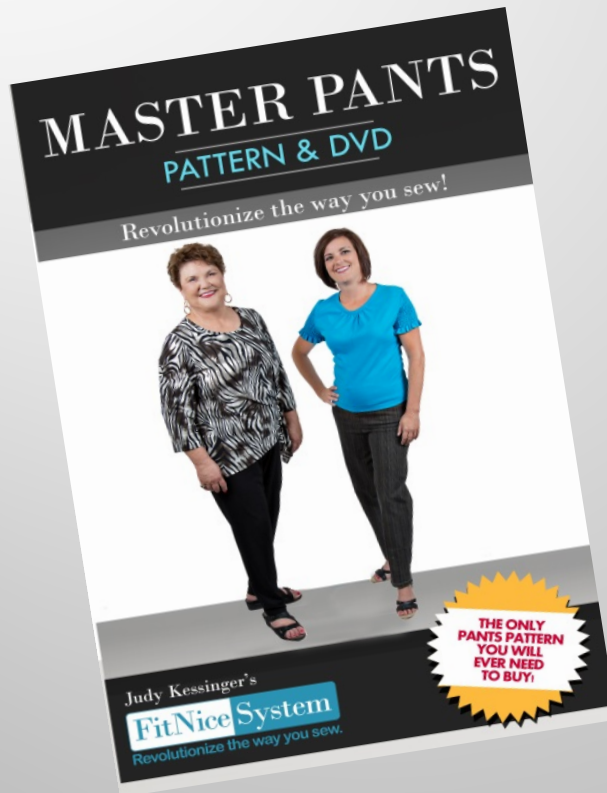


Coming up are yokes, rectangles , dolmans and dresses. Knits are fabulous fabrics--- but I like shopping the entire fabric store — wool, cotton, linen and my favorite--- leather. Wait till you see how easy it is to convert a simple tee to a simply amazing garment! Of course — the easy way!!!

Webinar Pattern Special


\$72 Includes US Shipping

- Master Top Pattern & DVD
 - Master Pants Pattern & DVD
- Retail \$80




- 400 Page Spiral Bound Workbook
- Over 80 Garments with QR codes
- Videos to show you how each one is created
- Glossary and explanations of sewing terms
- Beginner to experts sewers

DESIGN IT YOURSELF
A FitNice Workbook
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This Book is for ALL skill levels
Create an entire wardrobe with any basic pattern

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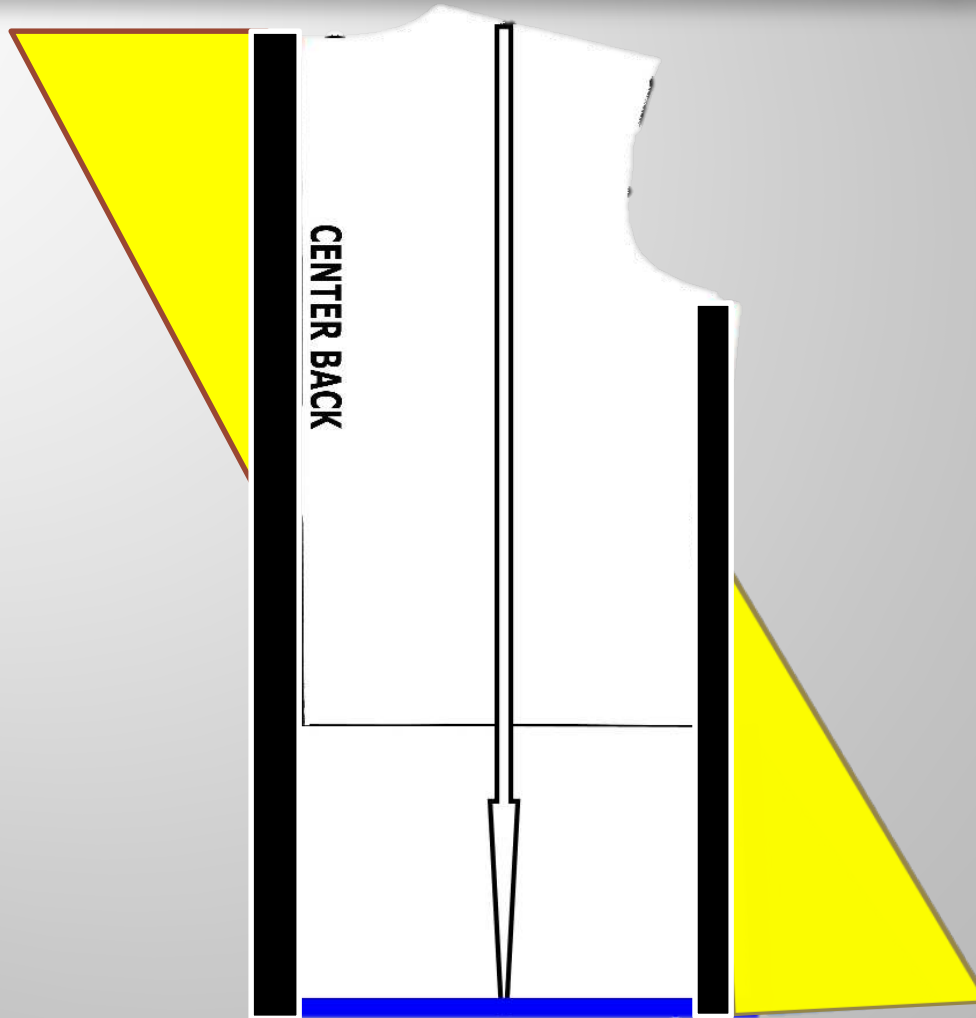
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To design a coat add the right angle to side of front only
and turn to add to the center front for quick lapel



**This fabric
is double
sided wool**



**Round the edges and
finish with the serger**



Add a yoke and lapel of a print for yet again another look



BACK with YOKE of PRINT

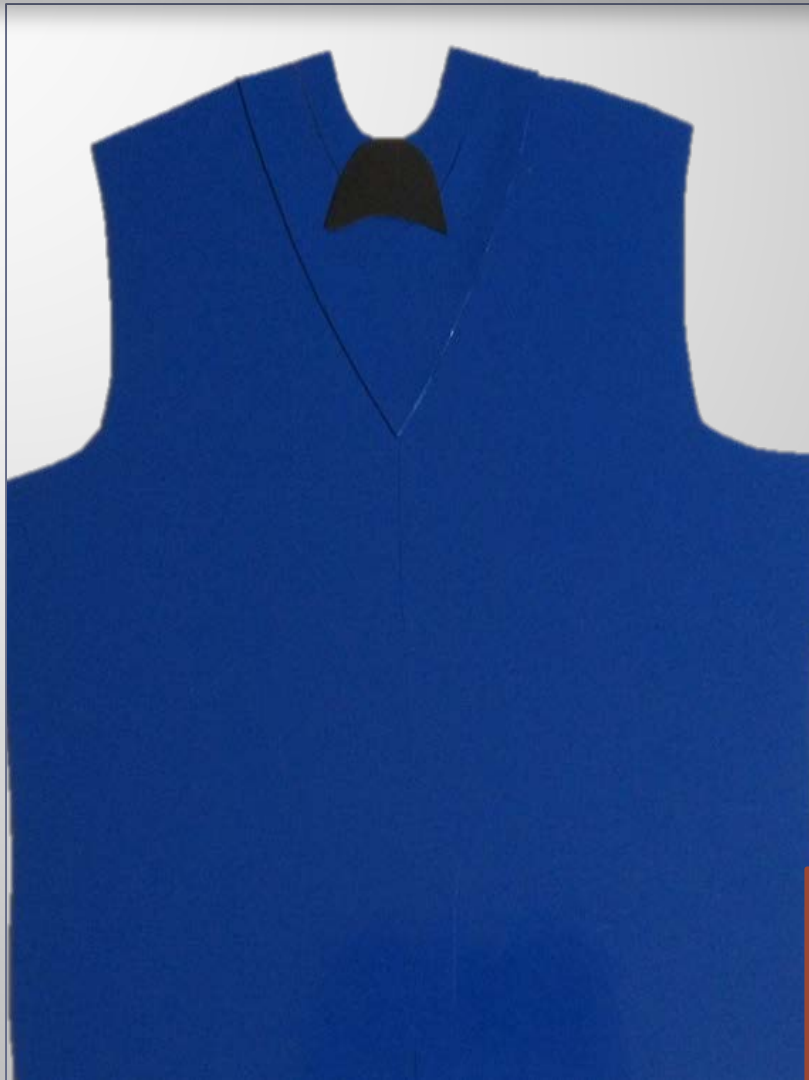


FRONT with YOKE and FACING



**Cut two facing and
fuse with French Fuse**

**ADD A RECTANGLE TO ONE SIDE OF FRONT AND
BACK..TIE FOR THE ASCYMETRICAL LOOK**



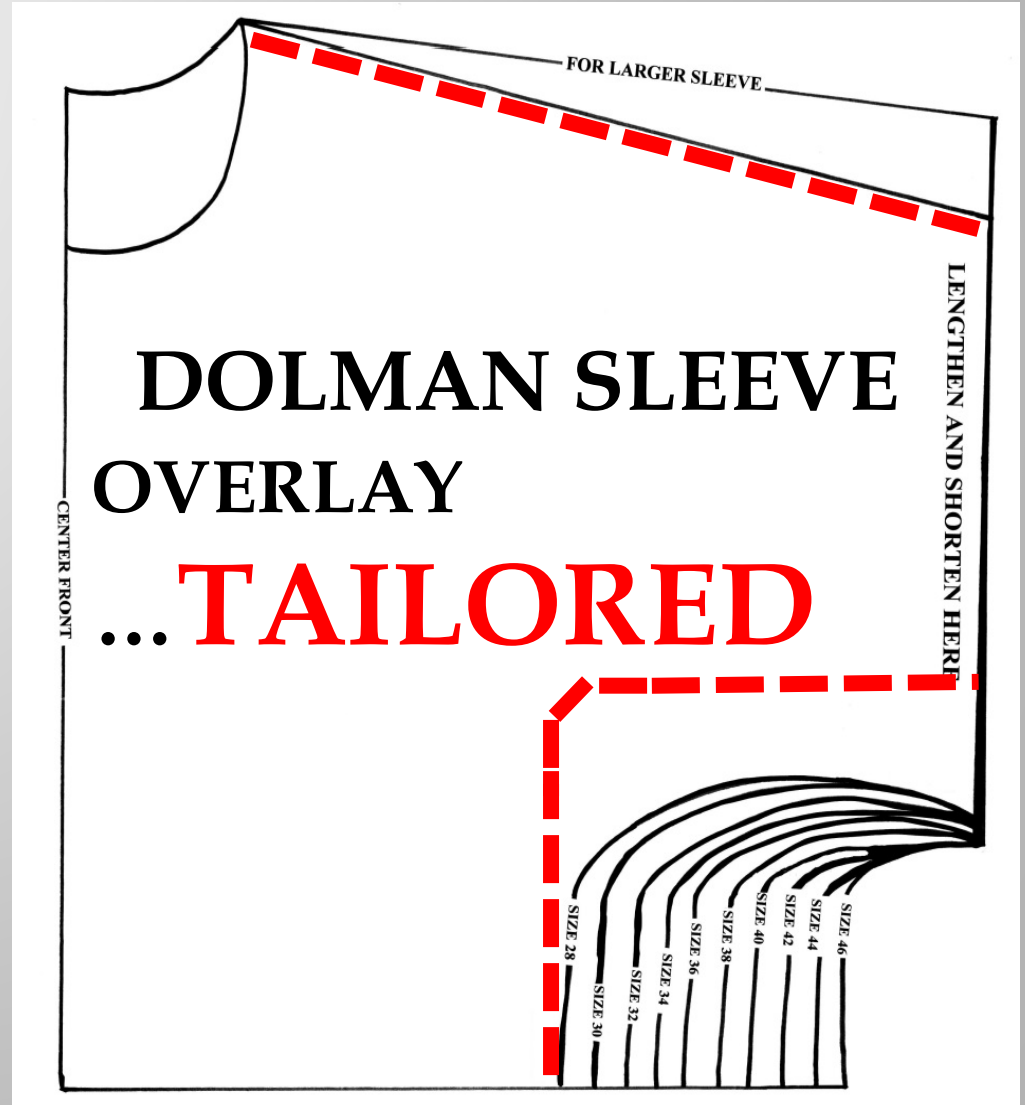
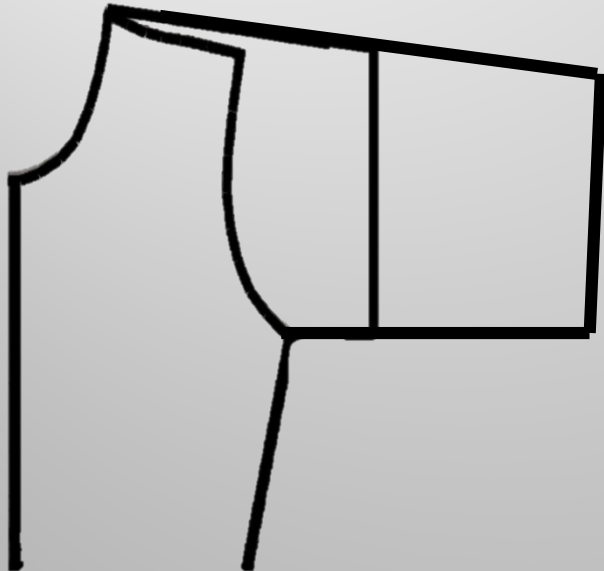
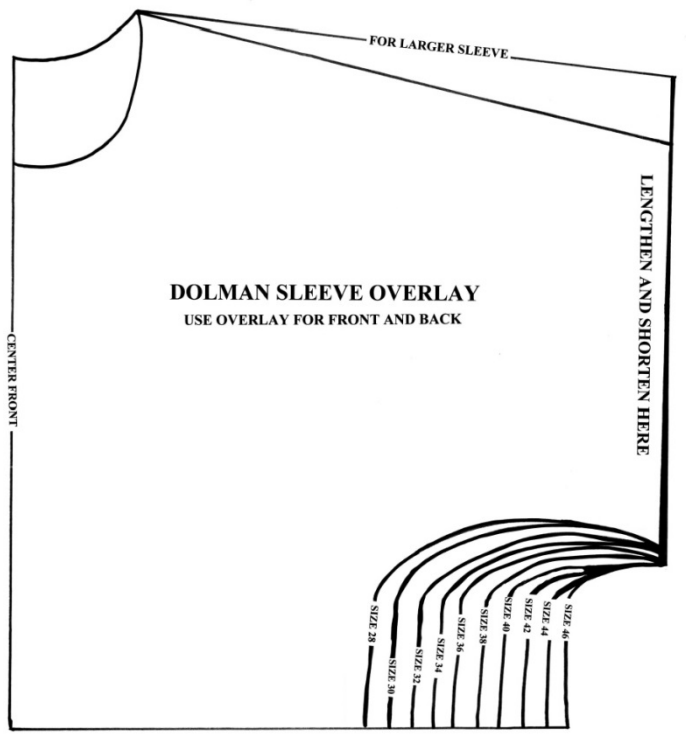






www.fitnicesystem.com

Dolman Sleeve



DOLMAN SLEEVE TOPS and SWEATERS



Make the
top into a
dress





KNIT JACKETS



Make pattern for WOVEN fabrics

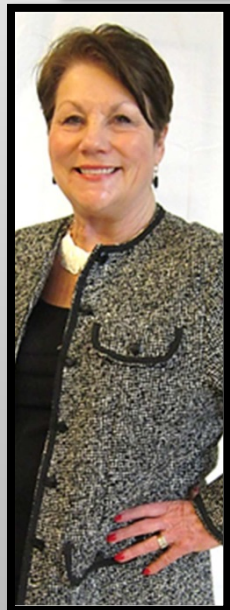
Add $\frac{1}{2}$ " to 1" to side seam and the same amount to side of sleeve.
How much you add depends on what you are making



SEW...what are you making? A blouse or a warm winter jacket?



WOVEN JACKETS

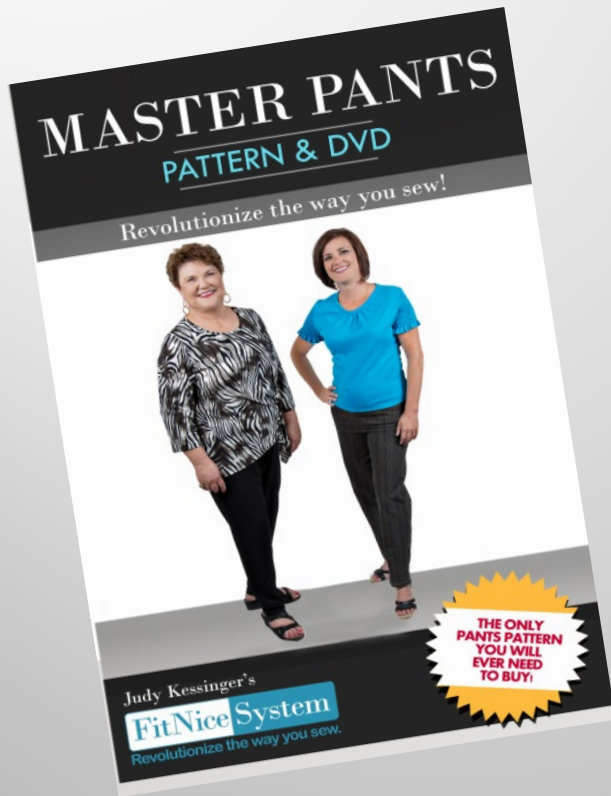


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TO ALL OUR SEWING FRIENDS....

THANK YOU

**AND
HAPPY CREATING!**

