



Margaret Moorehead's

Virtual Sewing Guild Webinar Series

Janet Pray

Islander Sewing Systems

**October
2017**





ISLANDER

Sewing Systems™

*“If you like to sew,
when you learn these techniques
YOU Will LOVE TO SEW!”*

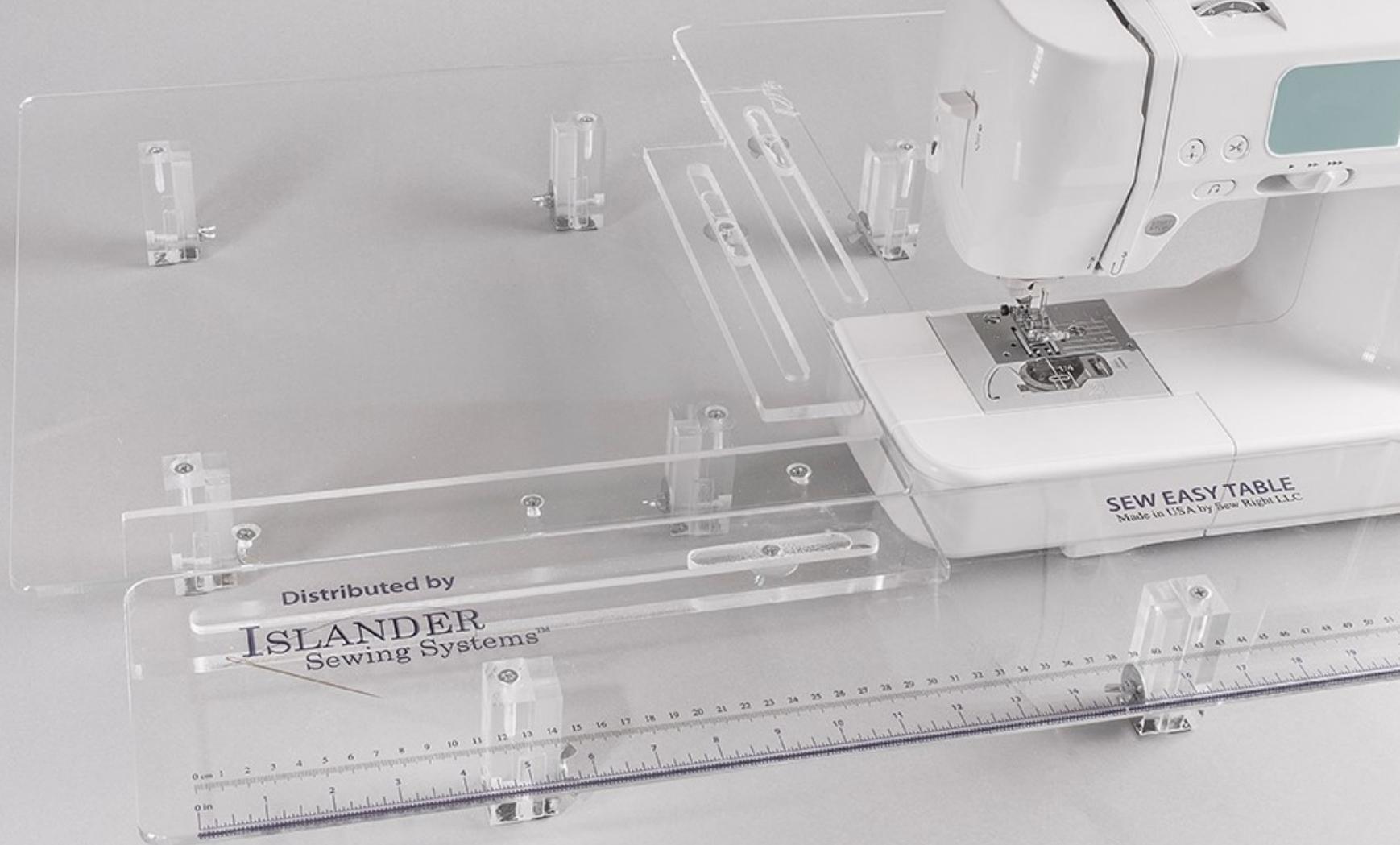
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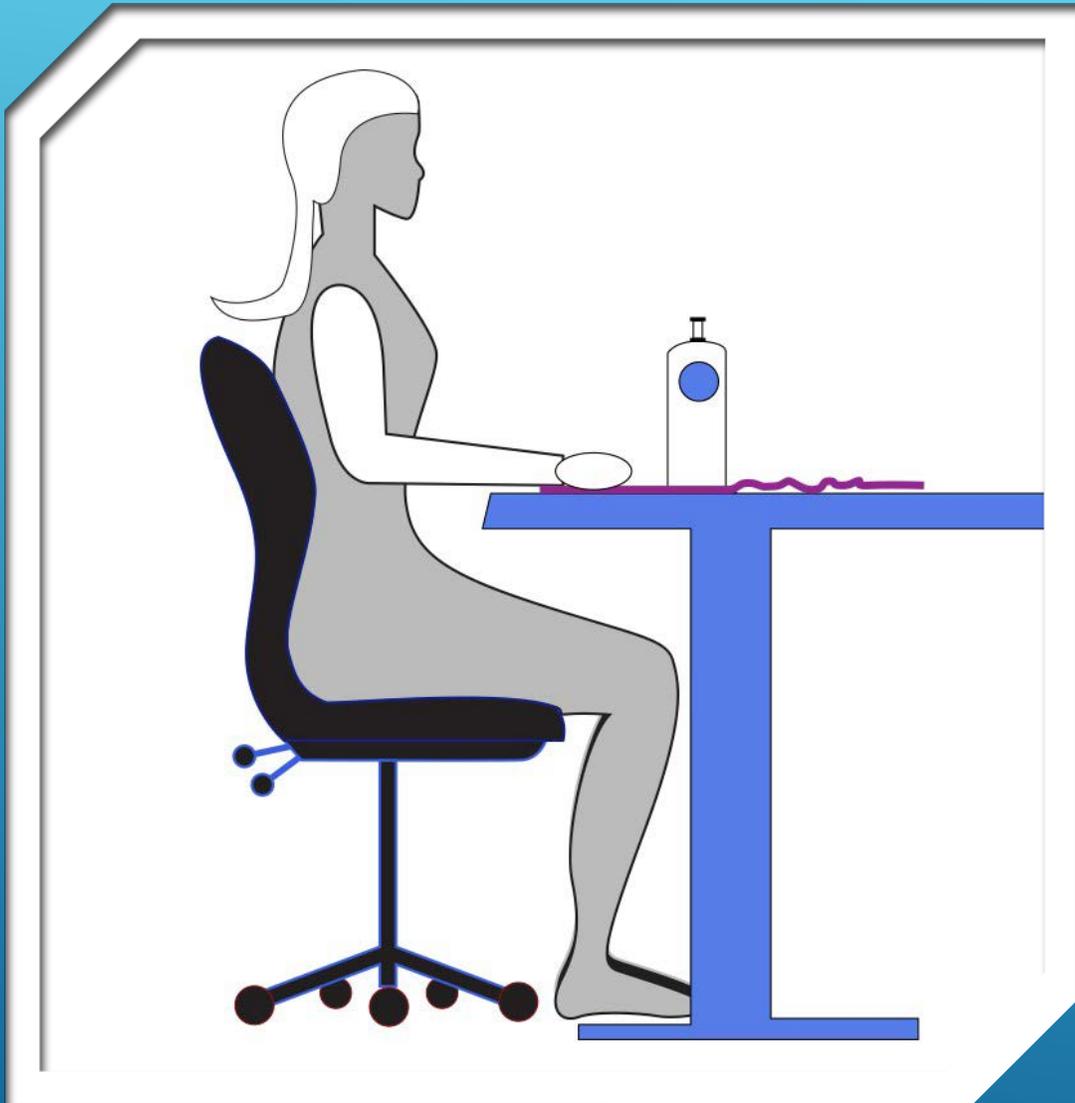
A FLAT SURFACE
AROUND THE
MACHINE BED IS
A MUST FOR
BETTER AND
EASIER SEWING

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An Extension Table can be purchased for any portable machine.



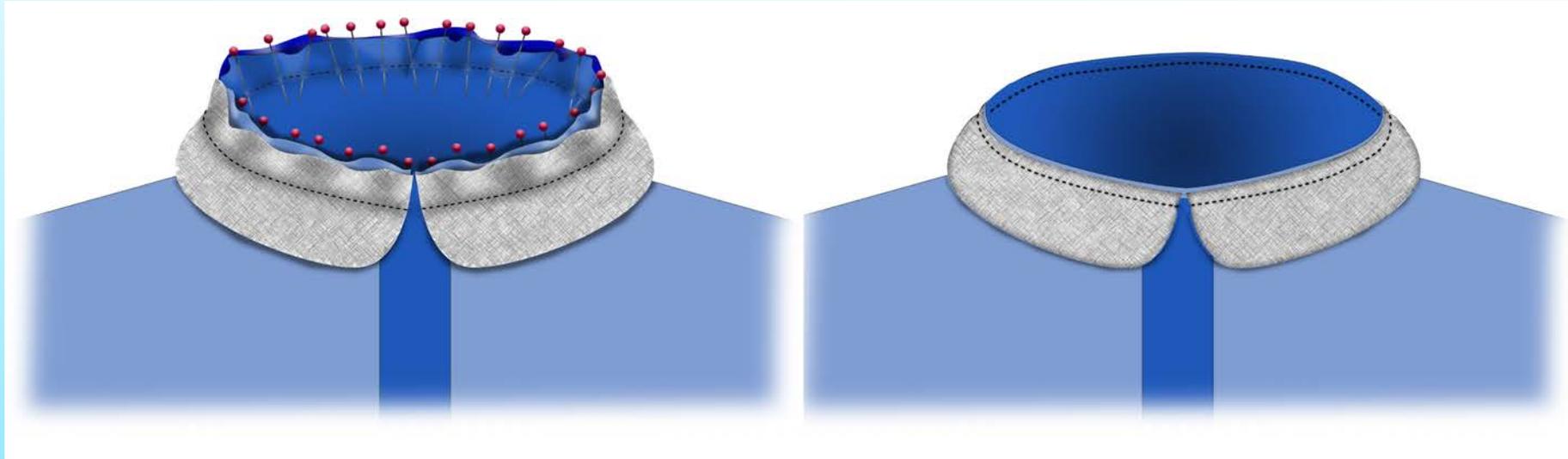
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- ▶ Elbows bent at 90 degree angle
- ▶ Knees bent at 90 degree angle
- ▶ Feet flat on the floor

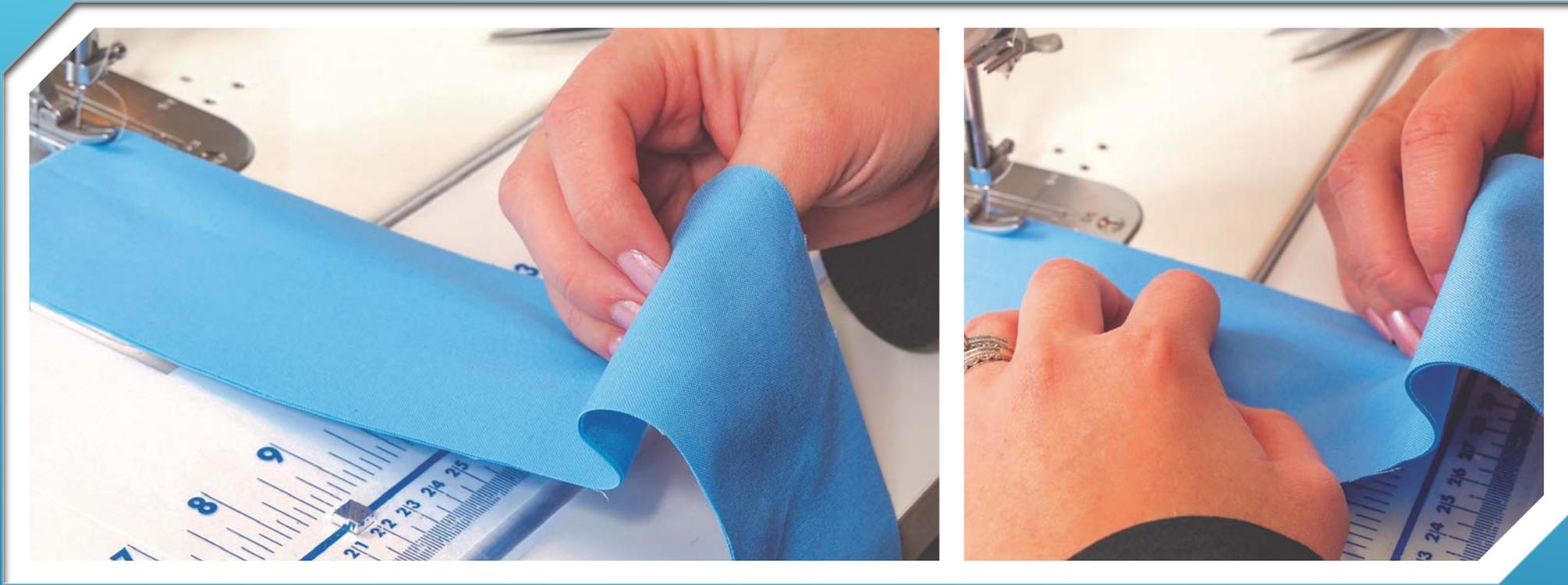
ERGONOMICS WHILE SEWING

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5/8" SEAM ALLOWANCE VS 1/4" SEAM ALLOWANCE

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THUMB UNDER FINGERS ON TOP!

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**REMEMBER
THUMB UNDER
FINGERS ON TOP!**

INSERTING A SLOT ZIPPER

In 90 seconds or less!

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After applying interfacing to the seam allowance, RST, with a 5/8" seam, stitch only from the bottom of zipper opening down to end of seam.

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After pressing the complete seam allowance open $\frac{5}{8}$ " , chalk a fine line $\frac{1}{4}$ " from the folded edge on both sides of the zipper opening.



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Place the zipper stop at precisely $\frac{3}{8}$ " from top. Align zipper teeth to be flush with the folded edge. Holding zipper and fabric, thumb under, fingers on top, stitch down to near bottom.



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Stopping with the
needle down, raise
the foot and pull the
slider to the top of the
zipper. Lower foot.



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Continue stitching to just below the bottom stop. Turn the corner and stitch across.



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Stitch to near the top.
Stopping with the needle
down, lift the foot and pull
the slider down past the
foot. Lower the foot
and complete stitching to
the top.



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With very little practice,
you too will be inserting
zippers in 90 second!



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**REMEMBER
THUMB UNDER
FINGERS ON TOP!**

PROPER UNDERSTITCHING

So important and yet
many don't use it or
don't understand it!

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After stitching a curved seam like a neckline or armhole to a facing or lining at $\frac{1}{4}$ " seam allowance, make clips in the seam allowance approximately $\frac{1}{4}$ " apart. It is very important to clip ends as close to the stitching as possible.



Press the seam allowance toward the facing or lining.



From the right side, keeping the seam allowance toward the facing, topstitch very, very close to the ditch. Do not go in the ditch but stay a needle width away!



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After Understitching properly the neckline will have a smooth curve, lay nicely against the body and the facing will NEVER show!

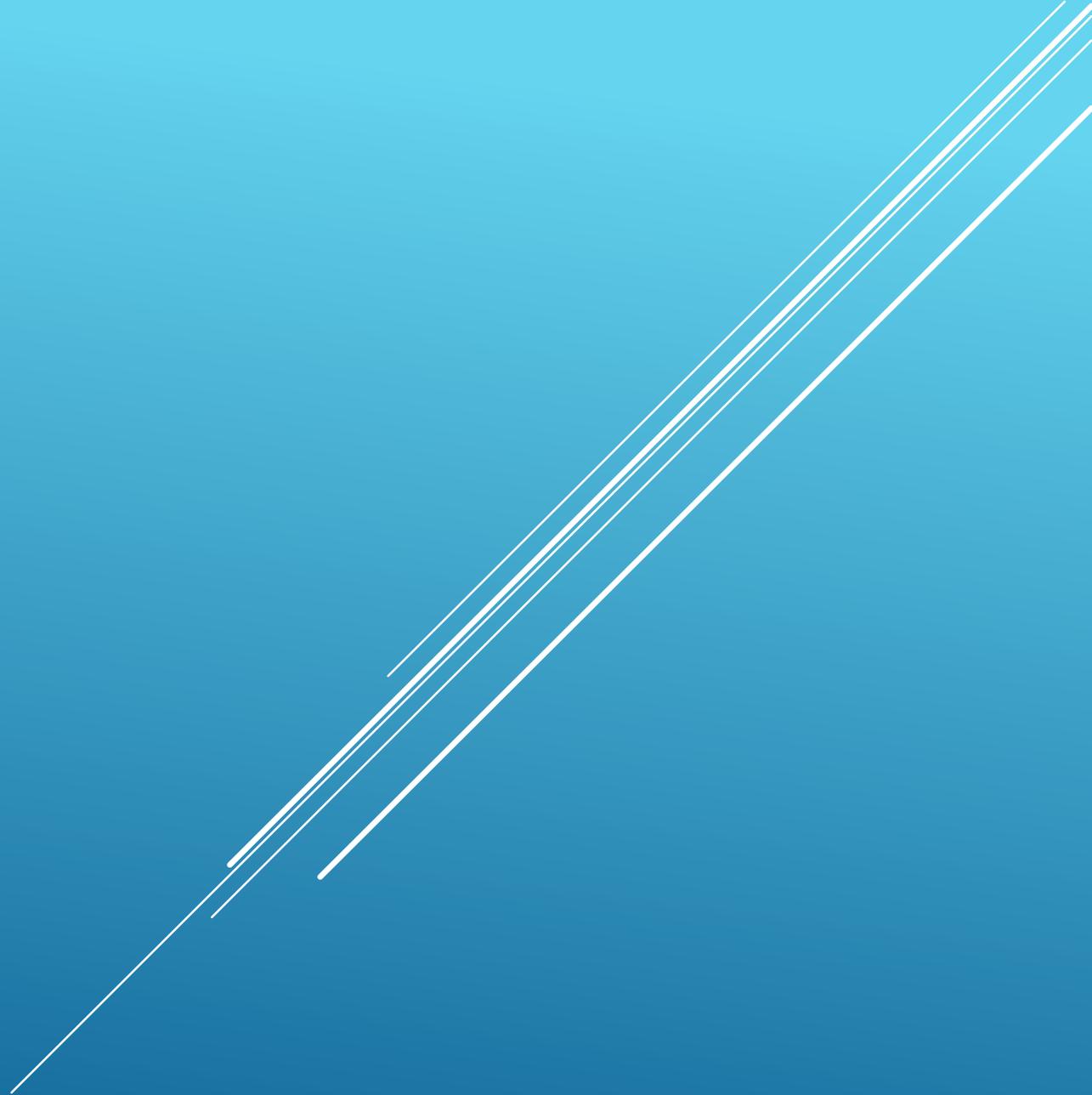


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SLEEVE & PANT



Package #1 - Fast & Fabulous, Five Easy Tees, Women's Shirt Maker's Express

Retail Value **\$71.85** Webinar Special only **\$61.00** (includes shipping within the continental US)

Place orders at VirtualSewingGuild.net

ISLANDER Sewing Systems™ Includes Women's Sizes VS - 4X

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Fast & Fabulous #230 Design by Janet Pray

Welt Pockets
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Five Easy Tees #231 Design by Janet Pray

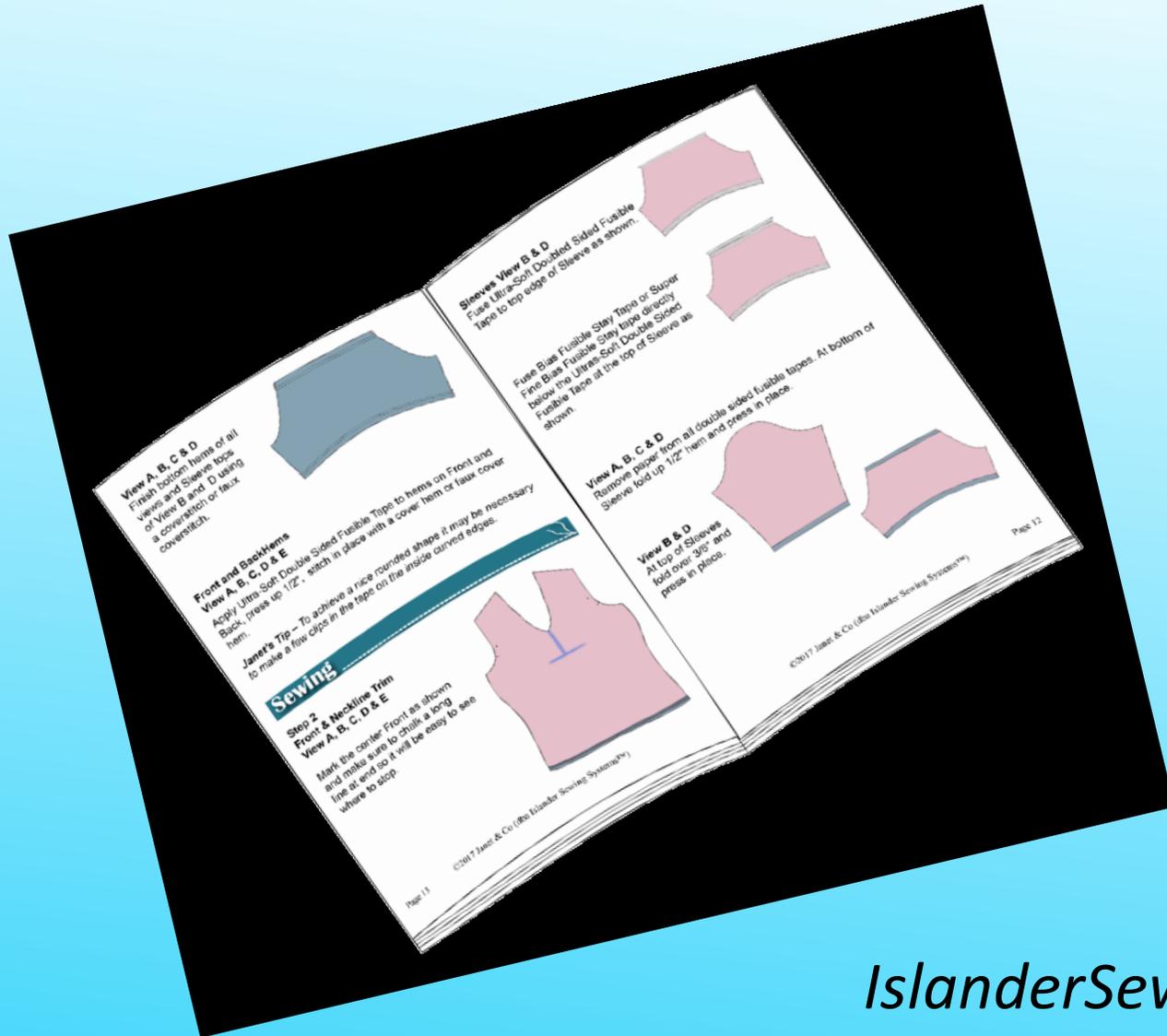
Hemming Knits
Neckline Trim

ISLANDER Sewing Systems™ Women's Sizes VS - 4XL IPCA

Shirt Maker's Express #227 Design by Janet Pray

Collar, Cuffs, Yoke
Shirttail hem

Express Construction Order with Comprehensive Pattern Guide and Step-by-Step Illustrated Instructions.



Five Easy Tees #231

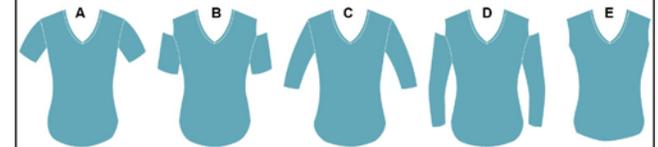


Five Easy Tees allows you to make a wardrobe of cute to elegant knit tops. With two main bodies, this pattern features five different sleeve options and two hem shapes. The V-neck construction is deceptively easy with a light ruching at the center bust. The T-shirt style fit flatters all figures and can be dressed up or down by the choice of fabric and accessories. The options are endless, so let the fun begin!

Retail Size	2	4	6-8	10-12	14	16	18-20	22-24	26-28	30-32	34-36
Sizes	VS	XXS	XS	S	M	L	XL	1X	2X	3X	4X
Bust	32-33	34-35	36-37	38-39	40-41	43-44	45-46	48-50	52-54	56-58	60-62
Waist	23-24	25-26	27-28	29-30	31-32	33-34	36-37	38-40	42-44	46-48	50-52
Hip	33-34	35-36	37-38	39-40	41-42	43-44	45-46	48-50	52-54	56-58	60-62

Finished Garment Measurements	VS	XXS	XS	S	M	L	XL	1X	2X	3X	4X
Sizes	VS	XXS	XS	S	M	L	XL	1X	2X	3X	4X
Bust	31	33	35	37	39	41	43	46	50	54	58
Waist	29½	31½	33½	35½	37½	39½	41½	44½	48½	52½	56½
Hip	32	34	36	38	40	42	44	47	51	55	59
Back Length A	22¾	23¾	23¾	23¾	24¾	24¾	25	25½	25½	26½	26½
Back Length B	23¾	24¾	24¾	24¾	25¾	25¾	26	26½	26½	27½	27½

Yardage 54" - 60"	VS - XL	1X - 2X	3X - 4X
View A	1 1/2 yards	1 1/2 yards	1 3/4 yards
View B	1 1/2 yards	1 1/2 yards	1 3/4 yards
View C	1 1/2 yards	1 1/2 yards	1 3/4 yards
View D	1 3/4 yards	1 3/4 yards	1 3/4 yards
View E	1 yard	1 yard	1 3/4 yards



Notions:

100% polyester sewing thread or Eloflex thread by Coats, Double Sided Fusible tape, Super Fine Bias Fusible Stay Tape, 1/4" clear elastic. Elastic and tapes available at: Islandersewing.com

Suggested Fabrics:

Medium to light weight soft, draping knits such as Bamboo, Rayon, ITY, Jersey single knits



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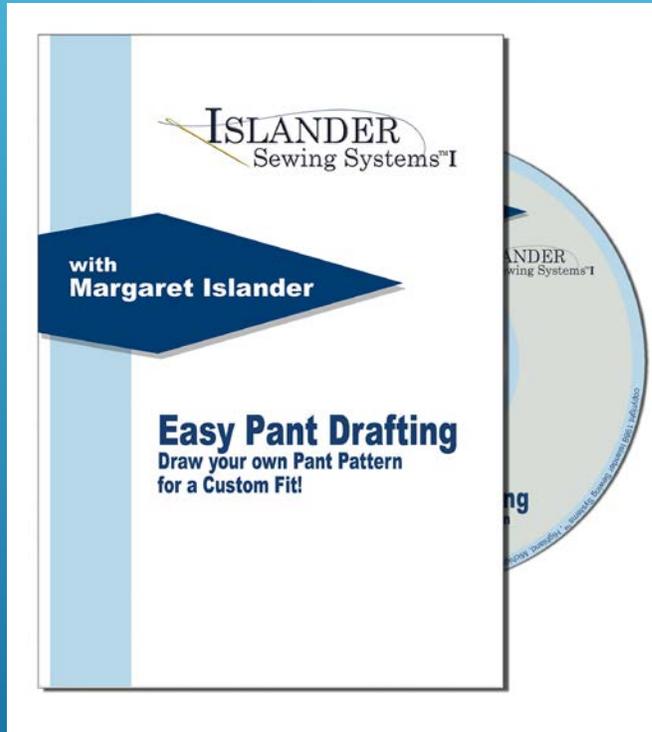
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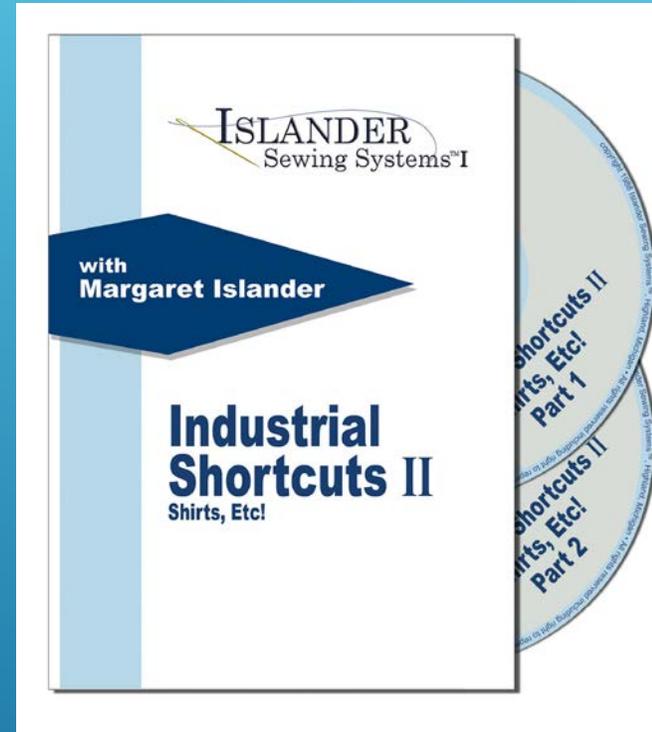
Package #2 – Easy Pant Drafting DVD and Workbook plus Industrial Shortcuts II, Shirts Etc. DVD

Retail Value **\$113.90** Webinar Special only **\$97.** (includes shipping within the continental US)

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**Precise Measuring, *Custom Pant Draft*,
Converting to many styles or use as sloper
Includes 66 page workbook**



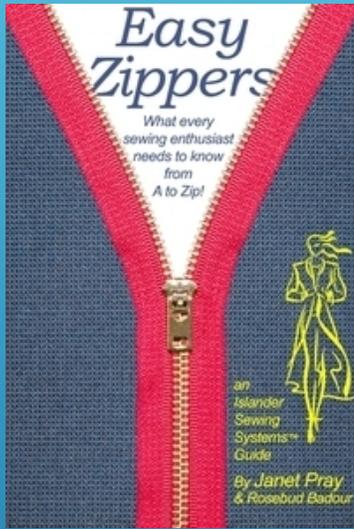
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No pins, No basting, No Kidding!**

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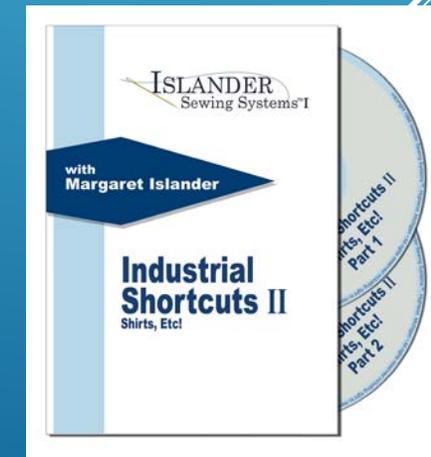
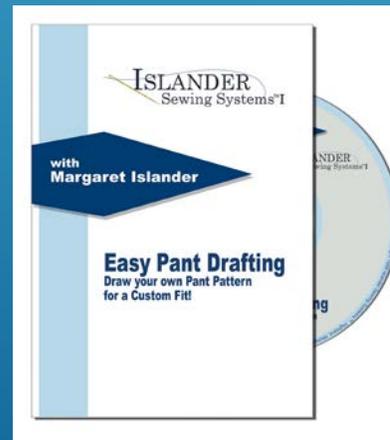
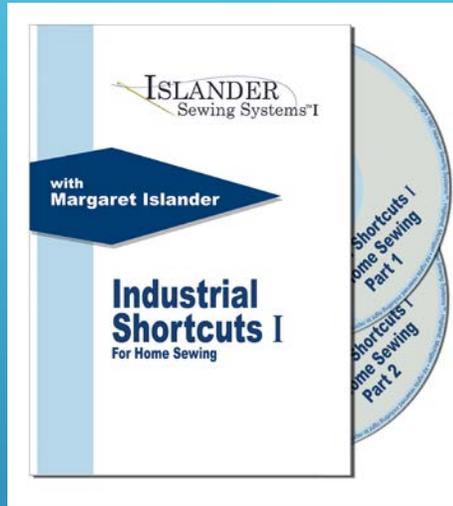
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Five Zipper Insertions
No pins, No basting!
Slot, lap, invisible, fly
and mock fly.

Learn to sew without pins. Includes: pockets, waistbands, zippers, flat felled seams, darts and much, much more!



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SETTING FLAT CAP SLEEVE

Easier than you think!

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Place the sleeve on the machine bed, right side up and the shirt on top of the sleeve, wrong side up.



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Align the sleeve and shirt at the underarm and stitch up to the notch. Stop with the needle down.



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Thumb under, fingers on top, grasp the shirt and sleeve matching the notch to the shoulder seam. Note - the sleeve is a bit longer than the shirt at this point.



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Still holding the notch to shoulder seam with right hand, put the left hand between the shirt and sleeve. While you stitch, use finger tips to gently pull the sleeve back until it meets the armhole. Stitch up to shoulder seam.



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Find the next notch; hold with thumb under, fingers on top and repeat with left hand pulling sleeve excess until it meets the armscye. Do this as you sew.



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Complete sewing to underarm edge.



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SMOOTH,
CLEAN
SLEEVE CAP
Every time!



**REMEMBER
THUMB UNDER
FINGERS ON TOP!**

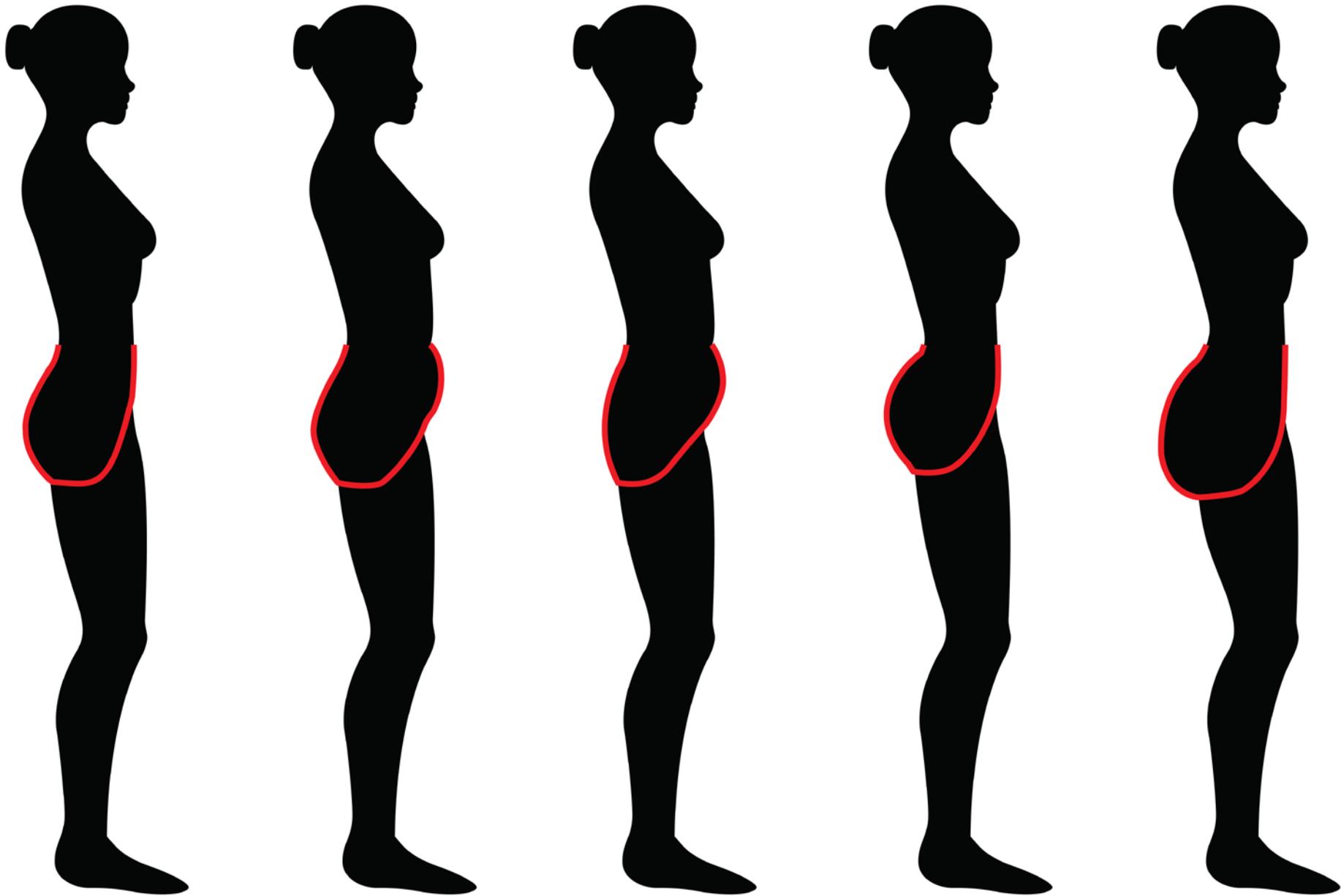
THE ONLY WAY TO GET
WELL FITTING PANTS
EVERY TIME!

Creating the Pant Sloper

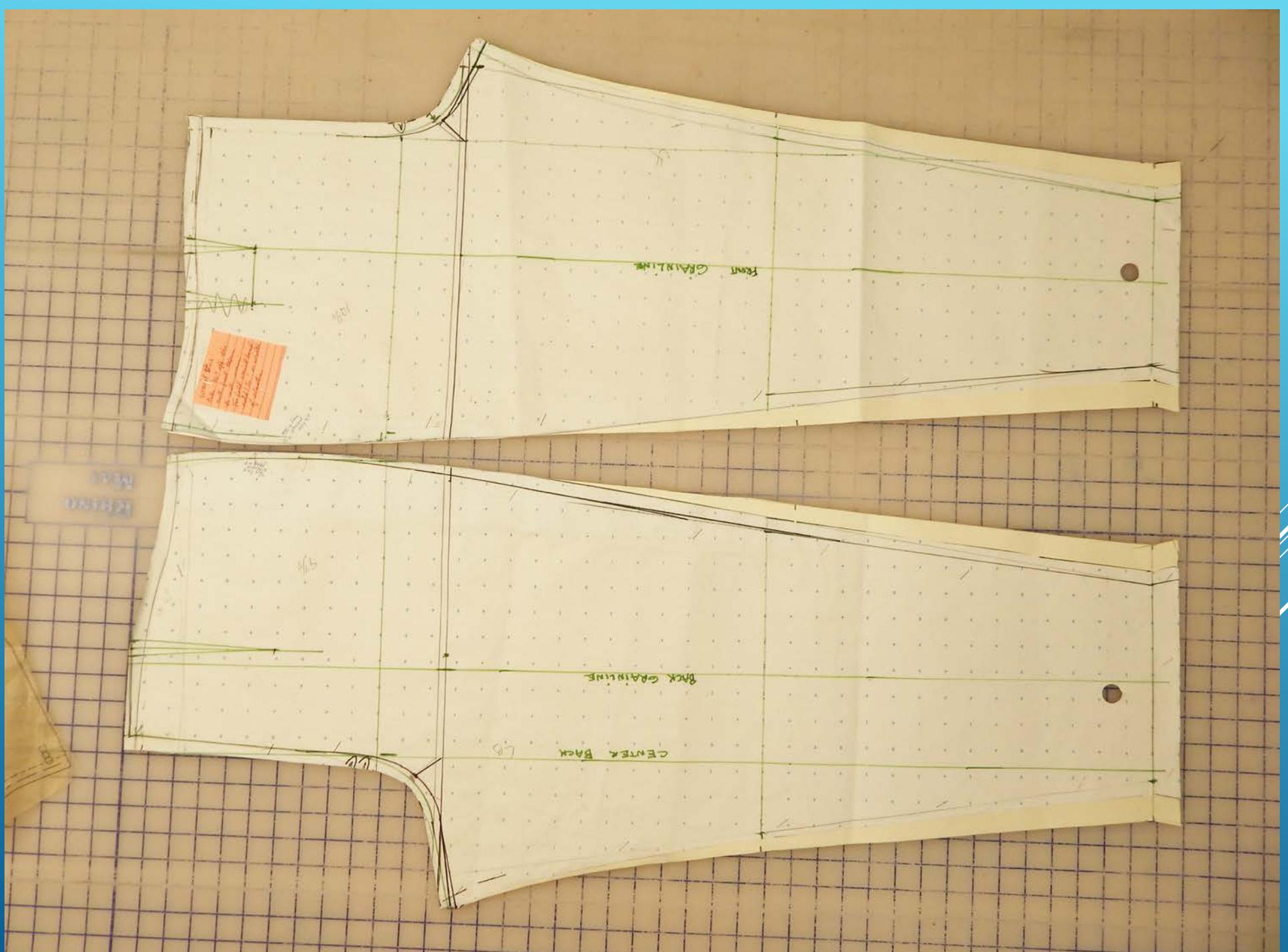
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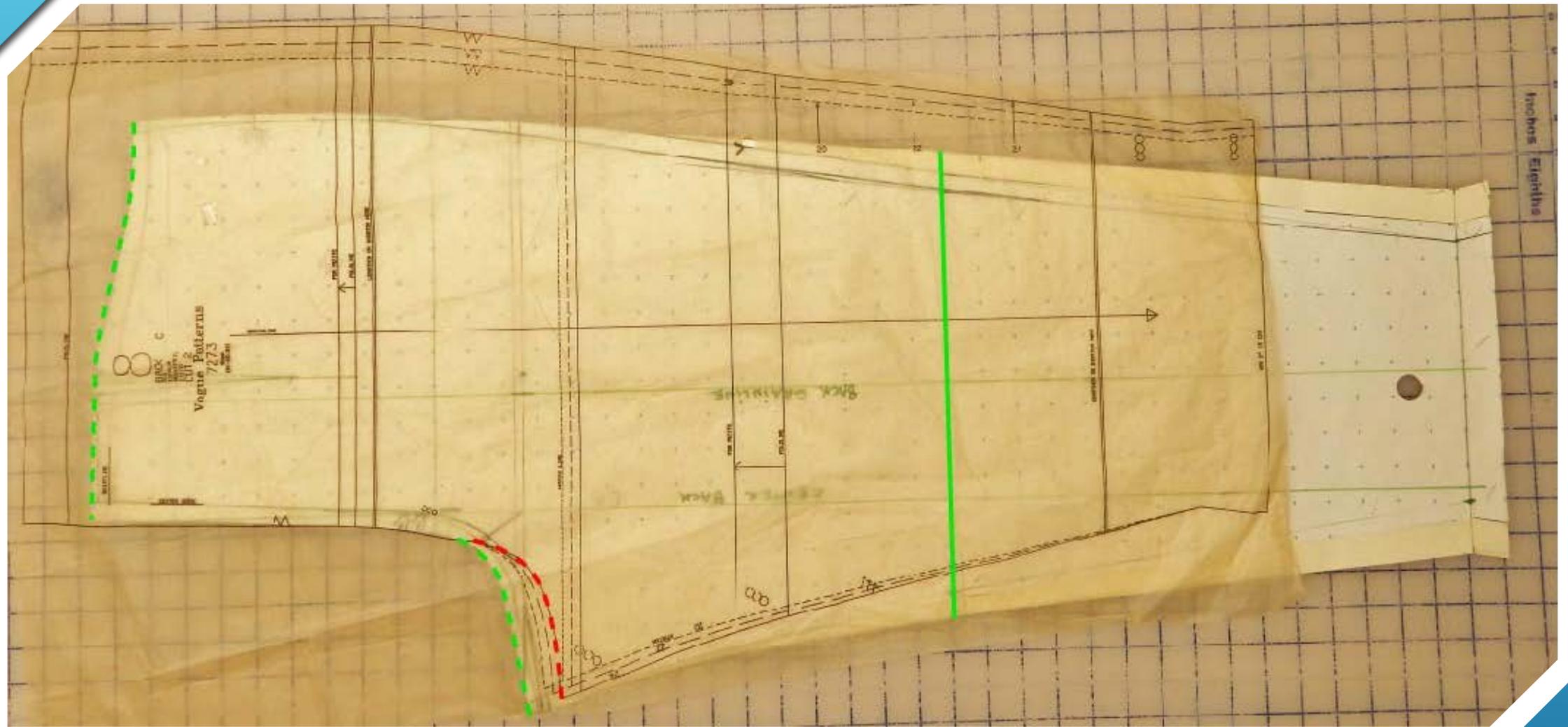




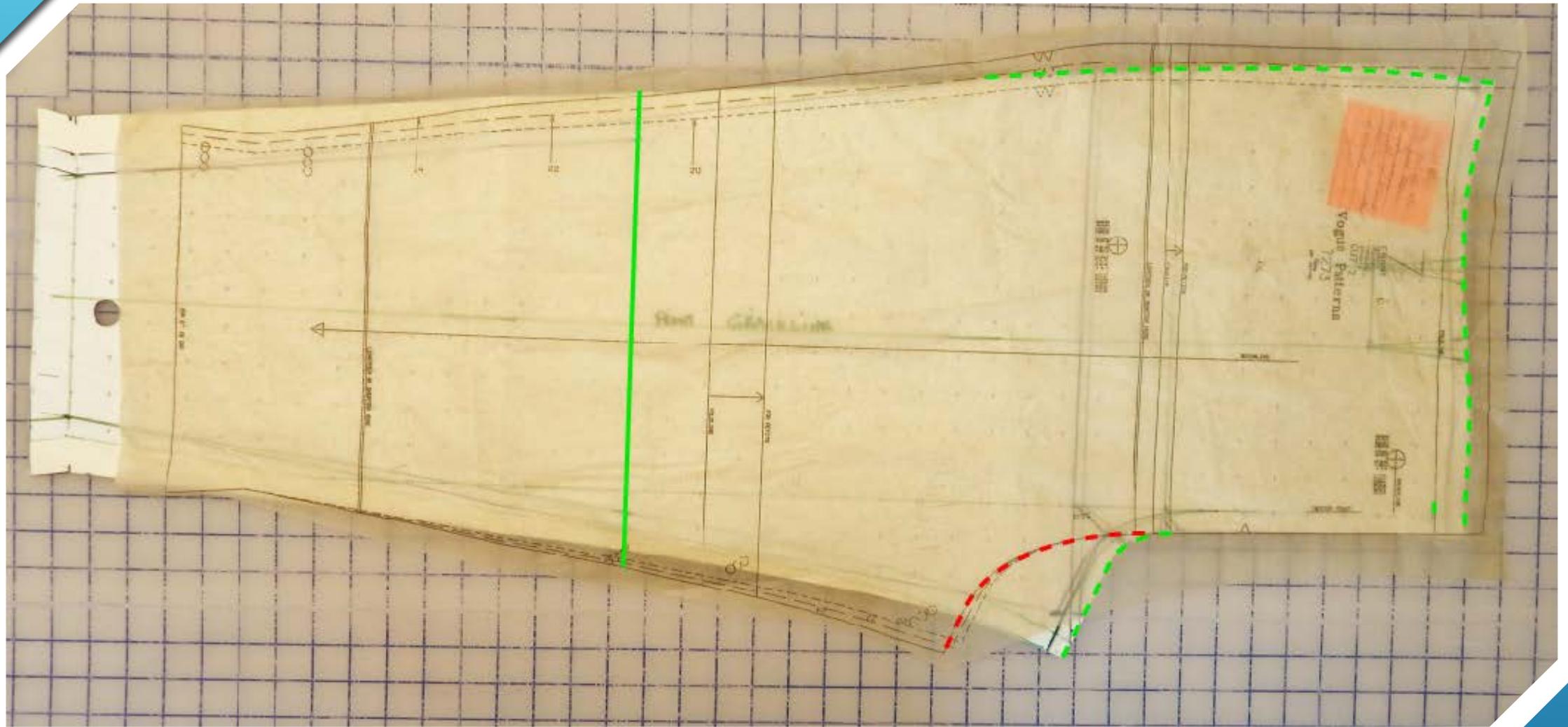
Basic Pant Sloper



Red line = Pattern cutting line
Green line = Sloper cutting lines and knee location



Red line = Pattern
Green line = Sloper





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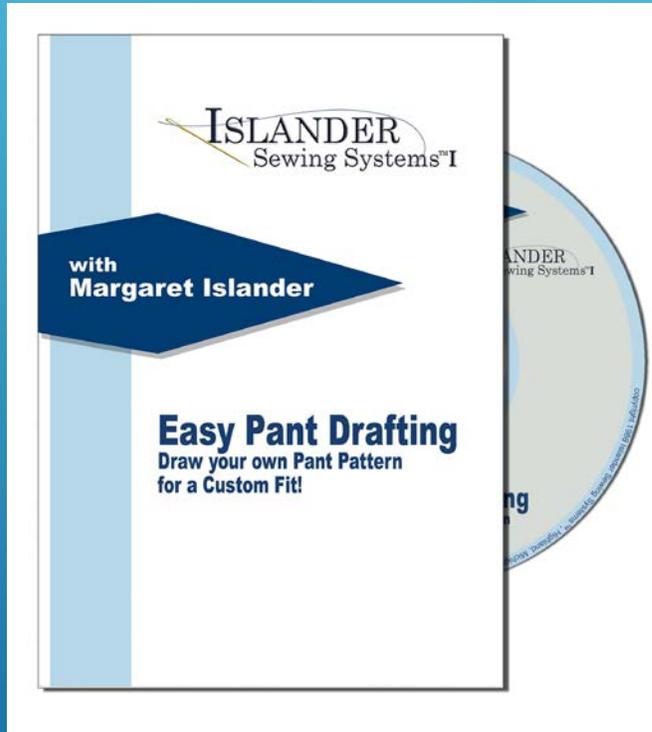
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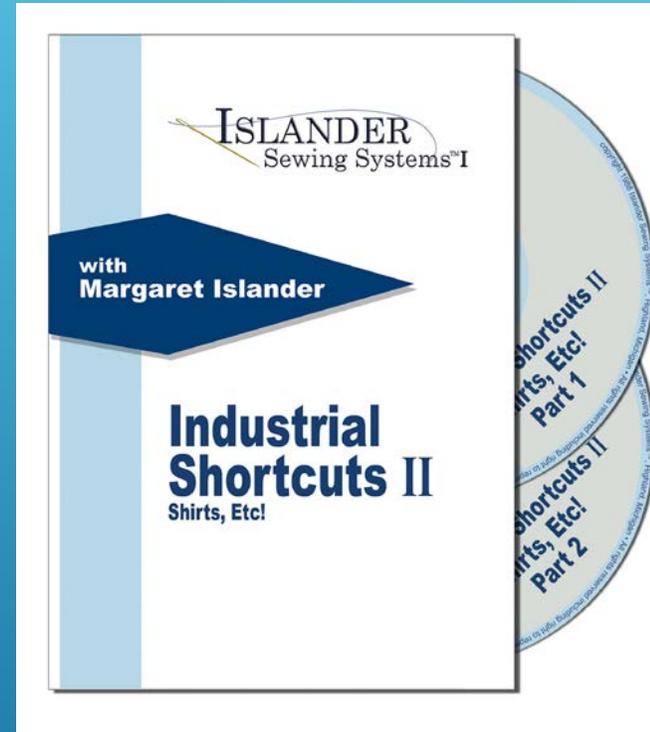
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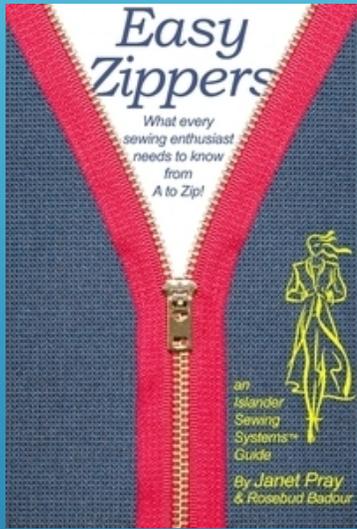
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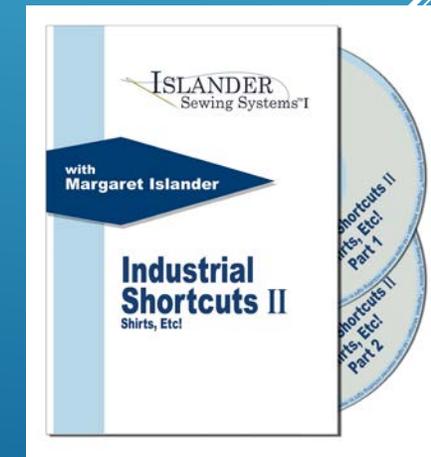
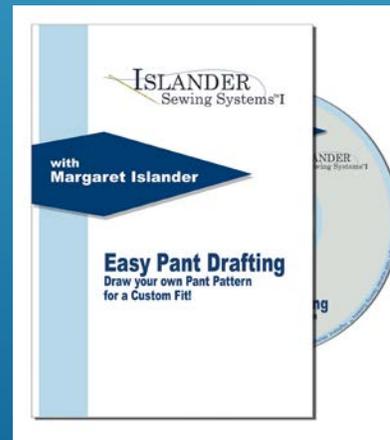
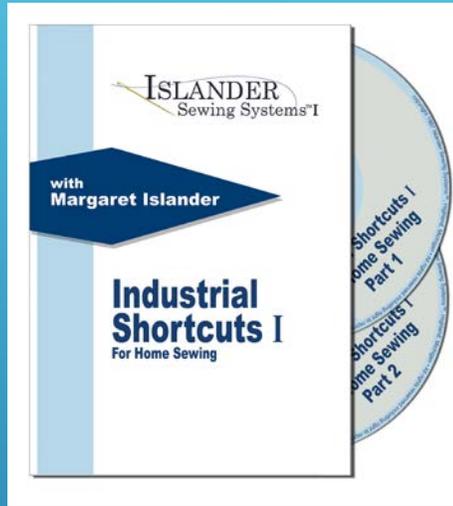
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To all our sewing friends...

Thank You

and
Happy Creating!

