





These directions are for use with the video that goes along with this project.



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# Quilted Poily



#### Supply List:

12" square of fabric backed with fusible batting 12" square of fabric for the back of the project, backed with fusible web Binding fabric: 1 1/2" x 45" Faux Piping Fabric : I 3/4" x 45" Twin Needle (4.0mm works nice) Quilting Guide **Deco Stitch Foot** Quarter inch foot with a guide Stitch in the Ditch Foot **Regular Sewing Foot** Embroidery Thread for embroidery Designs Embroidery Thread for the Twin Needle Background stitching Monofilament Thread Fabric Marking Pen Rotary Cutter, Ruler and Mat Sticky Tear Away Stabilizer School Glue (Elmer's) Iron Scissors Flower Design Center Design Sticky Template Paper for printing 6 flower templates and 1 center template **General Sewing Supplies** 







#### **Quilted Poily**

 Print 6 flower templates and 1 center design template Cut the templates down to a workable size Be sure to mark the top of each template



- 2. Fuse the 12" square of fabric with fusible batting and mark diagonal lines that intersect in the center of the 12" square
- 3. Insert your twin needle, put on the decorative stitch foot, attach the quilting guide (my rows of stitching are 3/4" away from each other), and thread the machine. If you have the twin needle function on your machine be sure to engage it.
- 4. Choose a decorative stitch and do a test to see if you like the results. It is a good idea to "hand walk" through the stitch to make sure the twin needle will not hit your foot and break.
- 5. Starting at the center and working out stitch rows of twin needle work until the entire 12" square of fabric is covered. Note: You want the twin needle work to have a "raised" look so you will not be using stabilizer on this part of the project.

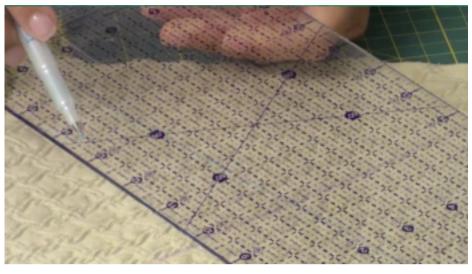








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- Refer to the video for marking your placement lines. These lines are at 60 degree angles, and you will have a total of 6 lines that intersect in the center of the fabric.
- 7. Measure out 2 1/2" from the center on each line and mark. This is where you will center the flower template Circle this intersection so it will be easy to find once everything is marked. Extend the marked lines if necessary
- 8. Position one flower template on each intersection. On mine the "top" of each template was on the side closest to the outside of my fabric square.
- 9. Hoop sticky tear away stabilizer with the protective paper up, remove the protective paper and position the project on the stitch stabilizer so the design is centered under the needle.
- 10. Remove templates as needed and baste in place.
- 11. Stitch out the embroidery design, changing colors as you go.











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- 12. Remove the project from the hoop, remove excess stabilizer, trim threads.
- 13. Put the embroidery templates back on the project to check the placement. Now it is time to stitch the next design using the same method used for the first design. Center under the needle, remove the template, baste in place and embroider.
- 14. Repeat this process until all the designs have been embroidered. Note: When stitching the designs do not work around in a circle. Stitch one at the top, then one at the bottom, then one to one side and then one opposite from that one. This will give you the best results.
- 15. Fuse the backing fabric that has the fusible web on it, to the back of your project
- 16. Cut your project down to a 9" square









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- 17. Stitch the piping and the binding strips together using a 1/4" seam and the quarter inch foot.
- 18. Fold this strip of fabric in half long ways and press. You will have one side that is entirely the piping fabric and one side that is the very narrow faux piping and the binding fabric.
- 19. Stitch this to the back of the project so the side that has the narrow faux piping is touching the backing of the project.
- 20. You will need to test to see what size seam allowance you would like. Mine was a 3/8" seam allowance.
- 21. Stitch around all 4 sides mitering the corners as you go connecting the starting and ending binding sections as desired. Refer to the video for more information.
- 22. Glue the binding/piping in place and iron dry
- 23. Stitch in the ditch using the stitch in the ditch foot and monofilament thread

#### Enjoy your finished Quilted Doily!





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