



## Stabilize IT

- Choose a piece of fabric that is a solid or tone on tone...something that a decorative stitch will show up on.
- Choose a thread in a color that you like to go with that fabric.
- Choose a needle that will work with the fabric and thread you have chosen.
- Choose a stabilizer and stitch out a satin stitch, or a decorative stitch on your fabric, with stabilizer behind it.
- Post your picture and comment about the process.



Your project results are

### **YOUR CHOICE**

every single one of them!







# Day 4 BluePrint

### 1. COMPLETE THIS BLUEPRINT.

Reading this Blueprint isn't enough to to change your results. You CAN get the results you want by taking the time to do this now, understand it and internalize it so this skill will be ready to use in future.

### 2. POST YOUR PICTURE IN THE FACEBOOK GROUP

When we don't stabilize properly we will never get the results we want!

## 3. POST OUR COMMENTS IN THE FACEBOOK GROUP

Let's share with everyone see what you discovered as you worked on this BluePrint

- 4. Update your GPR-S
- 5. Most importantly....enjoy the process!